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# SOME ABSTRACT ERROR ESTIMATES OF A FINITE VOLUME SCHEME FOR A NONSTATIONARY HEAT EQUATION ON GENERAL NONCONFORMING MULTIDIMENSIONAL SPATIAL MESHES 

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Abstract. A general class of nonconforming meshes has been recently studied for stationary anisotropic heterogeneous diffusion problems, see Eymard et al. (IMA J. Numer. Anal. 30 (2010), 1009-1043). Thanks to the basic ideas developed in the stated reference for stationary problems, we derive a new discretization scheme in order to approximate the nonstationary heat problem. The unknowns of this scheme are the values at the centre of the control volumes, at some internal interfaces, and at the mesh points of the time discretization.

We derive error estimates in discrete norms $\mathbb{L}^{\infty}\left(0, T ; H_{0}^{1}(\Omega)\right)$ and $\mathcal{W}^{1, \infty}\left(0, T ; L^{2}(\Omega)\right)$, and an error estimate for an approximation of the gradient, in a general framework in which the discrete bilinear form involved in the finite volume scheme satisfies some ellipticity condition.

Keywords: non-conforming grid, nonstationary heat equation, several space dimension, SUSHI scheme, implicit scheme, discrete gradient

MSC 2010: $65 \mathrm{M} 08,65 \mathrm{M} 15,35 \mathrm{~K} 15$

## 1. Aim of this paper and description of the main results

Let us consider the following heat problem:

$$
\begin{equation*}
u_{t}(x, t)-\Delta u(x, t)=f(x, t), \quad(x, t) \in \Omega \times(0, T) \tag{1.1}
\end{equation*}
$$

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where $\Omega$ is an open bounded polyhedral subset in $\mathbb{R}^{d}$ with $d \in \mathbb{N}^{\star}=\mathbb{N} \backslash\{0\}, T>0$, and $f$ is a given function.

An initial condition is given by

$$
\begin{equation*}
u(x, 0)=u^{0}(x), \quad x \in \Omega, \tag{1.2}
\end{equation*}
$$

and, for the sake of simplicity, we consider homogeneous Dirichlet boundary conditions, that is

$$
\begin{equation*}
u(x, t)=0, \quad(x, t) \in \partial \Omega \times(0, T) \tag{1.3}
\end{equation*}
$$

where we denote by $\partial \Omega=\bar{\Omega} \backslash \Omega$ the boundary of $\Omega$.
Heat equation (1.1) is typically used in different applications, such as fluid mechanics, heat and mass transfer, etc., and it is the prototypical parabolic partial differential equation which in turn arises, for instance, in many different models like Navier-Stokes and reaction-diffusion systems. It describes the distribution of heat (or variation in temperature) in a given region over time. Therefore, parabolic equations are important from the mathematical viewpoint as well as in practice. For this reason, many works have been devoted to the numerical approximation of parabolic equations, see for instance [16, Chapter IV, pp. 837-868], [19], [17, pp. 331-341], [3], [4], [2], [1], the recent works [7], [8] which are devoted to finite volume element methods, and references therein.

The present paper is a continuation of our previous contributions [3], [4] which have been devoted to error estimates for parabolic equations on the so called admissible meshes given in [16], and it is an extended version of our recent notes [2], [1] in which we stated some particular cases of the present paper.

The first aim of the present work is to derive a discretization scheme approximating the nonstationary heat problem (1.1)-(1.3) using the new general class of spatial meshes which was introduced recently in [12] to approximate stationary problems. The second aim is to provide and prove error estimates of our discretization scheme in possible different norms.

The general class of nonconforming multidimensional meshes introduced recently in [12] has the following advantages:

- The scheme can be applied to any type of grid: conforming or non conforming, 2D and 3D, or more, made with control volumes which are only assumed to be polyhedral (the boundary of each control volume is a finite union of subsets of hyperplanes).
- When the family of discrete fluxes satisfies some suitable conditions, the matrices of the generated linear systems are sparse, symmetric, positive and definite.
- A discrete gradient for the exact solution is formulated and converges to the gradient of the exact solution.

Thanks to the basic ideas of the finite volume scheme developed in [12] to approximate stationary problems, we shall first derive the new finite volume scheme (4.16)(4.17) in order to approximate problem (1.1)-(1.3), see Section 4. The first equation of the finite volume scheme, i.e. (4.16), is a discrete version for the weak formulation (2.1) of the heat equation (1.1) (with, of course, the boundary condition (1.3)). Whereas, the discrete initial condition (4.17) of scheme (4.16)-(4.17) is a discrete version of the weak formulation for the orthogonal projection

$$
\begin{equation*}
a(u(0), v)=-\left(\Delta u^{0}, v\right)_{\mathbb{L}^{2}(\Omega)}, \quad \forall v \in H_{0}^{1}(\Omega), \tag{1.4}
\end{equation*}
$$

where

$$
\begin{equation*}
a(w, v)=\int_{\Omega} \nabla w(x) \cdot \nabla v(x) \mathrm{d} x \tag{1.5}
\end{equation*}
$$

This choice is useful as explained in Remark 6.
Although the scheme (4.16)-(4.17) stems from the finite volume ideas developed during the last years (that is, integrating over the control volumes and then approximating the fluxes arising after integration by parts by some suitable numerical ones), its formulation seems a discrete version for the weak formulation (2.1) and (1.4)-(1.5). From this point of view, the scheme (4.16)-(4.17) presented in this work looks like a nonconforming finite element scheme for the heat problem (1.1)-(1.3).

Thanks to the properties of the scheme presented in [12], the scheme we present, that is (4.16)-(4.17), also has the following advantages:

- The scheme can be applied to any type of spatial grid: conforming or non conforming, 2D and 3D, or more, made with control volumes which are only assumed to be polyhedral (the boundary of each control volume is a finite union of subsets of hyperplanes).
- For each time level $n$, the scheme results in a linear system (4.16) with a number of unknowns being equal to $\operatorname{card}(\mathcal{M})+\operatorname{card}(\mathcal{H})$, the sum of the number of control volumes and the cardinality of a certain subset of the set of edges of the mesh equations. So, the present scheme (4.16)-(4.17) has less unknowns than that presented in [1].
- When the discrete fluxes satisfy some suitable conditions, the matrices generated by the scheme (4.16)-(4.17) are sparse, symmetric, positive and definite.
- For each level $n \in \llbracket 0, N+1 \rrbracket$, the finite volume solution of (4.16)-(4.17) converges to $u\left(\cdot, t_{n}\right)$ in the $\mathbb{L}^{2}(\Omega)$-norm, see first and fourth items of Remark 5 .
- Using the discrete gradient provided in [12] for the stationary case, suitable discrete derivatives of the finite volume solution of (4.16)-(4.17) can be formulated in order to approximate spatial first derivatives of the exact solution of problem (1.1)-(1.3), see second and fourth items of Remark 5.
- A discrete time derivative is formulated in order to approximate the time derivative of the exact solution of (1.1)-(1.3), see third and fourth items of Remark 5.

The convergence analysis of the finite volume scheme (4.16)-(4.17), see Theorem 4.1, is provided in several discrete norms, namely in those which allow us to get error estimates for the approximation of the exact solution of (1.1)-(1.3) and its first derivatives. We derive error estimates (4.34)-(4.36) in discrete norms $\mathbb{L}^{\infty}\left(0, T ; H_{0}^{1}(\Omega)\right)$ and $\mathcal{W}^{1, \infty}\left(0, T ; L^{2}(\Omega)\right)$, and an error estimate for an approximation for the gradient, in a general framework in which the discrete bilinear form involved in the first equation (4.16) of the discretization scheme (4.16)-(4.17) and given by (4.30) satisfies ellipticity condition (4.29). We prove in particular, see (4.37), when the discrete flux is given by (4.25)-(4.28), that the convergence order is $h_{\mathcal{D}}+k$, where $h_{\mathcal{D}}$ and $k$ are the mesh sizes of the spatial time discretization, respectively. This estimate is valid under the regularity assumption $u \in \mathcal{C}^{2}\left([0, T] ; \mathcal{C}^{2}(\bar{\Omega})\right)$ for the exact solution $u$.

The proof of Theorem 4.1 is based on the comparison between the solution of scheme (4.16)-(4.17) and the new auxiliary solution defined by (4.62). As the first principal part of the proof of Theorem 4.1, we prove Lemma 4.5 and as the second principal part, we prove Lemma 4.6. The technical Lemma 4.7 will help us to conclude the proof of Theorem 4.1. Lemmas 4.1-4.4 are some preliminary technical tools which are used in the proof of Lemmas 4.5 and 4.6 and Theorem 4.1. Lemma 4.5 provides us with some estimates of the error between the solution of (4.62) and the exact solution of (1.1)-(1.3), and its proof is based on the proof of [12, Theorem 4.8, p. 1033] with some special attention to determining the dependence of the constants, which appear in the estimates, of the exact solution. Lemma 4.6 provides us with some estimates of the error between the auxiliary solution of (4.62) and the finite volume solution of (4.16)-(4.17). So, the proof of Theorem 4.1 can be done by gathering results of Lemmas 4.5, 4.6, 4.7, and the triangle inequality.

The organization of this paper is as follows: in the second section, we state the weak formulation of the continuous problem and recall some functional spaces which will be used throughout this paper. Third section is devoted to recalling the definition of general nonconforming meshes as well as some discrete spaces given in [12]. In the fourth section, we derive and present the finite volume scheme (4.16)-(4.17) and the main result of our paper, namely Theorem 4.1. The proof of Theorem 4.1 is performed thanks to Lemmas 4.5, 4.6, and 4.7. Among the tools used to prove Lem-
mas 4.5 and 4.6, we used some Lemmas and results from [12]. In fact, Lemma 4.1 and 4.2 are the subject of $[12,(4.6)$, p. 1026] and [12, Lemma 4.2, p. 1026]), respectively, and we recall them here for the sake of completeness. Whereas, Lemmas 4.3 and 4.4 are the subject of [12, Lemma 4.4, p. 1029] and [12, (4.20), p. 1031] in which the constants in estimates [12, (4.13), Lemma 4.4, p. 1029] and [12, (4.20), p. 1031] depend on the function under consideration $\varphi$, whereas the constants which appear in estimate (4.41) of Lemma 4.3 and in estimate (4.53) of Lemma 4.4 are independent of the function under consideration $\varphi$. Writing Lemmas 4.3 and 4.4 in which the constants are independent of the function under consideration $\varphi$ has at least two roles:

- The application of Lemmas 4.3 and 4.4 serves to get constants independent of the exact solution in the error estimates, whereas a straightforward application of [12, Lemma 4.4, p. 1029] and [12, (4.20), p. 1031] leads to constants, which appear in error estimates, depending on $u\left(\cdot, t_{n}\right)$ and, consequently, we obtain constants depending on the parameters of the time discretization.
- The required regularity in Lemmas 4.3 and 4.4 is $\varphi \in \mathcal{C}^{2}(\bar{\Omega})$. This regularity assumption together with the regularity assumptions in Lemmas 4.5, 4.6, and 4.7 yields the regularity assumption $u \in \mathcal{C}^{2}([0, T] ; \mathcal{C}(\bar{\Omega}))$ in Theorem 4.1 for the exact solution $u$ of problem (1.1)-(1.3). So, we expect that this regularity may be weakened to $\mathcal{W}^{2, \infty}\left(0, T ; H^{2}(\Omega)\right)$.

So, some efforts have been devoted in order to determine the dependendence of the constants which appear in the estimates of [12, Theorem 4.8, p. 1033] on the exact solution.

Finally, the fifth section is devoted to suggesting interesting tasks not resolved in this work and suitable to work on in the future.

## 2. WEAK PROBLEM AND PRELIMINARIES

The following theorem, provided in [11], gives a sense for a weak solution for problem (1.1)-(1.3) (recall that $H^{-1}(\Omega)$ is the dual of $\left.H_{0}^{1}(\Omega)\right)$, see also [6, Theorem X.1, p. 205], [6, Theorem X.1, p. 207], and [6, Theorem X.9, p. 218] for more information:

Theorem 2.1 (cf. [11, Theorems 3 and 4, pp. 356-358]). Let $f \in \mathbb{L}^{2}\left(0, T ; \mathbb{L}^{2}(\Omega)\right)$ and $u_{0} \in \mathbb{L}^{2}(\Omega)$. Then there exists a unique weak solution for (1.1)-(1.3) in the following sense: there exists a function $u \in \mathbb{L}^{2}\left(0, T ; H_{0}^{1}(\Omega)\right)$ such that $u_{t} \in \mathbb{L}^{2}\left(0, T ; H^{-1}(\Omega)\right)$ and:
(i) For a.e. $0 \leqslant t \leqslant T$

$$
\begin{equation*}
\left\langle u_{t}, v\right\rangle+\int_{\Omega} \nabla u(x, t) \cdot \nabla v(x) \mathrm{d} x=\int_{\Omega} f(x, t) v(x) \mathrm{d} x, \quad \forall v \in H_{0}^{1}(\Omega) \tag{2.1}
\end{equation*}
$$

(ii) For a.e. $x \in \Omega$

$$
\begin{equation*}
u(0)=u_{0} . \tag{2.2}
\end{equation*}
$$

The convergence of the finite volume scheme we want to present is analyzed using the space $\mathcal{C}^{m}\left([0, T] ; \mathcal{C}^{l}(\bar{\Omega})\right)$, where $m$ and $l$ are integers, of $m$-times continuously differentiable mappings of the interval $[0, T]$ with values in $\mathcal{C}^{l}(\bar{\Omega})$, see [17, pages 47-48]. The space $\mathcal{C}^{m}\left([0, T] ; \mathcal{C}^{l}(\bar{\Omega})\right)$ is equipped with the norm

$$
\begin{equation*}
\|u\|_{\mathcal{C}^{m}\left([0, T] ; \mathcal{C}^{l}(\bar{\Omega})\right)}=\max _{j \in \llbracket 1, m \rrbracket}\left\{\sup _{t \in[0, T]}\left\|\frac{\mathrm{d}^{j} u}{\mathrm{~d} t^{j}}(t)\right\|_{\mathcal{C}^{l}(\bar{\Omega})}\right\} \tag{2.3}
\end{equation*}
$$

where $\|\cdot\|_{\mathcal{C}^{l}(\bar{\Omega})}$ denotes the usual norm of $\mathcal{C}^{l}(\bar{\Omega})$.

## 3. Meshes and discrete spaces

This paper deals with a finite volume scheme approximating (1.1)-(1.3) on a general class of nonconforming meshes which include the admissible mesh of [16, Definition 9.1, p. 762]. This general class of meshes is introduced in [12]. An example of two neighboring control volumes $K$ and $L$ is depicted in Fig. 1. For the sake of completeness, we recall the general finite volumes mesh given in [12].


Figure 1. Notation for two neighboring control volumes in the case $d=2$.

Definition 3.1 (Definition of a large class of finite volume grids, cf. [12, Definition 2.1, p. 1012]). Let $\Omega$ be a polyhedral open bounded subset of $\mathbb{R}^{d}$, where $d \in \mathbb{N} \backslash\{0\}$, and $\partial \Omega=\bar{\Omega} \backslash \Omega$ its boundary. A discretization of $\Omega$, denoted by $\mathcal{D}$, is defined as the triplet $\mathcal{D}=(\mathcal{M}, \mathcal{E}, \mathcal{P})$, where:
(1) $\mathcal{M}$ is a finite family of non empty connected open disjoint subsets of $\Omega$ (the "control volumes") such that $\bar{\Omega}=\bigcup_{K \in \mathcal{M}} \bar{K}$. For any $K \in \mathcal{M}$, let $\partial K=\bar{K} \backslash K$ be the boundary of $K$; let $\mathrm{m}(K)>0$ denote the measure of $K$ and $h_{K}$ the diameter of $K$.
(2) $\mathcal{E}$ is a finite family of disjoint subsets of $\bar{\Omega}$ (the "edges" of the mesh), such that, for all $\sigma \in \mathcal{E}, \sigma$ is a non empty open subset of a hyperplane of $\mathbb{R}^{d}$, whose ( $d-1$ )-dimensional measure is strictly positive. We also assume that, for all $K \in \mathcal{M}$, there exists a subset $\mathcal{E}_{K}$ of $\mathcal{E}$ such that $\partial K=\bigcup_{\sigma \in \mathcal{E}_{K}} \bar{\sigma}$. For any $\sigma \in \mathcal{E}$, we denote $\mathcal{M}_{\sigma}=\left\{K: \sigma \in \mathcal{E}_{K}\right\}$. We then assume that, for any $\sigma \in \mathcal{E}$, either $\mathcal{M}_{\sigma}$ has exactly one element and then $\sigma \subset \partial \Omega$ (the set of these interfaces, called boundary interfaces, is denoted by $\mathcal{E}_{\text {ext }}$ ) or $\mathcal{M}_{\sigma}$ has exactly two elements (the set of these interfaces, called interior interfaces, is denoted by $\mathcal{E}_{\text {int }}$ ). For all $\sigma \in \mathcal{E}$, we denote by $x_{\sigma}$ the barycentre of $\sigma$. For all $K \in \mathcal{M}$ and $\sigma \in \mathcal{E}_{K}$, we denote by $\mathbf{n}_{K, \sigma}$ the unit vector normal to $\sigma$ outward to $K$.
(3) $\mathcal{P}$ is a family of points of $\Omega$ indexed by $\mathcal{M}$, denoted by $\mathcal{P}=\left(x_{K}\right)_{K \in \mathcal{M}}$, such that for all $K \in \mathcal{M}, x_{K} \in K$ and $K$ is assumed to be $x_{K}$-star-shaped, which means that for all $x \in K$, the condition $\left[x_{K}, x\right] \subset K$ holds. Denoting by $d_{K, \sigma}$ the Euclidean distance between $x_{K}$ and the hyperplane including $\sigma$, one assumes that $d_{K, \sigma}>0$. We then denote by $\mathcal{D}_{K, \sigma}$ the cone with vertex $x_{K}$ and basis $\sigma$.

Remark 1 (Some properties of the mesh). It is useful to mention the difference between the admissible mesh considered in [16, Definition 9.1, p. 762] and the mesh considered in Definition 3.1. The class of meshes considered in 3.1 is larger than that considered in [16, Definition 9.1, p. 762] for the following reasons:

- The control volumes of the class of meshes in Definition 3.1 are not necessarily convex subsets of $\Omega$, whereas the control volumes of the class of meshes in [16, Definition 9.1, p. 762] are convex polygonal subsets of $\Omega$.
- The class of meshes in Definition 3.1 does not possess the orthogonality property (iv) possessed by the meshes considered in [16, Definition 9.1, p. 762].

The discretization of $\Omega$ is then performed using the mesh $\mathcal{D}=(\mathcal{M}, \mathcal{E}, \mathcal{P})$ described in Definition 3.1, whereas the time discretization is performed with a constant time step $k=T /(N+1)$, where $N \in \mathbb{N}^{\star}$, and we shall denote $t_{n}=n k$ for $n \in \llbracket 0, N+1 \rrbracket$.

For our need, we use the discrete spaces and their norms of the following definition:

Definition 3.2 (Discrete spaces and norms, cf. [12]). Let $\Omega$ be a polyhedral open bounded subset of $\mathbb{R}^{d}$ and $\mathcal{D}=(\mathcal{M}, \mathcal{E}, \mathcal{P})$ a discretization in the sense of Definition 3.1. Throughout this paper we use the following spaces and norms:

- The space $\mathcal{X}_{\mathcal{D}}$ :

$$
\begin{equation*}
\mathcal{X}_{\mathcal{D}}=\left\{v=\left(\left(v_{K}\right)_{K \in \mathcal{M}},\left(v_{\sigma}\right)_{\sigma \in \mathcal{E}}\right): v_{K} \in \mathbb{R}, v_{\sigma} \in \mathbb{R}\right\} . \tag{3.1}
\end{equation*}
$$

The space $\mathcal{X}_{\mathcal{D}}$ is equipped with the semi-norm

$$
\begin{equation*}
|v|_{\mathcal{X}}^{2}=\sum_{K \in \mathcal{M}} \sum_{\sigma \in \mathcal{E}_{K}} \frac{\mathrm{~m}(\mathcal{E})}{d_{K, \sigma}}\left(v_{\sigma}-v_{K}\right)^{2} . \tag{3.2}
\end{equation*}
$$

- The space $\mathcal{X}_{\mathcal{D}, 0}$ :

$$
\begin{equation*}
\mathcal{X}_{\mathcal{D}, 0}=\left\{v=\left(\left(v_{K}\right)_{K \in \mathcal{M}},\left(v_{\sigma}\right)_{\sigma \in \mathcal{E}}\right) \in \mathcal{X}_{\mathcal{D}} ; v_{\sigma}=0, \forall \sigma \in \mathcal{E}_{\text {ext }}\right\} . \tag{3.3}
\end{equation*}
$$

The semi-norm $|\cdot| \mathcal{X}$ given by (3.2) is a norm on the subspace $\mathcal{X}_{\mathcal{D}, 0}$ of $\mathcal{X}_{\mathcal{D}}$.

- For a given family of real numbers $\left\{\beta_{\sigma}^{K}: K \in \mathcal{M}, \sigma \in \mathcal{E}_{\text {int }}\right\}$, with $\beta_{\sigma}^{K} \neq 0$ only for some control volumes which are "close" to $\sigma$, and such that

$$
\begin{equation*}
1=\sum_{K \in \mathcal{M}} \beta_{\sigma}^{K} \quad \text { and } \quad x_{\sigma}=\sum_{K \in \mathcal{M}} \beta_{\sigma}^{K} x_{K} \tag{3.4}
\end{equation*}
$$

we define a space with dimension smaller than that of $\mathcal{X}_{\mathcal{D}, 0}$. This can be achieved by expressing the value $u_{\sigma}$ of $u$ on any interior interface $\sigma \in \mathcal{B}$, where $\mathcal{B} \subset \mathcal{E}_{\text {int }}$ as a consistent barycentric combination of the values $u_{K}$ on the control volumes $K \in \mathcal{M}$ :

$$
\begin{equation*}
u_{\sigma}=\sum_{K \in \mathcal{M}} \beta_{\sigma}^{K} u_{K} . \tag{3.5}
\end{equation*}
$$

Note that, for any $\sigma \in \mathcal{E}_{\text {int }}$, there exists an infinity of solutions $\left\{\beta_{K}^{\sigma}\right\}_{K}$ for (3.4) when the number of control volumes $K \in \mathcal{M}$ involved in the two sums of (3.4) is greater than or equal to $d+2$. There exists a unique solution $\left\{\beta_{K}^{\sigma}\right\}_{K}$ for (3.4) when the number of control volumes $K \in \mathcal{M}$ involved is $d+1$ and the corresponding points $\left\{x_{K}\right\}_{K}$ are not contained in a hyperplane, see for instance $[9$, p. 66].

We decompose then the set $\mathcal{E}_{\text {int }}$ of interfaces into two non intersecting subsets, that is: $\mathcal{E}_{\text {int }}=\mathcal{B} \cup \mathcal{H}$ and $\mathcal{H}=\mathcal{E}_{\text {int }} \backslash \mathcal{B}$. The interface unknowns associated with $\mathcal{B}$ will be computed by using the barycentric formula (3.5). The unknowns of the
scheme (see (4.16)-(4.17)) will be then the quantities $u_{K}$ for $K \in \mathcal{M}$ and $u_{\sigma}$ for $\sigma \in \mathcal{H}$. Consider then the space $\mathcal{X}_{\mathcal{D}, \mathcal{B}} \subset \mathcal{X}_{\mathcal{D}, 0}$ given by

$$
\begin{equation*}
\mathcal{X}_{\mathcal{D}, \mathcal{B}}=\left\{v \in \mathcal{X}_{\mathcal{D}, 0} \text { such that } v_{\sigma} \text { satisfies (3.5), } \forall \sigma \in \mathcal{B}\right\} \tag{3.6}
\end{equation*}
$$

The semi-norm $|\cdot|_{\mathcal{X}}$ given by (3.2) is a norm on the subspace $\mathcal{X}_{\mathcal{D}, \mathcal{B}}$ of $\mathcal{X}_{\mathcal{D}, 0}$.

- The subspace $H_{\mathcal{M}}(\Omega)$ of $\mathbb{L}^{2}(\Omega)$ defined by the functions which are constant on each control volume $K \in \mathcal{M}$. We then denote, for all $v \in H_{\mathcal{M}}(\Omega)$ and for all $\sigma \in \mathcal{E}_{\text {int }}$ with $\mathcal{M}_{\sigma}=\{K, L\}, D_{\sigma} v=\left|v_{K}-v_{L}\right|$ and $d_{\sigma}=d_{K, \sigma}+d_{L, \sigma}$, and for all $\sigma \in \mathcal{E}_{\text {ext }}$ with $\mathcal{M}_{\sigma}=\{K\}$, we denote $D_{\sigma} v=\left|v_{K}\right|$ and $d_{\sigma}=d_{K, \sigma}$. We then define the following norm:

$$
\begin{equation*}
\forall v \in H_{\mathcal{M}}(\Omega),\|v\|_{1,2, \mathcal{M}}^{2}=\sum_{K \in \mathcal{M}} \sum_{\sigma \in \mathcal{E}_{K}} \mathrm{~m}(\sigma) d_{K, \sigma}\left(\frac{D_{\sigma} v}{d_{\sigma}}\right)^{2}=\sum_{\sigma \in \mathcal{E}} \mathrm{m}(\sigma) \frac{\left(D_{\sigma} v\right)^{2}}{d_{\sigma}} \tag{3.7}
\end{equation*}
$$

We also need the following interpolation operators:
Definition 3.3 (Interpolation operators, cf. [12]). Let $\Omega$ be a polyhedral open bounded subset of $\mathbb{R}^{d}$ and $\mathcal{D}=(\mathcal{M}, \mathcal{E}, \mathcal{P})$ a discretization in the sense of Definition 3.1. Throughout this paper we use the following interpolation operators:

- For all $v \in \mathcal{X}_{\mathcal{D}}$ we denote by $\Pi_{\mathcal{M}} v \in H_{\mathcal{M}}(\Omega)$ the piecewise constant function from $\Omega$ to $\mathbb{R}$ defined by $\Pi_{\mathcal{M}} v(x)=v_{K}$ for a.e. $x \in K$ and for all $K \in \mathcal{M}$.
- For all $\varphi \in \mathcal{C}(\Omega)$ we denote by $\mathcal{P}_{\mathcal{D}} \varphi \in \mathcal{X}_{\mathcal{D}}$ the element defined by

$$
\left(\left(\varphi\left(x_{K}\right)\right)_{K \in \mathcal{M}},\left(\varphi\left(x_{\sigma}\right)\right)_{\sigma \in \mathcal{E}}\right)
$$

- For all $\varphi \in(\Omega)$ we denote by $\mathcal{P}_{\mathcal{D}, \mathcal{B}} \varphi \in \mathcal{X}_{\mathcal{D}, \mathcal{B}}$ the element $v \in \mathcal{X}_{\mathcal{D}, \mathcal{B}}$ such that

$$
\begin{gather*}
v_{K}=\varphi\left(x_{K}\right), \quad \forall K \in \mathcal{M},  \tag{3.8}\\
v_{\sigma}=0, \quad \forall \sigma \in \mathcal{E}_{\mathrm{ext}},  \tag{3.9}\\
v_{\sigma}=\sum_{K \in \mathcal{M}} \beta_{\sigma}^{K} \varphi\left(x_{K}\right), \quad \forall \sigma \in \mathcal{B}, \tag{3.10}
\end{gather*}
$$

and

$$
\begin{equation*}
v_{\sigma}=\varphi\left(x_{\sigma}\right), \quad \forall \sigma \in \mathcal{H} \tag{3.11}
\end{equation*}
$$

- For all $\varphi \in \mathcal{C}(\Omega)$ we denote by $\mathcal{P}_{\mathcal{M} \varphi} \in H_{\mathcal{M}}(\Omega)$ the element defined by $\mathcal{P}_{\mathcal{M} \varphi}(x)=$ $\varphi\left(x_{K}\right)$ for a.e. $x \in K$ and for all $K \in \mathcal{M}$.
In order to analyze the convergence, we need to consider the size of discretization $\mathcal{D}$, see [12, (4.1), p. 1025], and

$$
\begin{equation*}
h_{\mathcal{D}}=\sup \{\operatorname{diam}(K): K \in \mathcal{M}\}, \tag{3.12}
\end{equation*}
$$

and the regularity of the mesh is given by, see [12, (4.2), p. 1025],

For a given set $\mathcal{B} \subset \mathcal{E}_{\text {int }}$ and for a given family $\left(\beta_{\sigma}^{K}\right)_{K \in \mathcal{M}, \sigma \in \mathcal{E}_{\text {int }}}$ satisfying condition (3.4) we introduce a measure of the resulting regularity by

$$
\begin{equation*}
\theta_{\mathcal{D}, \mathcal{B}}=\max \left(\theta_{\mathcal{D}}, \max _{K \in \mathcal{M}, \sigma \in \mathcal{E}_{K} \cap \mathcal{B}} \frac{\sum_{L \in \mathcal{M}}\left|\beta_{\sigma}^{L} \| x_{\sigma}-x_{L}\right|^{2}}{h_{K}^{2}}\right) \tag{3.14}
\end{equation*}
$$

## 4. The discretization scheme and statement of the main result

The scheme we want to consider is to find an approximation for (1.1)-(1.3) by setting up systems of equations for a family of values $\left(\left(u_{K}^{n}\right)_{K \in \mathcal{M}},\left(u_{\sigma}^{n}\right)_{\sigma \in \mathcal{E}}\right)$ in the control volumes and on the interfaces.

Following the idea of finite volume method, we first integrate equation (1.1) over each control volume $K$ and on each interval $\left(t_{n}, t_{n+1}\right)$, and then we use integration by parts to get (recall that $\mathbf{n}_{K, \sigma}$ is the unit vector normal to $\sigma$ outward to $K$ )

$$
\begin{gather*}
\int_{t_{n}}^{t_{n+1}} \int_{K} u_{t}(x, t) \mathrm{d} x \mathrm{~d} t-\sum_{\sigma \in \mathcal{E}_{K}} \int_{t_{n}}^{t_{n+1}} \int_{\sigma} \nabla u(x, t) \cdot \mathbf{n}_{K, \sigma}(x) \mathrm{d} \gamma(x) \mathrm{d} t  \tag{4.1}\\
=\int_{t_{n}}^{t_{n+1}} \int_{K} f(x, t) \mathrm{d} x \mathrm{~d} t
\end{gather*}
$$

which gives

$$
\begin{align*}
\int_{K}\left(u\left(x, t_{n+1}\right)-u\left(x, t_{n}\right)\right) \mathrm{d} x & -\sum_{\sigma \in \mathcal{E}_{K}} \int_{t_{n}}^{t_{n+1}} \int_{\sigma} \nabla u(x, t) \cdot \mathbf{n}_{K, \sigma}(x) \mathrm{d} \gamma(x) \mathrm{d} t  \tag{4.2}\\
& =\int_{t_{n}}^{t_{n+1}} \int_{K} f(x, t) \mathrm{d} x \mathrm{~d} t .
\end{align*}
$$

The left-hand side of this equation is the sum of two terms. We will approximate these two terms.

- The first term $\int_{K}\left(\left(u\left(x, t_{n+1}\right)-u\left(x, t_{n}\right)\right)\right) \mathrm{d} x$ can be approximated using a zero order quadrature by

$$
\mathrm{m}(K) \frac{u\left(x_{K}, t_{n+1}\right)-u\left(x_{K}, t_{n}\right)}{k} .
$$

- For each $n \in \llbracket 0, N \rrbracket$, the flux $-\int_{t_{n}}^{t_{n+1}} \int_{\sigma} \nabla u(x, t) \cdot \mathbf{n}_{K, \sigma}(x) \mathrm{d} \gamma(x) \mathrm{d} t$ is approximated by a function $k F_{K, \sigma}\left(u^{n+1}\right)$ of the values $\left(\left(u_{K}^{n+1}\right)_{K \in \mathcal{M}},\left(u_{\sigma}^{n+1}\right)_{\sigma \in \mathcal{E}}\right)$ at the "centers" and the interfaces of the control volumes (in all particular cases, $F_{K, \sigma}\left(u^{n+1}\right)$ only depends on $u_{K}^{n+1}$ and $\left.\left(u_{\sigma^{\prime}}^{n+1}\right)_{\sigma^{\prime} \in \mathcal{E}_{K}}\right)$, thus the proposed scheme is implicit in time. The numerical flux $F_{K, \sigma}\left(u^{n+1}\right)$ satisfies the following conservativity:

$$
\begin{equation*}
F_{K, \sigma}\left(u^{n+1}\right)+F_{L, \sigma}\left(u^{n+1}\right)=0, \quad \forall \sigma \in \mathcal{E}_{\text {int }} \text { such that } \mathcal{M}_{\sigma}=\{K, L\} . \tag{4.3}
\end{equation*}
$$

Therefore, a discrete equation corresponding to (4.2) can be written as

$$
\begin{equation*}
\mathrm{m}(K) \partial^{1} u_{K}^{n+1}+\sum_{\sigma \in \mathcal{E}_{K}} F_{K, \sigma}\left(u^{n+1}\right)=\mathrm{m}(K) f_{K}^{n} \tag{4.4}
\end{equation*}
$$

where $\partial^{1} v^{n}$ denotes the value

$$
\begin{equation*}
\partial^{1} v^{n}=\frac{v^{n}-v^{n-1}}{k} \tag{4.5}
\end{equation*}
$$

and

$$
\begin{equation*}
f_{K}^{n}=\frac{1}{k \mathrm{~m}(K)} \int_{t_{n}}^{t_{n+1}} \int_{K} f(x, t) \mathrm{d} x \mathrm{~d} t \tag{4.6}
\end{equation*}
$$

The discrete problem for (1.1) is then defined by

$$
\begin{equation*}
\mathrm{m}(K) \partial^{1} u_{K}^{n+1}+\sum_{\sigma \in \mathcal{E}_{K}} F_{K, \sigma}\left(u^{n+1}\right)=\mathrm{m}(K) f_{K}^{n}, \quad \forall K \in \mathcal{M}, \quad \forall n \in \llbracket 0, N \rrbracket . \tag{4.7}
\end{equation*}
$$

The discretization of the initial condition (1.2) is performed as an approximation of (1.4)-(1.5) (which is a weak form for (1.2)), that is

$$
\begin{equation*}
\sum_{\sigma \in \mathcal{E}_{K}} F_{K, \sigma}\left(u^{0}\right)=-\int_{K} \Delta u^{0}(x) \mathrm{d} x \tag{4.8}
\end{equation*}
$$

The Dirichlet boundary condition (1.3) can be approximated for all $n \in \llbracket 0, N+1 \rrbracket$ as

$$
\begin{equation*}
u_{\sigma}^{n}=0, \quad \forall \sigma \in \mathcal{E}_{\mathrm{ext}} . \tag{4.9}
\end{equation*}
$$

Equation (4.7) can be written in a weak formulation; multiplying, for any $v \in \mathcal{X}_{\mathcal{D}, 0}$, both sides of (4.7) by the value $v_{K}$ of $v$ on the control volume, and summing over $K \in \mathcal{M}$ to get

$$
\begin{equation*}
\sum_{K \in \mathcal{M}} \mathrm{~m}(K) \partial^{1} u_{K}^{n+1} v_{K}+\sum_{K \in \mathcal{M}} \sum_{\sigma \in \mathcal{E}_{K}} F_{K, \sigma}\left(u^{n+1}\right) v_{K}=\sum_{K \in \mathcal{M}} \mathrm{~m}(K) f_{K}^{n} v_{K} . \tag{4.10}
\end{equation*}
$$

Using (4.3), (4.7) yields the following discrete weak formulation: for any $n \in \llbracket 0, N \rrbracket$, find $u^{n} \in \mathcal{X}_{\mathcal{D}, 0}$ such that

$$
\begin{equation*}
\sum_{K \in \mathcal{M}} \mathrm{~m}(K) \partial^{1} u_{K}^{n+1} v_{K}+\left\langle u^{n+1}, v\right\rangle_{F}=\sum_{K \in \mathcal{M}} \mathrm{~m}(K) f_{K}^{n} v_{K}, \quad \forall v \in \mathcal{X}_{\mathcal{D}, 0} \tag{4.11}
\end{equation*}
$$

where

$$
\begin{equation*}
\langle w, v\rangle_{F}=\sum_{K \in \mathcal{M}} \sum_{\sigma \in \mathcal{E}_{K}} F_{K, \sigma}(w)\left(v_{K}-v_{\sigma}\right) . \tag{4.12}
\end{equation*}
$$

In the same way, (4.8) can be written in the following discrete weak form:

$$
\begin{equation*}
\left\langle u^{0}, v\right\rangle_{F}=-\sum_{K \in \mathcal{M}} v_{K} \int_{K} \Delta u^{0}(x) \mathrm{d} x, \forall v \in \mathcal{X}_{\mathcal{D}, 0} \tag{4.13}
\end{equation*}
$$

It is useful to mention that (4.11) is equivalent to (4.3), (4.7); indeed, setting $v \in \mathcal{X}_{\mathcal{D}, 0}$ in (4.11) such that $v_{K}=1$ and $v_{L}=0$ for all $L \neq K$, and $v_{\sigma}=0$ for all $\sigma \in \mathcal{E}$, we get (4.7). Similarly, choosing $v \in \mathcal{X}_{\mathcal{D}, 0}$ such that $v_{K}=0$, for all $K \in \mathcal{M}$, and $v_{\sigma}=1$ and $v_{\tau}=0$ for any $\tau \in \mathcal{E}_{\text {int }}$, such that $\mathcal{M}_{\sigma}=\{K, L\}$ leads to (4.3).

In the same way, we can justify that ((4.3), (4.8)) is equivalent to (4.13). This means that under the conservativity property (4.3), problem (4.7)-(4.9) is equivalent to problem (4.11)-(4.13).

We may also choose a space with dimension smaller than that of $\mathcal{X}_{\mathcal{D}, 0}$. This can be achieved by expressing $u_{\sigma}$, for all $\sigma \in \mathcal{E}_{\text {int }}$, as the consistent barycentric combination (3.5) of the values $u_{K}$, where $\left\{\beta_{\sigma}^{K}: K \in \mathcal{M}, \sigma \in \mathcal{E}_{\text {int }}\right\}$ is a family of real numbers with $\beta_{\sigma}^{K} \neq 0$ only for some control volumes which are "close" to $\sigma$, and satisfies (3.4).

Hence, the new scheme can be written as follows: for any $n \in \llbracket 0, N \rrbracket$, find $u^{n} \in$ $\mathcal{X}_{\mathcal{D}, 0}$ such that $u_{\sigma}=\sum_{K \in \mathcal{M}} \beta_{\sigma}^{K} u_{K}$ for all $\sigma \in \mathcal{E}_{\text {int }}$

$$
\begin{align*}
& \sum_{K \in \mathcal{M}} \mathrm{~m}(K) \partial^{1} u_{K}^{n+1} v_{K}+\left\langle u^{n+1}, v\right\rangle_{F}  \tag{4.14}\\
& =\sum_{K \in \mathcal{M}} \mathrm{~m}(K) f_{K}^{n} v_{K}, \quad \forall v \in \mathcal{X}_{\mathcal{D}, 0} \text { with } v_{\sigma}=\sum_{K \in \mathcal{M}} \beta_{\sigma}^{K} v_{K}, \forall \sigma \in \mathcal{E}_{\text {int }},
\end{align*}
$$

and find $u^{0} \in \mathcal{X}_{\mathcal{D}, 0}$ such that $u_{\sigma}^{0}=\sum_{K \in \mathcal{M}} \beta_{\sigma}^{K} u_{K}^{0}$ for all $\sigma \in \mathcal{E}_{\text {int }}$,

$$
\begin{equation*}
\left\langle u^{0}, v\right\rangle_{F}=-\sum_{K \in \mathcal{M}} v_{K} \int_{K} \Delta u^{0}(x) \mathrm{d} x, \quad \forall v \in \mathcal{X}_{\mathcal{D} d, 0} . \tag{4.15}
\end{equation*}
$$

Let us decompose the set $\mathcal{E}_{\text {int }}$ of interfaces into two non intersecting subsets, that is: $\mathcal{E}_{\text {int }}=\mathcal{B} \cup \mathcal{H}$ and $\mathcal{H}=\mathcal{E}_{\text {int }} \backslash \mathcal{B}$. The interface unknowns associated with $\mathcal{B}$ will be computed by using the barycentric formula (3.5).

In terms of the space $\mathcal{X}_{\mathcal{D}, \mathcal{B}}$ given by (3.6), we suggest the following composite scheme, which is based on the ideas of the finite volume approximation of anisotropic diffusion equations considered in [12]. For any $n \in \llbracket 0, N \rrbracket$, find $u_{\mathcal{D}}^{n} \in \mathcal{X}_{\mathcal{D}, \mathcal{B}}$ such that

$$
\begin{equation*}
\left(\partial^{1} \Pi_{\mathcal{M}} u_{\mathcal{D}}^{n+1}, \Pi_{\mathcal{M}} v\right)_{\mathbb{L}^{2}(\Omega)}+\left\langle u_{\mathcal{D}}^{n+1}, v\right\rangle_{F}=\sum_{K \in \mathcal{M}} \mathrm{~m}(K) f_{K}^{n} v_{K}, \quad \forall v \in \mathcal{X}_{\mathcal{D}, \mathcal{B}}, \tag{4.16}
\end{equation*}
$$

where $f_{K}^{n}$ is given by (4.6), and find $u_{\mathcal{D}}^{0} \in \mathcal{X}_{\mathcal{D}, \mathcal{B}}$ such that

$$
\begin{equation*}
\left\langle u_{\mathcal{D}, v}^{0}\right\rangle_{F}=-\sum_{K \in \mathcal{M}} v_{K} \int_{K} \Delta u^{0}(x) \mathrm{d} x, \quad \forall v \in \mathcal{X}_{\mathcal{D}, \mathcal{B}}, \tag{4.17}
\end{equation*}
$$

where $(\cdot, \cdot)_{\mathbb{L}^{2}(\Omega)}$ denotes the $\mathbb{L}^{2}$ inner product, and $\Pi_{\mathcal{M}} v$, for all $v \in \mathcal{X}_{\mathcal{D}}$, is the piecewise constant function from $\Omega$ to $\mathbb{R}$ defined by $\Pi_{\mathcal{M}} v(x)=v_{K}$ for a.e. $x \in K$ and for all $K \in \mathcal{M}$, see Definition 3.3.

Remark 2 (Choice of $\mathcal{B}$ ). The choices for the set $\mathcal{B}$ include $\mathcal{B}=\emptyset$ (hybrid finite volume scheme) and $\mathcal{B}=\mathcal{E}_{\text {int }}$ (completely cell centred finite volume scheme). An interesting use for the set $\mathcal{B}$ arises when considering a more general heat equation with a matrix diffusion coefficient $\Lambda$ (instead of the identity matrix $I$ as in (1.1)), that is

$$
\begin{equation*}
u_{t}(x, t)-\nabla \cdot(\Lambda(x) \nabla u(x, t))=f(x, t), \quad(x, t) \in \Omega \times(0, T) \tag{4.18}
\end{equation*}
$$

In this case, the accuracy of the scheme is increased in practice when the points where the matrix $\Lambda$ is discontinuous are located within the set $\bigcup_{\sigma \in \mathcal{H}} \sigma$ (even this property is not needed in the mathematical study of the scheme), see [12, Remark 2.5, p. 1015]. Therefore, the unknowns of the scheme are the values at the centre of the control volumes and at the internal interfaces $\mathcal{H}=\mathcal{E}_{\text {int }} \backslash \mathcal{B}$ that may, for instance, be chosen at the diffusion tensor discontinuities.
4.1. Construction of the numerical flux using the discrete gradient. We recall here an example of an explicit expression for the numerical flux $F_{K, \sigma}$ given in [12]. This numerical flux is derived using the discrete gradient and can be calculated as follows:

$$
\begin{align*}
\langle u, v\rangle_{F} & =\sum_{K \in \mathcal{M}} \sum_{\sigma \in \mathcal{E}_{K}} F_{K, \sigma}(u)\left(v_{K}-v_{\sigma}\right)  \tag{4.19}\\
& =\int_{\Omega} \nabla \mathcal{D} u(x) \cdot \nabla_{\mathcal{D}} v(x) \mathrm{d} x, \quad \forall u \in \mathcal{X}_{D}, \quad \forall v \in \mathcal{X}_{\mathcal{D}} .
\end{align*}
$$

Let us consider the discrete gradient given in [12]:

$$
\begin{equation*}
\nabla_{\mathcal{D}} u(x)=\nabla_{K, \sigma} u, \quad \text { a.e. } x \in \mathcal{D}_{K, \sigma}, \tag{4.20}
\end{equation*}
$$

where $\mathcal{D}_{K, \sigma}$ is the cone with vertex $x_{K}$ and basis $\sigma$ and

$$
\begin{gather*}
\nabla_{K, \sigma} u=\nabla_{K} u+R_{K, \sigma} u \mathbf{n}_{K, \sigma},  \tag{4.21}\\
\nabla_{K} u=\frac{1}{\mathrm{~m}(K)} \sum_{\sigma \in \mathcal{E}_{K}} \mathrm{~m}(\sigma)\left(u_{\sigma}-u_{K}\right) \mathbf{n}_{K, \sigma},
\end{gather*}
$$

and

$$
\begin{equation*}
R_{K, \sigma} u=\frac{\sqrt{d}}{d_{K, \sigma}}\left(u_{\sigma}-u_{K}-\nabla u_{K} \cdot\left(x_{\sigma}-x_{K}\right)\right) . \tag{4.23}
\end{equation*}
$$

Let us set

$$
\begin{equation*}
\nabla_{K, \sigma} u=\sum_{\sigma^{\prime} \in \mathcal{E}_{K}}\left(u_{\sigma^{\prime}}-u_{K}\right) y^{\sigma \sigma^{\prime}}, \tag{4.24}
\end{equation*}
$$

where

$$
y^{\sigma \sigma^{\prime}}=\left\{\begin{array}{l}
\frac{\mathrm{m}(\sigma)}{\mathrm{m}(K)} \mathbf{n}_{K, \sigma}+\frac{\sqrt{d}}{d_{K, \sigma}}\left(1-\frac{\mathrm{m}(\sigma)}{\mathrm{m}(K)} \mathbf{n}_{K, \sigma} \cdot\left(x_{\sigma}-x_{K}\right)\right) \mathbf{n}_{K, \sigma}, \quad \sigma^{\prime}=\sigma  \tag{4.25}\\
\frac{\mathrm{m}\left(\sigma^{\prime}\right)}{\mathrm{m}(K)} \mathbf{n}_{K, \sigma^{\prime}}-\frac{\sqrt{d}}{d_{K, \sigma} \mathrm{~m}(K)} \mathrm{m}\left(\sigma^{\prime}\right) \mathbf{n}_{K, \sigma^{\prime}} \cdot\left(x_{\sigma}-x_{K}\right) \mathbf{n}_{K, \sigma}, \quad \sigma^{\prime} \neq \sigma
\end{array}\right.
$$

Therefore, using (4.20) and (4.24), we obtain

$$
\begin{align*}
& \int_{\Omega} \nabla_{\mathcal{D}} u(x) \cdot \nabla_{\mathcal{D}} v(x) \mathrm{d} x  \tag{4.26}\\
& =\sum_{K \in \mathcal{M}} \sum_{\sigma \in \mathcal{E}_{K}} \sum_{\sigma^{\prime} \in \mathcal{E}_{K}} A^{\sigma \sigma^{\prime}}\left(u_{\sigma}-u_{K}\right)\left(v_{\sigma^{\prime}}-v_{K}\right), \quad \forall u \in \mathcal{X}_{\mathcal{D}}, \forall v \in \mathcal{X}_{\mathcal{D}},
\end{align*}
$$

where

$$
\begin{equation*}
A^{\sigma \sigma^{\prime}}=\sum_{\sigma^{\prime \prime} \in \mathcal{E}_{K}} \Lambda_{K, \sigma^{\prime \prime}} y^{\sigma^{\prime \prime} \sigma} \cdot y^{\sigma^{\prime \prime} \sigma^{\prime}} \quad \text { and } \quad \Lambda_{K, \sigma^{\prime \prime}}=\int_{\mathcal{D}_{K, \sigma^{\prime \prime}}} \mathcal{I} \mathrm{d} x . \tag{4.27}
\end{equation*}
$$

The identification, using (4.19) and (4.26), leads to

$$
\begin{equation*}
F_{K, \sigma}(u)=\sum_{\sigma^{\prime} \in \mathcal{E}_{K}} A^{\sigma \sigma^{\prime}}\left(u_{K}-u_{\sigma^{\prime}}\right) . \tag{4.28}
\end{equation*}
$$

The convergence of the discretization scheme (4.16)-(4.17) is established in the following theorem.

Theorem 4.1 (Error estimates for the finite volume scheme (4.16)-(4.17)). Let $\Omega$ be a polyhedral open bounded subset of $\mathbb{R}^{d}$, where $d \in \mathbb{N}^{\star}$, and $\partial \Omega=\bar{\Omega} \backslash \Omega$ its boundary. Assume that the weak solution of (1.1)-(1.3) in the sense of Theorem 2.1 satisfies $u \in \mathcal{C}^{2}\left([0, T] ; \mathcal{C}^{2}(\bar{\Omega})\right)$. Let $k=T /(N+1)$ with $N \in \mathbb{N}^{\star}$, and denote $t_{n}=n k$ for $n \in \llbracket 0, N+1 \rrbracket$. Let $\mathcal{D}=(\mathcal{M}, \mathcal{E}, \mathcal{P})$ be a discretization in the sense of Definition 3.1. Let $\mathcal{B} \subset \mathcal{E}_{\text {int }}$ be given and let $\left\{\beta_{\sigma}^{K}: \sigma \in \mathcal{B}, K \in \mathcal{M}\right\}$ be a subset of $\mathbb{R}$ satisfying (3.4). Assume that $\theta_{\mathcal{D}, \mathcal{B}}$, given by (3.14), satisfies $\theta \geqslant \theta_{\mathcal{D}, \mathcal{B}}$. Let $\left(F_{K, \sigma}\right)_{K \in \mathcal{M}, \sigma \in \mathcal{E}}$ be a family of linear mappings from $\mathcal{X}_{\mathcal{D}}$ into $\mathbb{R}$ such that there exists a positive constant $\alpha$ with

$$
\begin{equation*}
\alpha|v|_{\mathcal{X}}^{2} \leqslant\langle v, v\rangle_{F}, \quad \forall v \in \mathcal{X}_{\mathcal{D}}, \tag{4.29}
\end{equation*}
$$

where $\langle\cdot, \cdot\rangle_{F}$ is defined by (4.12), that is

$$
\begin{equation*}
\langle u, v\rangle_{F}=\sum_{K \in \mathcal{M}} \sum_{\sigma \in \mathcal{E}_{K}} F_{K, \sigma}(u)\left(v_{K}-v_{\sigma}\right), \quad \forall u, v \in \mathcal{X}_{\mathcal{D}} . \tag{4.30}
\end{equation*}
$$

Then there exists a unique solution $\left(u_{\mathcal{D}}^{n}\right)_{n=0}^{N+1}$ for problem (4.16)-(4.17).
For a function $u \in \mathcal{C}^{1}(\bar{\Omega})$, we define the following expressions:

$$
\begin{equation*}
\mathbb{R}_{K, \sigma}(u)=F_{K, \sigma}\left(\mathcal{P}_{\mathcal{D}, \mathcal{B}}(u)\right)+\int_{\sigma} \nabla u(x) \cdot \mathbf{n}_{K, \sigma} \mathrm{~d} \gamma(x), \tag{4.31}
\end{equation*}
$$

and

$$
\begin{equation*}
\mathbb{E}_{\mathcal{D}}(u)=\left(\sum_{K \in \mathcal{M}} \sum_{\sigma \in \mathcal{E}_{K}} \frac{d_{K, \sigma}}{\mathrm{~m}(\sigma)}\left(\mathbb{R}_{K, \sigma}(u)\right)^{2}\right)^{1 / 2} . \tag{4.32}
\end{equation*}
$$

Let $\left(u_{\mathcal{D}}^{n}\right)_{n=0}^{N+1}$ be the solution of (4.16)-(4.17). For each $n \in \llbracket 0, N+1 \rrbracket$, let us define the error $e_{\mathcal{M}}^{n} \in H_{\mathcal{M}}(\Omega)$ by

$$
\begin{equation*}
e_{\mathcal{M}}^{n}=\mathcal{P}_{\mathcal{M}} u\left(\cdot, t_{n}\right)-\Pi_{\mathcal{M}} u_{\mathcal{D}}^{n} \tag{4.33}
\end{equation*}
$$

Then the following error estimates hold for positive constants $C_{1}, C_{2}$, and $C_{3}$ only depending on $\Omega, d, \alpha, \theta$, and $T$ :

- Discrete $\mathbb{L}^{\infty}\left(0, T ; H_{0}^{1}(\Omega)\right)$-estimate: for all $n \in \llbracket 0, N+1 \rrbracket$

$$
\begin{align*}
& \left\|e_{\mathcal{M}}^{n}\right\|_{1,2, \mathcal{M}}  \tag{4.34}\\
& \quad \leqslant C_{1}\left(\max _{j \in \llbracket 0,2 \rrbracket} \max _{m \in \llbracket j, N+1 \rrbracket} \mathbb{E}_{\mathcal{D}}\left(\partial^{j} u\left(\cdot, t_{m}\right)\right)+\left(h_{\mathcal{D}}+k\right)\|u\|_{\mathcal{C}^{2}\left([0, T] ; \mathcal{C}^{2}(\bar{\Omega})\right)}\right) .
\end{align*}
$$

- $\mathcal{W}^{1, \infty}\left(0, T ; \mathbb{L}^{2}(\Omega)\right)$-estimate: for all $n \in \llbracket 1, N+1 \rrbracket$

$$
\begin{align*}
& \left\|\partial^{1} e_{\mathcal{M}}^{n}\right\|_{\mathfrak{L}^{2}(\Omega)}  \tag{4.35}\\
& \quad \leqslant C_{2}\left(\max _{j \in \llbracket 1,2 \rrbracket} \max _{m \in \llbracket j, N+1 \rrbracket} \mathbb{E}_{\mathcal{D}}\left(\partial^{j} u\left(\cdot, t_{m}\right)\right)+\left(h_{\mathcal{D}}+k\right)\|u\|_{\mathcal{C}^{2}\left([0, T] ; \mathcal{C}^{2}(\bar{\Omega})\right)}\right) .
\end{align*}
$$

- Error estimate in the gradient approximation: for all $n \in \llbracket 0, N+1 \rrbracket$,

$$
\begin{align*}
& \left\|\nabla_{\mathcal{D}} u_{\mathcal{D}}^{n}-\nabla u\left(\cdot, t_{n}\right)\right\|_{L^{2}(\Omega)}  \tag{4.36}\\
& \quad \leqslant C_{3}\left(\max _{j \in \llbracket 0,2 \rrbracket} \max _{m \in \llbracket j, N+1 \rrbracket} \mathbb{E}_{\mathcal{D}}\left(\partial^{j} u\left(\cdot, t_{m}\right)\right)+\left(h_{\mathcal{D}}+k\right)\|u\|_{\mathcal{C}^{2}\left([0, T] ; \mathcal{C}^{2}(\bar{\Omega})\right)}\right) .
\end{align*}
$$

Moreover, in the particular case where $\left(F_{K, \sigma}\right)_{K \in \mathcal{M}, \sigma \in \mathcal{E}}$ is defined by (4.25)-(4.28), there is a constant $C_{4}$ only depending on $\theta, \Omega$, and $d$ such that, for all $j \in \llbracket 0,2 \rrbracket$,

$$
\begin{equation*}
\max _{m \in \llbracket j, N+1 \rrbracket} \mathbb{E}_{\mathcal{D}}\left(\partial^{j} u\left(\cdot, t_{m}\right)\right) \leqslant C_{4} h_{\mathcal{D}}\|u\|_{\mathcal{C}^{2}\left([0, T] ; \mathcal{C}^{2}(\bar{\Omega})\right)} \tag{4.37}
\end{equation*}
$$

Remark 3 (Sufficient conditions on the data to get the required regularity of Theorem 4.1). The required regularity assumption $u \in \mathcal{C}^{2}\left([0, T] ; \mathcal{C}^{2}(\bar{\Omega})\right)$ in Theorem 4.1 can be reached by assuming sufficient regularity for the data $u_{0}, f$, and $\Omega$ and some compatibility conditions, see for instance [6, Theorem X.10, p. 219] and [11, Theorem 5, pp. 360-361], and [11, Theorem 7, p. 367].

Remark 4 (A semi-discretization scheme). The present work is devoted to the full discretization scheme (which is the more practical) (4.16)-(4.17), i.e. discretization in time and space, but the analysis presented here can be extended also to a semi-discretization scheme, i.e. discretization only in space.

Remark 5 (Some applications of Theorem 4.1). Results of Theorem 4.1 are useful, since they allow us to get error estimates for approximations for the first derivatives of the exact solution, of order $\max _{j \in \llbracket 0,2 \rrbracket} \max _{m \in \llbracket j, N+1 \rrbracket} \mathbb{E}_{\mathcal{D}}\left(\partial^{j} u\left(\cdot, t_{m}\right)\right)+\left(h_{\mathcal{D}}+k\right) \times$ $\|u\|_{\mathcal{C}^{2}\left([0, T] ; \mathcal{C}^{2}(\bar{\Omega})\right)} ;$ indeed:

- Estimate (4.34) implies that using [12, (5.10), Lemma 5.4, p. 1038] and the triangle inequality, for all $n \in \llbracket 0, N+1 \rrbracket, \Pi_{\mathcal{M}} u_{\mathcal{D}}^{n}$ approximates $u\left(\cdot, t_{n}\right)$ by order $\max _{j \in \llbracket 0,2 \rrbracket} \max _{m \in \llbracket j, N+1 \rrbracket} \mathbb{E}_{\mathcal{D}}\left(\partial^{j} u\left(\cdot, t_{m}\right)\right)+\left(h_{\mathcal{D}}+k\right)\|u\|_{\mathcal{C}^{2}\left([0, T] ; \mathcal{C}^{2}(\bar{\Omega})\right)}$, in the $\mathbb{L}^{2}(\Omega)$-norm.
- Estimate (4.36) implies that, for all $n \in \llbracket 0, N+1 \rrbracket$, the $i$-th component of the discrete gradient $\nabla_{\mathcal{D}} u_{\mathcal{D}}^{n}$, defined by (4.20)-(4.23) by replacing $u$ with $u_{\mathcal{D}}^{n}$, approximates the $i$-th component of the gradient $\nabla u\left(\cdot, t_{n}\right)$ by order $\max _{j \in \llbracket 0,2 \rrbracket m \in \llbracket j, N+1 \rrbracket} \max _{\mathcal{D}}\left(\partial^{j} u\left(\cdot, t_{m}\right)\right)+\left(h_{\mathcal{D}}+k\right)\|u\|_{\mathcal{C}^{2}\left([0, T] ; \mathcal{C}^{2}(\bar{\Omega})\right)}$, in the $\mathbb{L}^{2}(\Omega)$-norm.
- Estimate (4.35) implies that (using the triangle inequality), for all $n \in \llbracket 0, N \rrbracket$, $\left(\mathcal{P}_{\mathcal{M}} u_{\mathcal{D}}^{n+1}-\mathcal{P}_{\mathcal{M}} u_{\mathcal{D}}^{n}\right) / k$ approximates $u_{t}\left(\cdot, t_{n}\right)$ by order

$$
\max _{j \in \llbracket 1,2 \rrbracket} \max _{m \in \llbracket j, N+1 \rrbracket} \mathbb{E}_{\mathcal{D}}\left(\partial^{j} u\left(\cdot, t_{m}\right)\right)+\left(h_{\mathcal{D}}+k\right)\|u\|_{\mathcal{C}^{2}\left([0, T] ; \mathcal{C}^{2}(\bar{\Omega})\right)},
$$

in the $\mathbb{L}^{2}(\Omega)$-norm.

- In the particular case where $\left(F_{K, \sigma}\right)_{K \in \mathcal{M}, \sigma \in \mathcal{E}}$ is defined by (4.25)-(4.28), $\Pi_{\mathcal{M}} u_{\mathcal{D}}^{n}$, the $i$-th component of the discrete gradient $\nabla_{\mathcal{D}} u_{\mathcal{D}}^{n}$, and $\left(\mathcal{P}_{\mathcal{M}} u_{\mathcal{D}}^{n+1}-\mathcal{P}_{\mathcal{M}} u_{\mathcal{D}}^{n}\right) / k$ approximate respectively $u\left(\cdot, t_{n}\right)$, the $i$-th component of the gradient $\nabla u\left(\cdot, t_{n}\right)$, and $u_{t}\left(\cdot, t_{n}\right)$ by order $h_{\mathcal{D}}+k$ in the $\mathbb{L}^{2}(\Omega)$-norm.

Remark 6 (Discretization (4.17) of the initial condition (1.2)). The choice of the discretization (4.17) of the initial condition (1.2) is useful in the proof of Lemma 4.6, on which the proof of Theorem 4.1 is based. Indeed, the choice (4.17) implies (4.99) below, see (4.97)-(4.99) below. The property (4.99) will allow to obtain (4.129) for the first time step. Error estimates for the finite volume scheme (4.16) with another choice of discretization for the initial condition (1.2) but different from that of (4.17) could be studied, see Section 5.

The proof of Theorem 4.1 is performed thanks to several technical lemmas. We will quote these lemmas and then we prove Theorem 4.1. We begin with the following lemma which is concerned with some interpolatory relations and norm inequalities. Results of Lemma 4.1 are given in [12], and we recall them here for the sake of completeness.

Lemma 4.1 (Some interpolatory relations and norm inequalities, cf. [12, (4.6), p. 1026]). Let $\Omega$ be a polyhedral open bounded subset of $\mathbb{R}^{d}$, where $d \in \mathbb{N}^{\star}$ and let $\mathcal{D}=(\mathcal{M}, \mathcal{E}, \mathcal{P})$ be a discretization in the sense of Definition 3.1. Let $\mathcal{B} \subset \mathcal{E}_{\text {int }}$ be given and let $\left\{\beta_{\sigma}^{K}: \sigma \in \mathcal{B}, K \in \mathcal{M}\right\}$ be a subset of $\mathbb{R}$ satisfying (3.4).
(1) Interpolatory relations: Let $\mathcal{P}_{\mathcal{M}}, \mathcal{P}_{\mathcal{D}}$, and $\mathcal{P}_{\mathcal{D}, \mathcal{B}}$ be the interpolatory operators given in Definition 3.3, and $\varphi \in \mathcal{C}(\Omega)$. The following relation holds:

$$
\begin{equation*}
\mathcal{P}_{\mathcal{M} \varphi}=\Pi_{\mathcal{M}} \mathcal{P}_{\mathcal{D}} \varphi=\Pi_{\mathcal{M}} \mathcal{P}_{\mathcal{D}, \mathcal{B}} \varphi \tag{4.38}
\end{equation*}
$$

(2) Norm inequalities: let $\|\cdot\|_{1,2, \mathcal{M}}$ and $|\cdot|_{\mathcal{X}}$ be the norm and the semi norm given in Definition 3.2. Then the following inequality holds:

$$
\begin{equation*}
\left\|\Pi_{\mathcal{M}} v\right\|_{1,2, \mathcal{M}} \leqslant|v|_{\mathcal{X}}, \quad \forall v \in \mathcal{X}_{\mathcal{D}, 0} \tag{4.39}
\end{equation*}
$$

The next lemma, which is the subject of [12, Lemma 4.2, p. 1026], provides us with the equivalence between the norm of the gradient, given in (4.20)-(4.23), and
the norm $|\cdot| \mathcal{X}$, given in (3.2). This lemma is useful since it allows us, for instance, to get the uniqueness (and then the existence) of the solution $u_{\mathcal{D}}^{n}$ of (4.16)-(4.17) when $\left(F_{K, \sigma}\right)_{K \in \mathcal{M}, \sigma \in \mathcal{E}}$ is defined by (4.25)-(4.28), and also to prove the error estimate (4.36) of Theorem 4.1, see for example (4.81)-(4.82).

Lemma 4.2 (Stability property for the discrete gradient, cf. [12, Lemma 4.2, p. 1026]). Let $\Omega$ be a polyhedral open bounded subset of $\mathbb{R}^{d}$, where $d \in \mathbb{N}^{\star}$ and let $\mathcal{D}$ be a discretization of $\Omega$ in the sense of Definition 3.1, and let $\theta \geqslant \theta_{\mathcal{D}}$ be given (where $\theta_{\mathcal{D}}$ is defined by (3.13)). Then there exists $C_{5} \geqslant 1$ only depending on $\theta$ and $d$ such that

$$
\begin{equation*}
C_{5}^{-1}|v|_{\mathcal{X}} \leqslant\left\|\nabla_{\mathcal{D}} v\right\|_{L^{2}(\Omega)} \leqslant C_{5}|v|_{\mathcal{X}}, \quad \forall v \in \mathcal{X}_{\mathcal{D}}, \tag{4.40}
\end{equation*}
$$

where $\nabla_{\mathcal{D}}$ is the discrete gradient given in (4.20)-(4.23).
Lemmas 4.3 and 4.4, given below, provide us, respectively, with an error estimate for the gradient approximation and a consistency result. They are the subject of [12, Lemma 4.4, p. 1029] and [12, (4.20), p. 1031] with some slight modifications on the r.h.s. (right-hand side) of [12, (4.13), Lemma 4.4, p. 1029] and [12, (4.20), p. 1031]. Indeed, the constants which appear in these formulas depend on the function $\varphi$, so when we apply these formulas directly, for instance, to (4.88)-(4.89) or, respectively, to (4.84)-(4.85), we get constants depending on $u\left(x, t_{n}\right)$ and then on $n$, whereas the application of Lemmas 4.3 and 4.4, given below, leads to constants independent of the discretization parameters. In addition to this, the application of Lemmas 4.3 and 4.4 below helps us to see clearly which regularity is required to get the results of Theorem 4.1.

Lemma 4.3 (Consistency result for the discrete gradient, see [12, Lemma 4.4, p. 1029]). Let $\mathcal{D}$ be a discretization of $\Omega$ in the sense of Definition 3.1, and let $\theta \geqslant \theta_{\mathcal{D}}$ be given (where $\theta_{\mathcal{D}}$ is defined by (3.13)). Then for any function $\varphi \in \mathcal{C}^{2}(\bar{\Omega})$, the following estimate holds:

$$
\begin{equation*}
\left\|\nabla_{\mathcal{D}} \mathcal{P}_{\mathcal{D}} \varphi-\nabla \varphi\right\|_{\left(\unrhd^{\infty}(\Omega)\right)^{d}} \leqslant C_{6} h_{\mathcal{D}} \max _{|\alpha|=2}\left\|D^{\alpha} \varphi\right\|_{\mathcal{C}(\bar{\Omega})} \tag{4.41}
\end{equation*}
$$

where $\nabla_{\mathcal{D}}$ is the discrete gradient given in (4.20)-(4.23) and $C_{6}=d^{3} \theta+d^{7 / 2} \theta^{2}+$ $d^{5 / 2} \theta+1$.

Proof. Using the triangle inequality and the definitions (4.21) and (4.23), we get

$$
\begin{equation*}
\left|\nabla_{K, \sigma} \mathcal{P}_{\mathcal{D}} \varphi-\nabla \varphi\left(x_{K}\right)\right| \leqslant\left|\nabla_{K} \mathcal{P}_{\mathcal{D}} \varphi-\nabla \varphi\left(x_{K}\right)\right|+\left|R_{K, \sigma} \mathcal{P}_{\mathcal{D}} \varphi\right| \tag{4.42}
\end{equation*}
$$

We then estimate each term on the r.h.s. of the previous inequality; thanks to (4.22) and the Taylor expansion we obtain

$$
\begin{array}{r}
\nabla_{K} \mathcal{P}_{\mathcal{D}} \varphi=\frac{1}{\mathrm{~m}(K)} \sum_{\sigma \in \mathcal{E}_{K}} \mathrm{~m}(\sigma)\left(\varphi\left(x_{\sigma}\right)-\varphi\left(x_{K}\right)\right) \mathbf{n}_{K, \sigma}  \tag{4.43}\\
\leqslant \frac{1}{\mathrm{~m}(K)} \sum_{\sigma \in \mathcal{E}_{K}} \mathrm{~m}(\sigma)\left(\left(x_{\sigma}-x_{K}\right)^{\mathrm{T}} \nabla \varphi\left(x_{K}\right)\right. \\
\\
\left.\quad+d^{2} h_{K}^{2} \max _{|\alpha|=2}\left\|D^{\alpha} \varphi\right\|_{\mathcal{C}(\bar{\Omega})}\right) \mathbf{n}_{K, \sigma},
\end{array}
$$

where $\left(x_{\sigma}-x_{K}\right)^{\mathrm{T}}$ denotes the transpose of $x_{\sigma}-x_{K} \in \mathbb{R}^{d}$.
We use the following geometrical relation, which is the subject of [12, (2.17), p. 1017]:

$$
\begin{equation*}
\sum_{\sigma \in \mathcal{E}_{K}} \mathrm{~m}(\sigma) \mathbf{n}_{K, \sigma}\left(x_{\sigma}-x_{K}\right)^{\mathrm{T}}=\mathrm{m}(K) \mathcal{I}, \quad \forall K \in \mathcal{M} \tag{4.44}
\end{equation*}
$$

where $\mathcal{I}$ is the $d \times d$ identity matrix. (Recall that $\left(x_{\sigma}-x_{K}\right)^{\mathrm{T}}$ is a $1 \times d$ matrix and $\mathbf{n}_{K, \sigma}$ is a $d \times 1$ matrix, therefore the product $\mathbf{n}_{K, \sigma}\left(x_{\sigma}-x_{K}\right)^{\mathrm{T}}$ is meaningful, namely $\mathbf{n}_{K, \sigma}\left(x_{\sigma}-x_{K}\right)^{\mathrm{T}}$ is a $d \times d$ matrix; consequently equality (4.44) makes sense.)

Therefore, (4.43) with (4.44), and the definition (3.13) of $\theta_{\mathcal{D}}$, yield that

$$
\begin{equation*}
\left|\nabla_{K} \mathcal{P}_{\mathcal{D}} \varphi-\nabla \varphi\left(x_{K}\right)\right| \leqslant \frac{d^{2} h_{K} \theta_{\mathcal{D}}}{\mathrm{m}(K)} \max _{|\alpha|=2}\left\|D^{\alpha} \varphi\right\|_{\mathcal{C}(\bar{\Omega})} \sum_{\sigma \in \mathcal{E}_{K}} \mathrm{~m}(\sigma) d_{K, \sigma} \tag{4.45}
\end{equation*}
$$

Thanks to the assumption that $K$ is $x_{K}$-star-shaped, the following equality holds, cf. [12, (4.3), p. 1025]:

$$
\begin{equation*}
\sum_{\sigma \in \mathcal{E}_{K}} \mathrm{~m}(\sigma) d_{K, \sigma}=d \mathrm{~m}(K) . \tag{4.46}
\end{equation*}
$$

Consequently, (4.45) with (4.46) and the fact that $\theta_{\mathcal{D}} \leqslant \theta$ imply that

$$
\begin{equation*}
\left|\nabla_{K} \mathcal{P}_{\mathcal{D}} \varphi-\nabla \varphi\left(x_{K}\right)\right| \leqslant \max _{|\alpha|=2}\left\|D^{\alpha} \varphi\right\|_{\mathcal{C}(\bar{\Omega})} d^{3} \theta h_{K} . \tag{4.47}
\end{equation*}
$$

Let us proceed to estimating the second term on the r.h.s. of (4.42); using definition (4.23) combined with (4.43) and (4.47), we get for some values $\varrho_{K, \sigma}$ such that
$\left|\varrho_{K, \sigma}\right| \leqslant d^{2} \max _{|\alpha|=2}\left\|D^{\alpha} \varphi\right\|_{\mathcal{C}(\bar{\Omega})}:$

$$
\begin{align*}
& \left|R_{K, \sigma} \mathcal{P}_{\mathcal{D}} \varphi\right|  \tag{4.48}\\
& \quad=\left|\frac{\sqrt{d}}{d_{K, \sigma}}\left(\varphi\left(x_{\sigma}\right)-\varphi\left(x_{K}\right)-\nabla_{K} \mathcal{P}_{\mathcal{D}} \varphi \cdot\left(x_{\sigma}-x_{K}\right)\right)\right| \\
& \quad=\left|\frac{\sqrt{d}}{d_{K, \sigma}}\left(\left(x_{\sigma}-x_{K}\right) \cdot \nabla \varphi\left(x_{K}\right)+h_{K}^{2} \varrho_{K, \sigma}-\nabla_{K} \mathcal{P}_{\mathcal{D}} \varphi \cdot\left(x_{\sigma}-x_{K}\right)\right)\right| \\
& \quad=\left|\frac{\sqrt{d}}{d_{K, \sigma}}\left(\left(x_{\sigma}-x_{K}\right) \cdot\left(\nabla \varphi\left(x_{K}\right)-\nabla_{K} \mathcal{P}_{\mathcal{D}} \varphi\right)+h_{K}^{2} \varrho_{K, \sigma}\right)\right| \\
& \quad \leqslant \frac{\sqrt{d}}{d_{K, \sigma}}\left(\theta d_{K, \sigma} \max _{|\alpha|=2}\left\|D^{\alpha} \varphi\right\|_{\mathcal{C}(\bar{\Omega})} d^{3} \theta h_{K}+d^{2} h_{K} \theta d_{K, \sigma} \max _{|\alpha|=2}\left\|D^{\alpha} \varphi\right\|_{\mathcal{C}(\bar{\Omega})}\right) \\
& \quad=\sqrt{d} d^{2} \theta \max _{|\alpha|=2}\left\|D^{\alpha} \varphi\right\|_{\mathcal{C}(\bar{\Omega})}(\theta d+1) h_{K} .
\end{align*}
$$

Combining then inequalities (4.42), (4.47), and (4.48), we get

$$
\begin{equation*}
\left|\nabla_{K, \sigma} \mathcal{P}_{\mathcal{D}} \varphi-\nabla \varphi\left(x_{K}\right)\right| \leqslant \max _{|\alpha|=2}\left\|D^{\alpha} \varphi\right\|_{\mathcal{C}(\bar{\Omega})} \sqrt{d} d^{2} \theta(\sqrt{d}+\theta d+1) h_{K} \tag{4.49}
\end{equation*}
$$

It is easily seen that, since $\left|x_{K}-x\right| \leqslant h_{K}$ for all $x \in \mathcal{D}_{K, \sigma}$ and for all $\sigma \in \mathcal{E}_{K}$,

$$
\begin{equation*}
\left|\nabla \varphi\left(x_{K}\right)-\nabla \varphi(x)\right|_{\left(L^{\infty}\left(\mathcal{D}_{K, \sigma}\right)\right)^{d}} \leqslant \max _{|\alpha|=2}\left\|D^{\alpha} \varphi\right\|_{\mathcal{C}(\bar{\Omega})} h_{K} \tag{4.50}
\end{equation*}
$$

Using the triangle inequality combined with (4.49)-(4.50), we get for all $\sigma \in \mathcal{E}_{K}$ and for all $K \in \mathcal{M}$,

$$
\begin{align*}
& \left\|\nabla_{K, \sigma} \mathcal{P}_{\mathcal{D}} \varphi-\nabla \varphi(x)\right\|_{\left(L^{\infty}\left(\mathcal{D}_{K, \sigma}\right)\right)^{d}}  \tag{4.51}\\
& \quad \leqslant \max _{|\alpha|=2}\left\|D^{\alpha} \varphi\right\|_{\mathcal{C}(\bar{\Omega})}\left(d^{3} \theta+d^{7 / 2} \theta^{2}+d^{5 / 2} \theta+1\right) h_{K},
\end{align*}
$$

which implies, since $h_{K} \leqslant h_{\mathcal{D}}$ for all $K \in \mathcal{M}$

$$
\begin{equation*}
\left\|\nabla_{K, \sigma} \mathcal{P}_{\mathcal{D}} \varphi-\nabla \varphi(x)\right\|_{\left(L^{\infty}(\Omega)\right)^{d}} \leqslant \max _{|\alpha|=2}\left\|D^{\alpha} \varphi\right\|_{\mathcal{C}(\bar{\Omega})}\left(d^{3} \theta+d^{7 / 2} \theta^{2}+d^{5 / 2} \theta+1\right) h_{\mathcal{D}} \tag{4.52}
\end{equation*}
$$

This concludes the proof of the desired inequality (4.41).

Lemma 4.4 (see [12, (4.20), p. 1031]). Let $\Omega$ be a polyhedral open bounded subset of $\mathbb{R}^{d}$, where $d \in \mathbb{N}^{\star}$ and let $\mathcal{D}=(\mathcal{M}, \mathcal{E}, \mathcal{P})$ be a discretization in the sense of Definition 3.1. Let $\mathcal{B} \subset \mathcal{E}_{\text {int }}$ be given and let $\left\{\beta_{\sigma}^{K}: \sigma \in \mathcal{B}, K \in \mathcal{M}\right\}$ be a subset of $\mathbb{R}$ satisfying (3.4). Let $\varphi$ be a function satisfying $\varphi \in \mathcal{C}^{2}(\bar{\Omega})$. Then the following estimate holds for all $K \in \mathcal{M}$ and for all $\sigma \in \mathcal{E}_{K} \cap \mathcal{B}$ :

$$
\begin{equation*}
\left|\varphi\left(x_{\sigma}\right)-\varphi_{\sigma}\right| \leqslant d^{2} \max _{|\alpha|=2}\left\|D^{\alpha} \varphi\right\|_{\mathcal{C}(\bar{\Omega})} \theta_{\mathcal{D}, \mathcal{B}} h_{K}^{2}, \tag{4.53}
\end{equation*}
$$

where $\theta_{\mathcal{D}, \mathcal{B}}$ is given by (3.14) and

$$
\begin{equation*}
\varphi_{\sigma}=\sum_{L \in \mathcal{M}} \beta_{\sigma}^{L} \varphi\left(x_{L}\right) . \tag{4.54}
\end{equation*}
$$

Proof. Thanks to a Taylor expansion, for $\varphi \in \mathcal{C}^{2}(\bar{\Omega})$ we have

$$
\begin{align*}
\varphi\left(x_{L}\right)= & \varphi\left(x_{\sigma}\right)+\nabla u\left(x_{\sigma}\right) \cdot\left(x_{L}-x_{\sigma}\right)  \tag{4.55}\\
& +\int_{0}^{1} H(\varphi)\left(t x_{\sigma}+(1-t) x_{L}\right)\left(x_{L}-x_{\sigma}\right) \cdot\left(x_{L}-x_{\sigma}\right) \mathrm{d} t
\end{align*}
$$

where $H(\varphi)(z)$ denotes the Hessian matrix of $\varphi$ at the point $z$.
This implies, due to (3.4),

$$
\begin{align*}
\sum_{L \in \mathcal{M}} \beta_{\sigma}^{L} \varphi\left(x_{L}\right) & =\sum_{L \in \mathcal{M}} \beta_{\sigma}^{L} \varphi\left(x_{\sigma}\right)+\sum_{L \in \mathcal{M}} \beta_{\sigma}^{L} \nabla u\left(x_{\sigma}\right) \cdot\left(x_{L}-x_{\sigma}\right)+\mathcal{L}_{\sigma}  \tag{4.56}\\
& =\varphi\left(x_{\sigma}\right)+\left(\sum_{L \in \mathcal{M}} \beta_{\sigma}^{L} x_{L}-\sum_{L \in \mathcal{M}} \beta_{\sigma}^{L} x_{\sigma}\right) \cdot \nabla u\left(x_{\sigma}\right)+\mathcal{L}_{\sigma} \\
& =\varphi\left(x_{\sigma}\right)+\left(\left(\sum_{L \in \mathcal{M}} \beta_{\sigma}^{L} x_{L}\right)-x_{\sigma}\right) \cdot \nabla u\left(x_{\sigma}\right)+\mathcal{L}_{\sigma} \\
& =\varphi\left(x_{\sigma}\right)+\mathcal{L}_{\sigma}
\end{align*}
$$

where

$$
\begin{equation*}
\mathcal{L}_{\sigma}=\sum_{L \in \mathcal{M}} \beta_{\sigma}^{L} \int_{0}^{1} H(\varphi)\left(t x_{\sigma}+(1-t) x_{L}\right)\left(x_{L}-x_{\sigma}\right) \cdot\left(x_{L}-x_{\sigma}\right) \mathrm{d} t . \tag{4.57}
\end{equation*}
$$

It is easily seen that

$$
\begin{equation*}
\left|\mathcal{L}_{\sigma}\right| \leqslant d^{2} \max _{|\alpha|=2}\left\|D^{\alpha} \varphi\right\|_{\mathcal{C}(\bar{\Omega})} \sum_{L \in \mathcal{M}}\left|\beta_{\sigma}^{L}\right| x_{L}-\left.x_{\sigma}\right|^{2} . \tag{4.58}
\end{equation*}
$$

But, using (3.14), for all $K \in \mathcal{M}$ and for all $\sigma \in \mathcal{E}_{K} \cap \mathcal{B}$ we have

$$
\begin{equation*}
\sum_{L \in \mathcal{M}}\left|\beta_{\sigma}^{L}\right| x_{L}-\left.x_{\sigma}\right|^{2} \leqslant \theta_{\mathcal{D}, \mathcal{B}} h_{K}^{2} . \tag{4.59}
\end{equation*}
$$

This with (4.58) implies that

$$
\begin{equation*}
\left|\mathcal{L}_{\sigma}\right| \leqslant d^{2} \max _{|\alpha|=2}\left\|D^{\alpha} \varphi\right\|_{\mathcal{C}(\bar{\Omega})} \theta_{\mathcal{D}, \mathcal{B}} h_{K}^{2}, \tag{4.60}
\end{equation*}
$$

which gives

$$
\begin{equation*}
\left|\varphi\left(x_{\sigma}\right)-\sum_{L \in \mathcal{M}} \beta_{\sigma}^{L} \varphi\left(x_{L}\right)\right| \leqslant d^{2} \max _{|\alpha|=2}\left\|D^{\alpha} \varphi\right\|_{\mathcal{C}(\bar{\Omega})} \theta_{\mathcal{D}, \mathcal{B}} h_{K}^{2} . \tag{4.61}
\end{equation*}
$$

This completes the proof of Lemma 4.4.
To analyse the convergence of the finite volume scheme (4.16)-(4.17), we need to use the following auxiliary scheme: for any $n \in \llbracket 0, N+1 \rrbracket$, find $\bar{u}_{\mathcal{D}}^{n} \in \mathcal{X}_{\mathcal{D}, \mathcal{B}}$ such that

$$
\begin{equation*}
\left\langle\bar{u}_{\mathcal{D}}^{n}, v\right\rangle_{F}=-\sum_{K \in \mathcal{M}} v_{K} \int_{K} \Delta u\left(x, t_{n}\right) \mathrm{d} x, \quad \forall v \in \mathcal{X}_{\mathcal{D}, \mathcal{B}} . \tag{4.62}
\end{equation*}
$$

Note that, taking $n=0$ in (4.62) with (1.2) leads to

$$
\begin{equation*}
\left\langle\bar{u}_{\mathcal{D}}^{0}, v\right\rangle_{F}=-\sum_{K \in \mathcal{M}} v_{K} \int_{K} \Delta u^{0}(x) \mathrm{d} x, \quad \forall v \in \mathcal{X}_{\mathcal{D}, \mathcal{B}} \tag{4.63}
\end{equation*}
$$

which together with (4.17) implies, when the condition (4.29) is satisfied (and then the uniqueness of the solution of (4.63) holds)

$$
\begin{equation*}
\bar{u}_{\mathcal{D}}^{0}=u_{\mathcal{D}}^{0}, \tag{4.64}
\end{equation*}
$$

where $u_{\mathcal{D}}^{0}$ is given by (4.17).
The following lemma concerns the convergence of the auxiliary scheme (4.62). The proof of Lemma 4.5 is based on the use of the proof of [12, Theorem 4.8, p. 1033] with special attention to the constants which appear in the error estimates in the isotropic case.

Lemma 4.5 (Some error estimates for the auxiliary scheme (4.62), see [12, Theorem 4.8, p. 1033]). Let $\Omega$ be a polyhedral open bounded subset of $\mathbb{R}^{d}$, where $d \in \mathbb{N}^{\star}$ and $\partial \Omega=\bar{\Omega} \backslash \Omega$ is its boundary. Assume that the weak solution of (1.1)-(1.3) in the sense of Theorem 2.1 satisfies $u \in \mathcal{C}\left([0, T] ; \mathcal{C}^{2}(\bar{\Omega})\right)$. Let $k=T /(N+1)$, with $N \in \mathbb{N}^{\star}$, and denote $t_{n}=n k$ for $n \in \llbracket 0, N+1 \rrbracket$. Let $\mathcal{D}=(\mathcal{M}, \mathcal{E}, \mathcal{P})$ be a discretization in the sense of Definition 3.1. Let $\mathcal{B} \subset \mathcal{E}_{\text {int }}$ be given and let $\left\{\beta_{\sigma}^{K}: \sigma \in \mathcal{B}, K \in \mathcal{M}\right\}$ be a subset of $\mathbb{R}$ satisfying (3.4). Assume that $\theta_{\mathcal{D}, \mathcal{B}}$, given by (3.14), satisfies $\theta \geqslant \theta_{\mathcal{D}, \mathcal{B}}$. Let $\left(F_{K, \sigma}\right)_{K \in \mathcal{M}, \sigma \in \mathcal{E}}$ be a family of linear mappings from $\mathcal{X}_{\mathcal{D}}$ into $\mathbb{R}$ such that (4.29) holds for some positive constant $\alpha$. For a function $u \in \mathcal{C}^{1}(\bar{\Omega})$, we define the expressions $\mathcal{R}_{K, \sigma}(u)$ and $\mathbb{E}_{\mathcal{D}}(u)$ given respectively by (4.31) and (4.32) in Theorem 4.1.

Then for each $n \in \llbracket 0, N+1 \rrbracket$ there exits a unique solution $\bar{u}_{\mathcal{D}}^{n}$ for the auxiliary scheme (4.62). In addition to this, the following error estimates hold:

- Discrete $\mathbb{\unrhd}^{\infty}\left(0, T ; H_{0}^{1}(\Omega)\right)$-error estimate, for all $n \in \llbracket 0, N+1 \rrbracket$

$$
\begin{equation*}
\alpha\left\|\mathcal{P}_{\mathcal{M}} u\left(\cdot, t_{n}\right)-\Pi_{\mathcal{M}} \bar{u}_{\mathcal{D}}^{n}\right\|_{1,2, \mathcal{M}} \leqslant \max _{m \in \llbracket 0, N+1 \rrbracket} \mathbb{E}_{\mathcal{D}}\left(u\left(\cdot, t_{m}\right)\right) . \tag{4.65}
\end{equation*}
$$

- $\mathcal{W}^{j, \infty}\left(0, T ; \mathbb{L}^{2}(\Omega)\right)$-error estimate, for all $j \in \llbracket 0,2 \rrbracket$ : for all $n \in \llbracket j, N+1 \rrbracket$

$$
\begin{equation*}
\alpha\left\|\partial^{j}\left(\mathcal{P}_{\mathcal{M}} u\left(\cdot, t_{n}\right)-\Pi_{\mathcal{M}} \bar{u}_{\mathcal{D}}^{n}\right)\right\|_{\mathfrak{L}^{2}(\Omega)} \leqslant C_{\mathrm{p}} \max _{m \in \llbracket j, N+1 \rrbracket} \mathbb{E}_{\mathcal{D}}\left(\partial^{j} u\left(\cdot, t_{m}\right)\right), \tag{4.66}
\end{equation*}
$$

where we have denoted $\partial^{0} v^{n}=v^{n}, \partial^{1} v^{n}$ is given by (4.5), and $\partial^{2} v^{n}=$ $k^{-1}\left(\partial^{1} v^{n}-\partial^{1} v^{n-1}\right)$, and $C_{\mathrm{p}}$ is the constant which appears in the Sobolev inequality [12, (5.10), Lemma 5.4, p. 1038].

- Error estimate in the gradient approximation: there is a constant $C_{7}$ only depending on $\theta, d, \Omega$, and $\alpha$ such that, for all $n \in \llbracket 0, N+1 \rrbracket$,

$$
\begin{align*}
& \left\|\nabla_{\mathcal{D}} \bar{u}_{\mathcal{D}}^{n}-\nabla u\left(\cdot, t_{n}\right)\right\|_{\left(\mathbb{L}^{2}(\Omega)\right)^{d}}  \tag{4.67}\\
& \quad \leqslant C_{7}\left(\max _{m \in \llbracket 0, N+1 \rrbracket} \mathbb{E}_{\mathcal{D}}\left(u\left(\cdot, t_{m}\right)\right)+h_{\mathcal{D}}\|u\|_{\mathcal{C}\left([0, T] ; \mathcal{C}^{2}(\bar{\Omega})\right)}\right) .
\end{align*}
$$

Moreover, in the particular case where $\left(F_{K, \sigma}\right)_{K \in \mathcal{M}, \sigma \in \mathcal{E}}$ is defined by (4.25)-(4.28) and $u \in \mathcal{C}^{2}\left([0, T] ; \mathcal{C}^{2}(\bar{\Omega})\right)$, there is a constant $C_{4}$ only depending on $\theta, \Omega$, and $d$ such that, for all $j \in \llbracket 0,2 \rrbracket$,

$$
\begin{equation*}
\max _{m \in \llbracket j, N+1 \rrbracket} \mathbb{E}_{\mathcal{D}}\left(\partial^{j} u\left(\cdot, t_{m}\right)\right) \leqslant C_{4} h_{\mathcal{D}}\|u\|_{\mathcal{C}^{2}\left([0, T] ; \mathcal{C}^{2}(\bar{\Omega})\right)} \tag{4.68}
\end{equation*}
$$

Proof. Let us first remark that, thanks to the regularity assumption $u \in$ $\mathcal{C}\left([0, T] ; \mathcal{C}^{2}(\bar{\Omega})\right)$, equation (4.62) is meaningful.

1. Proof of existence and uniqueness: For each $n \in \llbracket 0, N+1 \rrbracket$, equation (4.62) is equivalent to a linear system of $N$ unknowns, namely $\left\{\left(\bar{u}_{K}^{n}, \bar{u}_{\sigma}^{n}\right): K \in \mathcal{M}, \sigma \in \mathcal{H}\right\}$, and $N$ equations, where $N=\operatorname{card}(\mathcal{M})+\operatorname{card}(\mathcal{H})$ (recall that $\mathcal{H}=\mathcal{E}_{\text {int }} \backslash \mathcal{B}$ and $\bar{u}_{\sigma}=\sum_{K \in \mathcal{M}} \beta_{\sigma}^{K} \bar{u}_{K}$ for all $\sigma \in \mathcal{B}$ where the set $\left\{\beta_{\sigma}^{K}: \sigma \in \mathcal{B}, K \in \mathcal{M}\right\}$ satisfies (3.4)).

For a fixed $n \in \llbracket 0, N+1 \rrbracket$, assume that the r.h.s. of (4.62) equals to zero, taking $v_{\mathcal{D}}=\bar{u}_{\mathcal{D}}^{n}$, and using (4.29) yields that $\bar{u}_{\mathcal{D}}^{n}=0$. This uniqueness implies the existence.
2. Proof of estimate (4.65): Using integration by parts yields that

$$
\begin{equation*}
-\sum_{K \in \mathcal{M}} v_{K} \int_{K} \Delta u\left(x, t_{n}\right) \mathrm{d} x=-\sum_{K \in \mathcal{M}} \sum_{\sigma \in \mathcal{E}_{K}} v_{K} \int_{\sigma} \nabla u\left(x, t_{n}\right) \cdot \mathbf{n}_{K, \sigma}(x) \mathrm{d} \gamma(x) \tag{4.69}
\end{equation*}
$$

Since $v_{\sigma}=0$ for all $\sigma \in \mathcal{E}_{\text {ext }}$ and $\int_{\sigma} \nabla u\left(x, t_{n}\right) \cdot \mathbf{n}_{K, \sigma}(x) \mathrm{d} \gamma(x)+\int_{\sigma} \nabla u\left(x, t_{n}\right)$. $\mathbf{n}_{L, \sigma}(x) \mathrm{d} \gamma(x)=0$ for all $\sigma \in \mathcal{E}$ such that $\mathcal{M}_{\sigma}=\{K, L\}$ (it stems from the fact that $\left.\mathbf{n}_{K, \sigma}=-\mathbf{n}_{L, \sigma}\right)$ we have

$$
\begin{equation*}
-\sum_{K \in \mathcal{M}} \sum_{\sigma \in \mathcal{E}_{K}} v_{\sigma} \int_{\sigma} \nabla u\left(x, t_{n}\right) \cdot \mathbf{n}_{K, \sigma}(x) \mathrm{d} \gamma(x)=0 . \tag{4.70}
\end{equation*}
$$

This with (4.69) leads to

$$
\begin{align*}
-\sum_{K \in \mathcal{M}} & v_{K} \int_{K} \Delta u\left(x, t_{n}\right) \mathrm{d} x  \tag{4.71}\\
& =-\sum_{K \in \mathcal{M}} \sum_{\sigma \in \mathcal{E}_{K}}\left(v_{K}-v_{\sigma}\right) \int_{\sigma} \nabla u\left(x, t_{n}\right) \cdot \mathbf{n}_{K, \sigma}(x) \mathrm{d} \gamma(x) .
\end{align*}
$$

Substituting this in (4.62) and multiplying both sides of the resulting equation by -1 , we get for all $n \in \llbracket 0, N+1 \rrbracket$

$$
\begin{equation*}
-\left\langle\bar{u}_{\mathcal{D}}^{n}, v\right\rangle_{F}=\sum_{K \in \mathcal{M}} \sum_{\sigma \in \mathcal{E}_{K}}\left(v_{K}-v_{\sigma}\right) \int_{\sigma} \nabla u\left(x, t_{n}\right) \cdot \mathbf{n}_{K, \sigma}(x) \mathrm{d} \gamma(x), \quad \forall v \in \mathcal{X}_{\mathcal{D}, \mathcal{B}} . \tag{4.72}
\end{equation*}
$$

Adding $\sum_{K \in \mathcal{M}} \sum_{\sigma \in \mathcal{E}_{K}} F_{K, \sigma}\left(\mathcal{P}_{\mathcal{D}, \mathcal{B}} u\left(\cdot, t_{n}\right)\right)\left(v_{K}-v_{\sigma}\right)$ to both sides of the previous equality and using definition (4.30), we obtain for all $v \in \mathcal{X}_{\mathcal{D}, \mathcal{B}}$

$$
\begin{equation*}
\left\langle\mathcal{P}_{\mathcal{D}, \mathcal{B}} u\left(\cdot, t_{n}\right)-\bar{u}_{\mathcal{D}}^{n}, v\right\rangle_{F}=\sum_{K \in \mathcal{M}} \sum_{\sigma \in \mathcal{E}_{K}} \mathcal{R}_{K, \sigma}\left(u\left(\cdot, t_{n}\right)\right)\left(v_{K}-v_{\sigma}\right), \tag{4.73}
\end{equation*}
$$

where $\mathcal{R}_{K, \sigma}$ is given by (4.31).
Taking $\mathcal{P}_{\mathcal{D}, \mathcal{B}} u\left(\cdot, t_{n}\right)=v+\bar{u}_{\mathcal{D}}^{n} \in \mathcal{X}_{\mathcal{D}, \mathcal{B}}$ (therefore, $\left.v=\mathcal{P}_{\mathcal{D}, \mathcal{B}} u\left(\cdot, t_{n}\right)-\bar{u}_{\mathcal{D}}^{n}\right)$ in the previous equality, we get for all $n \in \llbracket 0, N+1 \rrbracket$

$$
\begin{equation*}
\langle v, v\rangle_{F}=\sum_{K \in \mathcal{M}} \sum_{\sigma \in \mathcal{E}_{K}} \mathcal{R}_{K, \sigma}\left(u\left(\cdot, t_{n}\right)\right)\left(v_{K}-v_{\sigma}\right) . \tag{4.74}
\end{equation*}
$$

The previous inequality with the coercivity (4.29), the Cauchy-Schwarz inequality, and the definitions (3.2) and (4.32) yield

$$
\begin{equation*}
\alpha|v|_{\mathcal{X}} \leqslant \mathbb{E}_{\mathcal{D}}\left(u\left(\cdot, t_{n}\right)\right) . \tag{4.75}
\end{equation*}
$$

This implies, since $v=\mathcal{P}_{\mathcal{D}, \mathcal{B}} u\left(\cdot, t_{n}\right)-\bar{u}_{\mathcal{D}}^{n}$,

$$
\begin{equation*}
\alpha\left|\mathcal{P}_{\mathcal{D}, \mathcal{B}} u\left(\cdot, t_{n}\right)-\bar{u}_{\mathcal{D}}^{n}\right|_{\mathcal{X}} \leqslant \mathbb{E}_{\mathcal{D}}\left(u\left(\cdot, t_{n}\right)\right) . \tag{4.76}
\end{equation*}
$$

Using now (4.39), (4.76) implies

$$
\begin{equation*}
\alpha\left\|\Pi_{\mathcal{M}} \mathcal{P}_{\mathcal{D}, \mathcal{B}} u\left(\cdot, t_{n}\right)-\Pi_{\mathcal{M}} \bar{u}_{\mathcal{D}}^{n}\right\|_{1,2, \mathcal{M}} \leqslant \mathbb{E}_{\mathcal{D}}\left(u\left(\cdot, t_{n}\right)\right) . \tag{4.77}
\end{equation*}
$$

This with (3.38) of Lemma 4.1 yields

$$
\begin{equation*}
\alpha\left\|\mathcal{P}_{\mathcal{M} u}\left(\cdot, t_{n}\right)-\Pi_{\mathcal{M}} \bar{u}_{\mathcal{D}}^{n}\right\|_{1,2, \mathcal{M}} \leqslant \mathbb{E}_{\mathcal{D}}\left(u\left(\cdot, t_{n}\right)\right), \tag{4.78}
\end{equation*}
$$

which implies the required estimate (4.65).
3. Proof of estimate (4.66): Estimate (4.78) with the Sobolev inequality [12, (5.10), Lemma 5.4, p. 1038] (by taking $p=2$ in [12, (5.10), Lemma 5.4, p. 1038]) implies, since $\mathcal{P}_{\mathcal{M}} u\left(\cdot, t_{n}\right)-\Pi_{\mathcal{M}} \bar{u}_{\mathcal{D}}^{n} \in H_{\mathcal{M}}(\Omega)$ (see Definition 3.3), for all $n \in \llbracket 0, N+1 \rrbracket$

$$
\begin{equation*}
\alpha\left\|\mathcal{P}_{\mathcal{M}} u\left(\cdot, t_{n}\right)-\Pi_{\mathcal{M}} \bar{u}_{\mathcal{D}}^{n}\right\|_{\mathbb{L}^{2}(\Omega)} \leqslant C_{p} \max _{m \in \llbracket 0, N+1 \rrbracket} \mathbb{E}_{\mathcal{D}}\left(u\left(\cdot, t_{m}\right)\right), \tag{4.79}
\end{equation*}
$$

which is the required estimate (4.66) when $j=0$.
Using the definition of $\partial^{j}$ and (4.62) and the fact that $\langle\cdot, \cdot\rangle_{F}$ is a bilinear form, we deduce that for any $n \in \llbracket j, N+1 \rrbracket, \partial^{j} \bar{u}_{\mathcal{D}}^{n} \in \mathcal{X}_{\mathcal{D}, \mathcal{B}}$ is the solution of the problem

$$
\begin{equation*}
\left\langle\partial^{j} \bar{u}_{\mathcal{D}}^{n}, v\right\rangle_{F}=-\sum_{K \in \mathcal{M}} v_{K} \int_{K} \Delta \partial^{j} u\left(x, t_{n}\right) \mathrm{d} x, \quad \forall v \in \mathcal{X}_{\mathcal{D}, \mathcal{B}} . \tag{4.80}
\end{equation*}
$$

Therefore, we can apply estimate (4.79) to get (4.66), for any $j \in\{1,2\}$.
4. Proof of estimate (4.67): Using the triangle inequality, we get

$$
\begin{align*}
&\left\|\nabla_{\mathcal{D}} \mathcal{P}_{\mathcal{D}} u\left(\cdot, t_{n}\right)-\nabla_{\mathcal{D}} \bar{u}_{\mathcal{D}}^{n}\right\|_{\mathbb{L}^{2}(\Omega)^{d}}  \tag{4.81}\\
& \leqslant\left\|\nabla_{\mathcal{D}} \mathcal{P}_{\mathcal{D}} u\left(\cdot, t_{n}\right)-\nabla_{\mathcal{D}} \mathcal{P}_{\mathcal{D}, \mathcal{B}} u\left(\cdot, t_{n}\right)\right\|_{\mathbb{L}^{2}(\Omega)^{d}} \\
&+\left\|\nabla_{\mathcal{D}} \mathcal{P}_{\mathcal{D}, \mathcal{B}} u\left(\cdot, t_{n}\right)-\nabla_{\mathcal{D}} \bar{u}_{\mathcal{D}}^{n}\right\|_{\mathbb{L}^{2}(\Omega)^{d}} .
\end{align*}
$$

The second term on the r.h.s. of the previous inequality can be written as $\left\|\nabla_{\mathcal{D}}\left(\mathcal{P}_{\mathcal{D}, \mathcal{B}} u\left(\cdot, t_{n}\right)-\bar{u}_{\mathcal{D}}^{n}\right)\right\|_{L^{2}(\Omega)^{d}} ;$ combining (4.40) of Lemma 4.2 and (4.76) leads to

$$
\begin{equation*}
\left\|\nabla_{\mathcal{D}} \mathcal{P}_{\mathcal{D}, \mathcal{B}} u\left(\cdot, t_{n}\right)-\nabla_{\mathcal{D}} \bar{u}_{\mathcal{D}}^{n}\right\|_{\mathbb{L}^{2}(\Omega)^{d}} \leqslant \frac{C_{5}}{\alpha} \mathbb{E}_{\mathcal{D}}\left(u\left(\cdot, t_{n}\right)\right) . \tag{4.82}
\end{equation*}
$$

The first term on the r.h.s. of (4.81) could be written as $\| \nabla_{\mathcal{D}}\left(\mathcal{P}_{\mathcal{D}} u\left(\cdot, t_{n}\right)-\right.$ $\left.\mathcal{P}_{\mathcal{D}, \mathcal{B}} u\left(\cdot, t_{n}\right)\right) \|_{L^{2}(\Omega)^{d}}$; using then (4.40) of Lemma 4.2, we get

$$
\begin{equation*}
\left\|\nabla_{\mathcal{D}} \mathcal{P}_{\mathcal{D}} u-\nabla_{\mathcal{D}} \mathcal{P}_{\mathcal{D}, \mathcal{B}} u\right\|_{\mathbb{L}^{2}(\Omega)^{d}} \leqslant C_{5}\left\|\mathcal{P}_{\mathcal{D}} u\left(\cdot, t_{n}\right)-\mathcal{P}_{\mathcal{D}, \mathcal{B}} u\left(\cdot, t_{n}\right)\right\|_{\mathcal{X}} \tag{4.83}
\end{equation*}
$$

On the other hand, using definition (3.2) of the norm $|\cdot| \mathcal{X}$, we have

$$
\begin{equation*}
\left|\mathcal{P}_{\mathcal{D}} u\left(\cdot, t_{n}\right)-\mathcal{P}_{\mathcal{D}, \mathcal{B}} u\left(\cdot, t_{n}\right)\right|_{\mathcal{X}}^{2}=\sum_{K \in \mathcal{M}} \sum_{\sigma \in \mathcal{E}_{K} \cap \mathcal{B}} \frac{\mathrm{~m}(\sigma)}{d_{K, \sigma}}\left(u\left(x_{\sigma}, t_{n}\right)-u_{\sigma}^{n}\right)^{2} \tag{4.84}
\end{equation*}
$$

Using the fact that $u_{\sigma}^{n}=\sum_{L \in \mathcal{M}} \beta_{\sigma}^{L} u\left(x_{L}, t_{n}\right)$ and estimate (4.53) of Lemma 4.4 yields, since $\theta_{\mathcal{D}, \mathcal{B}} \leqslant \theta$,
(4.85) $\left|\mathcal{P}_{\mathcal{D}} u\left(\cdot, t_{n}\right)-\mathcal{P}_{\mathcal{D}, \mathcal{B}} u\left(\cdot, t_{n}\right)\right|_{\mathcal{X}}^{2} \leqslant d^{4}\|u\|_{\mathcal{C}\left([0, T] ; \mathcal{C}^{2}(\bar{\Omega})\right)} \theta^{2} h_{\mathcal{D}}^{2} \sum_{K \in \mathcal{M}} \sum_{\sigma \in \mathcal{E}_{K} \cap \mathcal{B}} \frac{\mathrm{~m}(\sigma)}{d_{K, \sigma}} h_{K}^{2}$.

Using (3.13) and (4.46), the previous inequality implies that

$$
\begin{equation*}
\left|\mathcal{P}_{\mathcal{D}} u\left(\cdot, t_{n}\right)-\mathcal{P}_{\mathcal{D}, \mathcal{B}} u\left(\cdot, t_{n}\right)\right|_{\mathcal{X}}^{2} \leqslant\|u\|_{\mathcal{C}\left([0, T] ; \mathcal{C}^{2}(\bar{\Omega})\right)} \theta^{4} d^{5} \mathrm{~m}(\Omega) h_{\mathcal{D}}^{2} \tag{4.86}
\end{equation*}
$$

This with (4.83) implies that

$$
\begin{align*}
& \left\|\nabla_{\mathcal{D}} \mathcal{P}_{\mathcal{D}} u\left(\cdot, t_{n}\right)-\nabla_{\mathcal{D}} \mathcal{P}_{\mathcal{D}, \mathcal{B}} u\left(\cdot, t_{n}\right)\right\|_{\mathfrak{L}^{2}(\Omega)^{d}}  \tag{4.87}\\
& \quad \leqslant C_{5}\|u\|_{\mathcal{C}\left([0, T] ; \mathcal{C}^{2}(\bar{\Omega})\right)} \theta^{2} d^{5 / 2} \sqrt{\mathrm{~m}(\Omega)} h_{\mathcal{D}}
\end{align*}
$$

Combining now (4.81), (4.82), and (4.87) yields that

$$
\begin{align*}
\| \nabla_{\mathcal{D}} \mathcal{P}_{\mathcal{D}} u\left(\cdot, t_{n}\right) & -\nabla_{\mathcal{D}} \bar{u}_{\mathcal{D}}^{n} \|_{\mathfrak{L}^{2}(\Omega)^{d}}  \tag{4.88}\\
\leqslant & C_{5}\|u\|_{\mathcal{C}\left([0, T] ; \mathcal{C}^{2}(\bar{\Omega})\right)} \theta^{2} d^{5 / 2} \sqrt{\mathrm{~m}(\Omega)} h_{\mathcal{D}} \\
& \quad+\frac{C_{5}}{\alpha} \mathbb{E}_{\mathcal{D}}\left(u\left(\cdot, t_{n}\right)\right) .
\end{align*}
$$

This with (4.41) of Lemma 4.3 and the triangle inequality implies

$$
\begin{align*}
\| \nabla u\left(\cdot, t_{n}\right) & -\nabla_{\mathcal{D}} \bar{u}_{\mathcal{D}}^{n} \|_{\mathbb{L}^{2}(\Omega)^{d}}  \tag{4.89}\\
\leqslant & C_{5}\|u\|_{\mathcal{C}\left([0, T] ; \mathcal{C}^{2}(\bar{\Omega})\right)} \theta^{2} d^{5 / 2} \sqrt{\mathrm{~m}(\Omega)} h_{\mathcal{D}}+\frac{C_{5}}{\alpha} \mathbb{E}_{\mathcal{D}}\left(u\left(\cdot, t_{n}\right)\right) \\
& +C_{6} h_{\mathcal{D}}\|u\|_{\mathcal{C}\left([0, T] ; \mathcal{C}^{2}(\bar{\Omega})\right)} \sqrt{\mathrm{m}(\Omega)}
\end{align*}
$$

which leads to (4.67).
5. Proof of estimate (4.68): Estimate (4.68), when $j=0$, is given in [12, (4.27), Theorem 4.8, p. 1033] but with a constant depending on $u$. Thanks to the proof of $[12,(4.27)$, Theorem 4.8, p. 1033] and the previous techniques, we can prove that there exists a constant $C_{4}$ only depending on $\theta, \Omega$, and $d$ such that for all $j \in \llbracket 0,2 \rrbracket$

$$
\begin{equation*}
\mathbb{E}_{\mathcal{D}}\left(\partial^{j} u\left(\cdot, t_{n}\right)\right) \leqslant C_{4} h_{\mathcal{D}}\left\|\partial^{j} u\left(\cdot, t_{n}\right)\right\|_{\mathcal{C}^{2}(\bar{\Omega})} \tag{4.90}
\end{equation*}
$$

On the other hand,

$$
\begin{equation*}
\left\|\partial^{j} u\left(\cdot, t_{n}\right)\right\|_{\mathcal{C}^{2}(\bar{\Omega})}=\max _{|\alpha| \leqslant 2} \sup _{x \in \bar{\Omega}}\left|D^{\alpha} \partial^{j} u\left(x, t_{n}\right)\right|=\max _{|\alpha| \leqslant 2} \sup _{x \in \bar{\Omega}}\left|\partial^{j}\left(D^{\alpha} u\left(x, t_{n}\right)\right)\right| . \tag{4.91}
\end{equation*}
$$

For $j=0$, the previous inequality leads to

$$
\begin{equation*}
\left\|\partial^{j} u\left(\cdot, t_{n}\right)\right\|_{\mathcal{C}^{2}(\bar{\Omega})} \leqslant\|u\|_{\mathcal{C}\left([0, T] ; \mathcal{C}^{2}(\bar{\Omega})\right)} . \tag{4.92}
\end{equation*}
$$

For $j=1$, we remark that

$$
\begin{equation*}
\partial^{1}\left(D^{\alpha} u\left(x, t_{n}\right)\right)=\frac{1}{k} \int_{t_{n-1}}^{t_{n}}\left(D^{\alpha} u\right)_{t}(x, t) \mathrm{d} t \tag{4.93}
\end{equation*}
$$

which implies that

$$
\begin{align*}
\left|\partial^{1}\left(D^{\alpha} u\left(x, t_{n}\right)\right)\right| & \leqslant \frac{1}{k} \int_{t_{n-1}}^{t_{n}} \sup _{x \in \bar{\Omega}}\left|\left(D^{\alpha} u\right)_{t}(x, t)\right| \mathrm{d} t  \tag{4.94}\\
& \leqslant \max _{t \in[0, T]} \sup _{x \in \bar{\Omega}}\left|\left(D^{\alpha} u\right)_{t}(x, t)\right| \\
& =\|u\|_{\mathcal{C}^{1}\left([0, T] ; \mathcal{C}^{2}(\bar{\Omega})\right)}, \quad \forall \alpha \in \mathbb{N}^{d} \text { satisfying }|\alpha| \leqslant 2
\end{align*}
$$

For $j=2$, we remark that

$$
\begin{equation*}
\partial^{2}\left(D^{\alpha} u\left(x, t_{n}\right)\right)=\frac{1}{k^{2}} \int_{t_{n-1}}^{t_{n}} \int_{t-h}^{t}\left(D^{\alpha} u\right)_{t t}(x, t) \mathrm{d} s \mathrm{~d} t \tag{4.95}
\end{equation*}
$$

which yields, thanks to the technique used to prove (4.94), that

$$
\begin{equation*}
\left|\partial^{2}\left(D^{\alpha} u\left(x, t_{n}\right)\right)\right| \leqslant\|u\|_{\mathcal{C}^{2}\left([0, T] ; \mathcal{C}^{2}(\bar{\Omega})\right)}, \quad \forall \alpha \in \mathbb{N}^{d} \text { satisfying }|\alpha| \leqslant 2 \tag{4.96}
\end{equation*}
$$

Gathering now (4.90)-(4.96), we get the desired estimate (4.68).

The previous lemma gives error estimates for the auxiliary finite volume approximation $\left(\bar{u}_{\mathcal{D}}^{n}\right)_{n \in \llbracket 0, N+1 \rrbracket}$, given by (4.26). We proceed now to compare the approximation $\left(\bar{u}_{\mathcal{D}}^{n}\right)_{n \in \llbracket 0, N+1 \rrbracket}$ with the solution $\left(u_{\mathcal{D}}^{n}\right)_{n \in \llbracket 0, N+1 \rrbracket}$ of our finite volume scheme (4.16)-(4.17). For this reason, we set for all $n \in \llbracket 0, N+1 \rrbracket$

$$
\begin{equation*}
\eta_{\mathcal{D}}^{n}=\bar{u}_{\mathcal{D}}^{n}-u_{\mathcal{D}}^{n} . \tag{4.97}
\end{equation*}
$$

Equality (4.97) means that

$$
\begin{equation*}
\eta_{K}^{n}=\bar{u}_{K}^{n}-u_{K}^{n}, \quad \forall K \in \mathcal{M} \quad \text { and } \quad \eta_{\sigma}^{n}=\bar{u}_{\sigma}^{n}-u_{\sigma}^{n}, \forall \sigma \in \mathcal{E}, \tag{4.98}
\end{equation*}
$$

where we have denoted $u_{\mathcal{D}}^{n}=\left(\left(u_{K}^{n}\right)_{K \in \mathcal{M}},\left(u_{\sigma}^{n}\right)_{\sigma \in \mathcal{E}}\right)$ and $\bar{u}_{\mathcal{D}}^{n}=\left(\left(\bar{u}_{K}^{n}\right)_{K \in \mathcal{M}},\left(\bar{u}_{\sigma}^{n}\right)_{\sigma \in \mathcal{E}}\right)$.
When (4.29) is satisfied, (4.64) implies that

$$
\begin{equation*}
\eta_{\mathcal{D}}^{0}=0 . \tag{4.99}
\end{equation*}
$$

The following lemma provides us with some estimates concerning $\eta_{\mathcal{D}}^{n}$ given by (4.97). These estimates together with that of the previous lemma will help us to get some estimates for the solution $u_{\mathcal{D}}^{n}=\left(\left(u_{K}^{n}\right)_{K \in \mathcal{M}},\left(u_{\sigma}^{n}\right)_{\sigma \in \mathcal{E}}\right)$ of the scheme (4.16)(4.17).

Lemma 4.6 (Some error estimates for $\eta_{\mathcal{D}}^{n}$ given by (4.97)). Let $\Omega$ be a polyhedral open bounded subset of $\mathbb{R}^{d}$, where $d \in \mathbb{N}^{\star}$, and let $\partial \Omega=\bar{\Omega} \backslash \Omega$ be its boundary. Assume that the weak solution of (1.1)-(1.3) in the sense of Theorem 2.1 satisfies $u \in \mathcal{C}^{2}\left([0, T] ; \mathcal{C}^{2}(\bar{\Omega})\right)$. Let $k=T /(N+1)$ with $N \in \mathbb{N}^{\star}$, and denote $t_{n}=n k$ for $n \in \llbracket 0, N+1 \rrbracket$. Let $\mathcal{D}=(\mathcal{M}, \mathcal{E}, \mathcal{P})$ be a discretization in the sense of Definition 3.1. Let $\mathcal{B} \subset \mathcal{E}_{\text {int }}$ be given and let $\left\{\beta_{\sigma}^{K}: \sigma \in \mathcal{B}, K \in \mathcal{M}\right\}$ be a subset of $\mathbb{R}$ satisfying (3.4). Assume that $\theta_{\mathcal{D}, \mathcal{B}}$, given by (3.14), satisfies $\theta \geqslant \theta_{\mathcal{D}, \mathcal{B}}$. Let $\left(F_{K, \sigma}\right)_{K \in \mathcal{M}, \sigma \in \mathcal{E}}$ be a family of linear mappings from $\mathcal{X}_{\mathcal{D}}$ into $\mathbb{R}$ satisfying (4.29) for some positive contant $\alpha$, where $\langle\cdot, \cdot\rangle_{F}$ is defined by (4.30).

Then, for each $n \in \llbracket 0, N+1 \rrbracket$, there exists a unique solution $\bar{u}_{\mathcal{D}}^{n}$ for the auxiliary scheme (4.62), and there exists a unique solution $\left(u_{\mathcal{D}}^{n}\right)_{n \in \llbracket 0, N+1 \rrbracket}$ for the finite volume scheme (4.16)-(4.17). Let $\eta_{\mathcal{D}}^{n}, n \in \llbracket 0, N+1 \rrbracket$, be given by (4.97).

For a function $u \in \mathcal{C}^{1}(\bar{\Omega})$, we define the expressions $\mathcal{R}_{K, \sigma}(u)$ and $\mathbb{E}_{\mathcal{D}}(u)$ given respectively by (4.31) and (4.32) in Theorem 4.1 and we define the following new expressions, for $j \in\{0,1,2\}$ :

$$
\begin{equation*}
\mathbb{S}_{j}=\max _{m \in \llbracket j, N+1 \rrbracket} \mathbb{E}_{\mathcal{D}}\left(\partial^{j} u\left(\cdot, t_{m}\right)\right), \tag{4.100}
\end{equation*}
$$

where we denote $\partial^{0} v_{n}=v_{n}, \partial^{1} v_{n}$ is given by (4.5), and $\partial^{2} v_{n}=\frac{1}{k}\left(\partial^{1} v_{n}-\partial^{1} v_{n-1}\right)$.

Let us consider the following expressions for all $n \in \llbracket 2, N+1 \rrbracket$ :

$$
\begin{align*}
\mathrm{m}(K) \mathbb{T}_{K}^{n}= & \int_{K} \partial^{2} u\left(x, t_{n}\right) \mathrm{d} x-\frac{1}{k} \int_{K} \partial^{1}\left(\int_{t_{n}}^{t_{n+1}} \Delta u(x, t) \mathrm{d} t\right) \mathrm{d} x  \tag{4.101}\\
& -\mathrm{m}(K) \partial^{2} u\left(x_{K}, t_{n}\right)+\int_{K} \Delta \partial^{1} u\left(x, t_{n}\right) \mathrm{d} x
\end{align*}
$$

with

$$
\begin{equation*}
\mathbb{T}_{K}^{n}=0, \quad \forall n \in\{0,1\}, \tag{4.102}
\end{equation*}
$$

and, for all $n \in \llbracket 1, N+1 \rrbracket$,

$$
\begin{align*}
\mathrm{m}(K) \mathbb{K}_{K}^{n}= & \int_{K} \partial^{1} u\left(x, t_{n}\right) \mathrm{d} x-\frac{1}{k} \int_{K} \int_{t_{n}}^{t_{n+1}} \Delta u(x, t) \mathrm{d} t \mathrm{~d} x  \tag{4.103}\\
& -\mathrm{m}(K) \partial^{1} u\left(x_{K}, t_{n}\right)+\int_{K} \Delta u\left(x, t_{n}\right) \mathrm{d} x
\end{align*}
$$

with

$$
\begin{equation*}
\mathbb{K}_{K}^{0}=0, \tag{4.104}
\end{equation*}
$$

where $u \in \mathcal{C}^{2}\left([0, T] ; \mathcal{C}^{2}(\bar{\Omega})\right)$ is the solution of (1.1)-(1.3).
Set

$$
\begin{equation*}
\mathbb{T}=\max _{n \in \llbracket 0, N+1 \rrbracket}\left(\sum_{K \in \mathcal{M}} \mathrm{~m}(K)\left(\mathbb{T}_{K}^{n}\right)^{2}\right)^{1 / 2} \tag{4.105}
\end{equation*}
$$

and

$$
\begin{equation*}
\mathbb{K}=\max _{n \in \llbracket 0, N+1 \rrbracket}\left(\sum_{K \in \mathcal{M}} \mathrm{~m}(K)\left(\mathbb{K}_{K}^{n}\right)^{2}\right)^{1 / 2} \tag{4.106}
\end{equation*}
$$

Then, the following error estimates hold:

- Discrete $\mathbb{\unrhd}^{\infty}\left(0, T ; H_{0}^{1}(\Omega)\right)$-estimate: for all $n \in \llbracket 0, N+1 \rrbracket$

$$
\begin{equation*}
\alpha\left\|\Pi_{\mathcal{M}} \eta_{\mathcal{D}}^{n}\right\|_{1,2, \mathcal{M}} \leqslant 2 \frac{C_{\mathrm{p}}^{2}}{\alpha} \mathbb{S}_{1}+T \frac{C_{\mathrm{p}}^{2}}{\alpha} \mathbb{S}_{2}+2 C_{\mathrm{p}} \mathbb{K}+T C_{\mathrm{p}} \mathbb{T} \tag{4.107}
\end{equation*}
$$

where $C_{\mathrm{p}}$ (the letter "p" for Poincaré) is the constant which appears in [12, (5.10), Lemma 5.4, p. 1038] when $p=2$.

- $\mathcal{W}^{1, \infty}\left(0, T ; \mathbb{L}^{2}(\Omega)\right)$-estimate: for all $n \in \llbracket 1, N+1 \rrbracket$

$$
\begin{equation*}
\left\|\partial^{1} \Pi_{\mathcal{M}}, \eta_{\mathcal{D}}^{n}\right\|_{\mathbb{L}^{2}(\Omega)} \leqslant \frac{C_{\mathrm{p}}}{\alpha} \mathbb{S}_{1}+T \frac{C_{\mathrm{p}}}{\alpha} \mathbb{S}_{2}+T \mathbb{T}+\mathbb{K} \tag{4.108}
\end{equation*}
$$

- Error estimate in the gradient approximation: for all $n \in \llbracket 0, N+1 \rrbracket$

$$
\begin{equation*}
\alpha\left\|\nabla_{\mathcal{D}} \eta_{\mathcal{D}}^{n}\right\|_{\mathbb{L}^{2}(\Omega)} \leqslant 2 C_{5} \frac{C_{\mathrm{p}}^{2}}{\alpha} \mathbb{S}_{1}+T C_{5} \frac{C_{\mathrm{p}}^{2}}{\alpha} \mathbb{S}_{2}+T C_{5} C_{\mathrm{p}} \mathbb{U}+2 C_{5} C_{\mathrm{p}} \mathbb{K}, \tag{4.109}
\end{equation*}
$$

where $C_{5}$ is the constant which appears in (4.10) of Lemma 4.2.
Proof. 1. Proof of existence and uniqueness results: The existence and uniqueness of the solution $\bar{u}_{\mathcal{D}}^{n}$, for each $n \in \llbracket 0, N+1 \rrbracket$, for the auxiliary scheme (4.62) is provided in Lemma 4.5.

To prove the existence and uniqueness of the solution $\left(u_{\mathcal{D}}^{n}\right)_{n \in \llbracket 0, N+1 \rrbracket}$ for the composite scheme (4.16)-(4.17), we set $f_{K}^{n}=0$ and $u_{K}^{n}=0$, and taking $v=u_{\mathcal{D}}^{n+1}$ in (4.16) yields, thanks to (4.29), $u_{\mathcal{D}}^{n+1}=0$. This yields the uniqueness of the solution $u_{\mathcal{D}}^{n+1}$ for (4.16) for given $\left\{f_{K}^{n}: K \in \mathcal{M}\right\}$ and $u_{\mathcal{D}}^{n}$. The existence of $u_{\mathcal{D}}^{n+1}$ follows immediately, since (4.16) is a finite dimensional linear system with respect to the unknowns $\left\{\left(u_{K}^{n}, u_{\sigma}^{n}\right): K \in \mathcal{M}, \sigma \in \mathcal{H}\right\}$ (with as many unknowns as many equations). This with the existence and uniqueness (thanks to Lemma 4.5) of $u_{\mathcal{D}}^{0}$ implies, successively on $n$, the existence and uniqueness of $u_{\mathcal{D}}^{n}$ for all $n \in \llbracket 0, N+1 \rrbracket$.

We first prove (4.108) and then we prove (4.107) and (4.109).
2. Proof of estimate (4.108): Let us write equation (4.62) in the step $n$, for all $n \in \llbracket 0, N \rrbracket:$

$$
\begin{equation*}
\left\langle\bar{u}_{\mathcal{D}}^{n+1}, v\right\rangle_{F}=-\sum_{K \in \mathcal{M}} v_{K} \int_{K} \Delta u\left(x, t_{n+1}\right) \mathrm{d} x, \quad \forall v \in \mathcal{X}_{\mathcal{D}, \mathcal{B}} . \tag{4.110}
\end{equation*}
$$

Subtracting (4.16) from (4.110) and using (4.97)-(4.98), we get for all $n \in \llbracket 0, N \rrbracket$

$$
\begin{align*}
\left(\partial^{1} \Pi_{\mathcal{M}} \eta_{\mathcal{D}}^{n+1},\right. & \left.\Pi_{\mathcal{M}} v\right)_{\mathbb{L}^{2}(\Omega)}+\left\langle\eta_{\mathcal{D}}^{n+1}, v\right\rangle_{F}  \tag{4.111}\\
= & -\sum_{K \in \mathcal{M}}\left(m(K) f_{K}^{n}+\int_{K} \Delta u\left(x, t_{n+1}\right) \mathrm{d} x\right) v_{K} \\
& +\left(\partial^{1} \Pi_{\mathcal{M}} \bar{u}_{\mathcal{D}}^{n+1}, \Pi_{\mathcal{M}} v\right)_{\mathbb{L}^{2}(\Omega)}, \quad \forall v \in \mathcal{X}_{\mathcal{D}, \mathcal{B}} .
\end{align*}
$$

Applying the discrete operator $\partial^{1}$ to both sides of the previous equality, we get for all $n \in \llbracket 1, N \rrbracket$

$$
\begin{align*}
\left(\partial^{2} \Pi_{\mathcal{M}} \eta_{\mathcal{D}}^{n+1},\right. & \left.\Pi_{\mathcal{M}} v\right)_{L^{2}(\Omega)}+\left\langle\partial^{1} \eta_{\mathcal{D}}^{n+1}, v\right\rangle_{F}  \tag{4.112}\\
= & -\sum_{K \in \mathcal{M}}\left(\mathrm{~m}(K) \partial^{1} f_{K}^{n}+\int_{K} \Delta \partial^{1} u\left(x, t_{n+1}\right) \mathrm{d} x\right) v_{K} \\
& +\left(\partial^{2} \Pi_{\mathcal{M}} \bar{u}^{n+1}, \Pi_{\mathcal{M}} v\right)_{L^{2}(\Omega)}, \quad \forall v \in \mathcal{X}_{\mathcal{D}, \mathcal{B}}
\end{align*}
$$

Substituting $f$ by $u_{t}-\Delta u$ (subject of equation (1.1)), and recalling that $f_{K}^{n}$ is given by (4.6) yields

$$
\begin{align*}
\mathrm{m}(K) \partial^{1} f_{K}^{n} & =\frac{1}{k} \int_{K} \partial^{1}\left(\int_{t_{n}}^{t_{n+1}} f(x, t) \mathrm{d} t\right) \mathrm{d} x  \tag{4.113}\\
& =\int_{K} \partial^{2} u\left(x, t_{n+1}\right) \mathrm{d} x-\frac{1}{k} \int_{K} \partial^{1}\left(\int_{t_{n}}^{t_{n+1}} \Delta u(x, t) \mathrm{d} t\right) \mathrm{d} x
\end{align*}
$$

Due to (4.113) and (4.101), we can write
(4.114) $\mathrm{m}(K) \partial^{1} f_{K}^{n}+\int_{K} \Delta \partial^{1} u\left(x, t_{n+1}\right) \mathrm{d} x=\mathrm{m}(K) \mathbb{T}_{K}^{n+1}+\mathrm{m}(K) \partial^{2} u\left(x_{K}, t_{n+1}\right)$.

Inserting this in (4.112) yields that for all $n \in \llbracket 1, N \rrbracket$

$$
\begin{align*}
& \left(\partial^{2} \Pi_{\mathcal{M}} \eta_{\mathcal{D}}^{n+1}, \Pi_{\mathcal{M}} v\right)_{\mathbb{L}^{2}(\Omega)}+\left\langle\partial^{1} \eta_{\mathcal{D}}^{n+1}, v\right\rangle_{F}  \tag{4.115}\\
& \quad=-\left(\partial^{2} \Pi_{\mathcal{M}} \xi_{\mathcal{D}}^{n+1}, \Pi_{\mathcal{M}} v\right)_{\mathbb{L}^{2}(\Omega)}-\sum_{K \in \mathcal{M}} \mathrm{~m}(K) \mathbb{T}_{K}^{n+1} v_{K}
\end{align*}
$$

where $\xi_{\mathcal{D}}^{n}$ is given for all $n \in \llbracket 0, N+1 \rrbracket$ by

$$
\begin{equation*}
\xi_{\mathcal{D}}^{n}=\mathcal{P}_{\mathcal{D}} u\left(\cdot, t_{n}\right)-\bar{u}_{\mathcal{D}}^{n} \tag{4.116}
\end{equation*}
$$

Taking $v=\partial^{1} \eta_{\mathcal{D}}^{n+1}$ (this is possible since $\eta_{\mathcal{D}}^{n} \in \mathcal{X}_{\mathcal{D}, \mathcal{B}}, n \in \llbracket 0, N+1 \rrbracket$, see (4.97)) in (4.115), using (4.29), and the Cauchy-Schwarz inequality leads to (recall that $\left.\partial^{2} \eta_{\mathcal{D}}^{n+1}=\left(\partial^{1} \eta_{\mathcal{D}}^{n+1}-\partial^{1} \eta_{\mathcal{D}}^{n}\right) / k\right)$, for all $n \in \llbracket 1, N \rrbracket$

$$
\begin{equation*}
\left\|\partial^{1} \Pi_{\mathcal{M}} \eta_{\mathcal{D}}^{n+1}\right\|_{\mathbb{L}^{2}(\Omega)} \leqslant\left\|\partial^{1} \Pi_{\mathcal{M}}, \eta_{\mathcal{D}}^{n}\right\|_{\mathbb{L}^{2}(\Omega)}+k\left\|\partial^{2} \Pi_{\mathcal{M}} \xi_{\mathcal{D}}^{n+1}\right\|_{\mathbb{L}^{2}(\Omega)}+k \mathbb{T} . \tag{4.117}
\end{equation*}
$$

By virtue of

$$
\begin{equation*}
\Pi_{\mathcal{M}} \mathcal{P}_{\mathcal{D}} \varphi=\mathcal{P}_{\mathcal{M}} \varphi, \quad \forall \varphi \in \mathcal{C}(\bar{\Omega}) \tag{4.118}
\end{equation*}
$$

using (4.116) one deduces that

$$
\begin{equation*}
\Pi_{\mathcal{M}} \xi_{\mathcal{D}}^{n}=\mathcal{P}_{\mathcal{M}} u\left(\cdot, t_{n}\right)-\Pi_{\mathcal{M}} \bar{u}_{\mathcal{D}}^{n} d \tag{4.119}
\end{equation*}
$$

and therefore, using (4.66) and (4.100), for all $n \in \llbracket 1, N \rrbracket$, we have

$$
\begin{equation*}
\left\|\partial^{2} \Pi_{\mathcal{M}} \xi_{\mathcal{D}}^{n+1}\right\|_{\mathbb{L}^{2}(\Omega)} \leqslant \frac{C_{\mathrm{p}}}{\alpha} \mathbb{S}_{2} \tag{4.120}
\end{equation*}
$$

where $C_{\mathrm{p}}$ is the constant which appears in the Sobolev inequality [12, (5.10), Lemma 5.4, p. 1038] when $p=2$.

This together with (4.117) implies that for all $n \in \llbracket 1, N \rrbracket$

$$
\begin{equation*}
\left\|\partial^{1} \Pi_{\mathcal{M}} \eta_{\mathcal{D}}^{n+1}\right\|_{\mathbb{L}^{2}(\Omega)}-\left\|\partial^{1} \Pi_{\mathcal{M}} \eta_{\mathcal{D}}^{n}\right\|_{\mathbb{L}^{2}(\Omega)} \leqslant k \frac{C_{\mathrm{p}}}{\alpha} \mathbb{S}_{2}+k \mathbb{T} . \tag{4.121}
\end{equation*}
$$

Taking into account that for all $n \in \llbracket 1, N \rrbracket$

$$
\begin{align*}
&\left\|\partial^{1} \Pi_{\mathcal{M}} \eta_{\mathcal{D}}^{n+1}\right\|_{\mathbb{L}^{2}(\Omega)}-\left\|\partial^{1} \Pi_{\mathcal{M}} \eta_{\mathcal{D}}^{1}\right\|_{\mathbb{L}^{2}(\Omega)}  \tag{4.122}\\
&=\sum_{j=1}^{n}\left(\left\|\partial^{1} \Pi_{\mathcal{M}} \eta_{\mathcal{D}}^{j+1}\right\|_{\mathbb{L}^{2}(\Omega)}-\left\|\partial^{1} \Pi_{\mathcal{M}} \eta_{\mathcal{D}}^{j}\right\|_{\mathbb{L}^{2}(\Omega)}\right),
\end{align*}
$$

using (4.121) one deduces

$$
\begin{equation*}
\left\|\partial^{1} \Pi_{\mathcal{M}} \eta_{\mathcal{D}}^{n+1}\right\|_{\mathbb{L}^{2}(\Omega)} \leqslant\left\|\partial^{1} \Pi_{\mathcal{M}} \eta_{\mathcal{D}}^{1}\right\|_{\mathbb{L}^{2}(\Omega)}+k n \frac{C_{\mathrm{p}}}{\alpha} \mathbb{S}_{2}+k n \mathbb{T}, \tag{4.123}
\end{equation*}
$$

which gives, since $n k \leqslant T$,

$$
\begin{equation*}
\left\|\partial^{1} \Pi_{\mathcal{M}} \eta_{\mathcal{D}}^{n+1}\right\|_{\mathbb{L}^{2}(\Omega)} \leqslant\left\|\partial^{1} \Pi_{\mathcal{M}} \eta_{\mathcal{D}}^{1}\right\|_{\mathbb{L}^{2}(\Omega)}+T \frac{C_{\mathrm{p}}}{\alpha} \mathbb{S}_{2}+T \mathbb{T} . \tag{4.124}
\end{equation*}
$$

Let us estimate the first term on the r.h.s. of the previous inequality; set $n=0$ in (4.111) to get for all $v \in \mathcal{X}_{\mathcal{D}, \mathcal{B}}$

$$
\begin{align*}
\left(\partial^{1} \Pi_{\mathcal{M}} \eta_{\mathcal{D}}^{1}\right. & \left., \Pi_{\mathcal{M} v} v\right)_{\mathbb{L}^{2}(\Omega)}+\left\langle\eta_{\mathcal{D}}^{1}, v\right\rangle_{F}  \tag{4.125}\\
= & -\sum_{K \in \mathcal{M}}\left(\mathrm{~m}(K) f_{K}^{0}+\int_{K} \Delta u\left(x, t_{1}\right) \mathrm{d} x\right) v_{K} \\
& +\left(\partial^{1} \Pi_{\mathcal{M}} \bar{u}_{\mathcal{D}}^{1}, \Pi_{\mathcal{M}} v\right)_{\mathbb{L}^{2}(\Omega)} .
\end{align*}
$$

Using once again the fact that $f=u_{t}-\Delta u$ (subject of equation (1.1)), and recalling that $f_{K}^{n}$, for all $n \in \llbracket 0, N \rrbracket$, is given by (4.6), we obtain

$$
\begin{align*}
\mathrm{m}(K) f_{K}^{n} & =\frac{1}{k} \int_{K}\left(\int_{t_{n}}^{t_{n+1}} f(x, t) \mathrm{d} t\right) \mathrm{d} x  \tag{4.126}\\
& =\int_{K} \partial^{1} u\left(x, t_{n+1}\right) \mathrm{d} x-\frac{1}{k} \int_{K} \int_{t_{n}}^{t_{n+1}} \Delta u(x, t) \mathrm{d} t \mathrm{~d} x .
\end{align*}
$$

From (4.126) and (4.103) we obtain

$$
\begin{equation*}
\mathrm{m}(K) f_{K}^{n}+\int_{K} \Delta u\left(x, t_{n+1}\right) \mathrm{d} x=\mathrm{m}(K) \mathbb{K}_{K}^{n+1}+\mathrm{m}(K) \partial^{1} u\left(x_{K}, t_{n+1}\right) \tag{4.127}
\end{equation*}
$$

Setting $n=0$ in the previous expansion and inserting the result in (4.125) yields that

$$
\begin{align*}
& \left(\partial^{1} \Pi_{\mathcal{M}} \eta_{\mathcal{D}}^{1}, \Pi_{\mathcal{M}} v\right)_{\mathbb{L}^{2}(\Omega)}+\left\langle\eta_{\mathcal{D}}^{1}, v\right\rangle_{F}  \tag{4.128}\\
& \quad=-\left(\partial^{1} \Pi_{\mathcal{M}} \xi_{\mathcal{D}}^{1}, \Pi_{\mathcal{M}} v\right)_{\mathbb{L}^{2}(\Omega)}-\sum_{K \in \mathcal{M}} \mathrm{~m}(K) \mathbb{K}_{K}^{1} v_{K}
\end{align*}
$$

Taking $v=\partial^{1} \eta_{\mathcal{D}}^{1}$ in (4.128), using (4.29) and the Cauchy-Schwarz inequality leads to (recall that $\partial^{1} \eta_{\mathcal{D}}^{1}=\left(\eta_{\mathcal{D}}^{1}-\eta_{\mathcal{D}}^{0}\right) / k=\eta_{\mathcal{D}}^{1} / k$ since $\eta_{\mathcal{D}}^{0}=0$, thanks to (4.99)),

$$
\begin{equation*}
\left\|\partial^{1} \Pi_{\mathcal{M}} \eta_{\mathcal{D}}^{1}\right\|_{\mathbb{L}^{2}(\Omega)} \leqslant\left\|\partial^{1} \Pi_{\mathcal{M}} \xi_{\mathcal{D}}^{1}\right\|_{\mathbb{L}^{2}(\Omega)}+\mathbb{K} . \tag{4.129}
\end{equation*}
$$

Thanks to (4.119) and (4.66), the previous inequality implies

$$
\begin{equation*}
\left\|\partial^{1} \Pi_{\mathcal{M}} \eta_{\mathcal{D}}^{1}\right\|_{\mathbb{L}^{2}(\Omega)} \leqslant \frac{C_{\mathrm{p}}}{\alpha} \mathbb{S}_{1}+\mathbb{K} . \tag{4.130}
\end{equation*}
$$

This with (4.124) implies that for all $n \in \llbracket 1, N \rrbracket$

$$
\begin{equation*}
\left\|\partial^{1} \Pi_{\mathcal{M}} \eta_{\mathcal{D}}^{n+1}\right\|_{\mathbb{L}^{2}(\Omega)} \leqslant T \frac{C_{\mathrm{p}}}{\alpha} \mathbb{S}_{2}+\frac{C_{\mathrm{p}}}{\alpha} \mathbb{S}_{1}+T \mathbb{T}+\mathbb{K} . \tag{4.131}
\end{equation*}
$$

Combining the previous two inequalities yields that for all $n \in \llbracket 0, N+1 \rrbracket$

$$
\begin{equation*}
\left\|\partial^{1} \Pi_{\mathcal{M}} \eta_{\mathcal{D}}^{n}\right\|_{\unrhd^{2}(\Omega)} \leqslant T \frac{C_{\mathrm{p}}}{\alpha} \mathbb{S}_{2}+\frac{C_{\mathrm{p}}}{\alpha} \mathbb{S}_{1}+T \mathbb{T}+\mathbb{K} . \tag{4.132}
\end{equation*}
$$

This is the required estimate (4.108).
3. Proof of estimate (4.107): Let us turn to (4.111); inserting (4.127) in (4.11) leads for all $v \in \mathcal{X}_{\mathcal{D}, \mathcal{B}}$

$$
\begin{align*}
& \left(\partial^{1} \Pi_{\mathcal{M}} \eta_{\mathcal{D}}^{n+1}, \Pi_{\mathcal{M} v} v\right)_{\mathbb{L}^{2}(\Omega)}+\left\langle\eta_{\mathcal{D}}^{n+1}, v\right\rangle_{F}  \tag{4.133}\\
& \quad=-\left(\partial^{1} \Pi_{\mathcal{M}} \xi_{\mathcal{D}}^{n+1}, \Pi_{\mathcal{M}} v\right)_{\mathbb{L}^{2}(\Omega)}-\sum_{K \in \mathcal{M}} \mathrm{~m}(K) \mathbb{K}_{K}^{n+1} v_{K}
\end{align*}
$$

Taking $v=\eta_{\mathcal{D}}^{n+1}$ in the previous inequality and using the Cauchy-Schwarz inequality yields that for all $n \in \llbracket 0, N \rrbracket$

$$
\begin{equation*}
\left\langle\eta_{\mathcal{D}}^{n+1}, \eta_{\mathcal{D}}^{n+1}\right\rangle_{F} \leqslant \mathbb{M}_{\mathcal{D}}^{n+1}\left\|\Pi_{\mathcal{M}} \eta_{\mathcal{D}}^{n+1}\right\|_{\mathbb{L}^{2}(\Omega)} \tag{4.134}
\end{equation*}
$$

where

$$
\begin{equation*}
\mathbb{M}_{\mathcal{D}}^{n+1}=\left\|\partial^{1} \Pi_{\mathcal{M}} \eta_{\mathcal{D}}^{n+1}\right\|_{\mathbb{L}^{2}(\Omega)}+\left\|\partial^{1} \Pi_{\mathcal{M}} \xi_{\mathcal{D}}^{n+1}\right\|_{\mathbb{L}^{2}(\Omega)}+\mathbb{K} . \tag{4.135}
\end{equation*}
$$

Inequality (4.134) with estimate [12, (5.10), Lemma 5.4, p. 1038] when $p=2,(4.29)$, and (4.39) (recall that $\Pi_{\mathcal{M}} \eta_{\mathcal{D}}^{n+1} \in \mathcal{X}_{\mathcal{D}, \mathcal{B}} \subset \mathcal{X}_{\mathcal{D}, 0}$ since (3.6) yield that

$$
\begin{equation*}
\alpha\left\|\eta_{\mathcal{D}}^{n+1}\right\|_{\mathcal{X}} \leqslant C_{\mathrm{p}} \mathbb{M}_{\mathcal{D}}^{n+1} \tag{4.136}
\end{equation*}
$$

Estimate (4.136) with the expressions (4.135), (4.132), (4.60) and the fact that $\eta_{\mathcal{D}}^{0}=0$ (see (4.99)) implies that for all $n \in \llbracket 0, N+1 \rrbracket$

$$
\begin{equation*}
\alpha\left\|\eta_{\mathcal{D}}^{n}\right\|_{\mathcal{X}} \leqslant T \frac{C_{\mathrm{p}}^{2}}{\alpha} \mathbb{S}_{2}+T C_{\mathrm{p}} \mathbb{T}+2 C_{\mathrm{p}} \mathbb{K}+2 \frac{C_{\mathrm{p}}^{2}}{\alpha} \mathbb{S}_{1} \tag{4.137}
\end{equation*}
$$

This together with (4.39) yields that for all $n \in \llbracket 0, N+1 \rrbracket$

$$
\begin{equation*}
\alpha\left\|\Pi_{\mathcal{M}} \eta_{\mathcal{D}}^{n}\right\|_{1,2, \mathcal{M}} \leqslant T \frac{C_{\mathrm{p}}^{2}}{\alpha} \mathbb{S}_{2}+T C_{\mathrm{p}} \mathbb{T}+2 \frac{C_{\mathrm{p}}^{2}}{\alpha} \mathbb{S}_{1}+2 C_{\mathrm{p}} \mathbb{K} \tag{4.138}
\end{equation*}
$$

which is (4.107).
Proof of estimate (4.109): Thanks to (4.40) of Lemma 4.2, (4.137) implies that for all $n \in \llbracket 0, N+1 \rrbracket$

$$
\begin{equation*}
\alpha\left\|\nabla_{\mathcal{D}} \eta_{\mathcal{D}}^{n}\right\|_{\mathfrak{L}^{2}(\Omega)} \leqslant T C_{5} \frac{C_{\mathrm{p}}^{2}}{\alpha} \mathbb{S}_{2}+T C_{5} C_{\mathrm{p}} \mathbb{T}+2 C_{5} C_{\mathrm{p}} \mathbb{K}+2 C_{5} \frac{C_{\mathrm{p}}^{2}}{\alpha} \mathbb{S}_{1}, \tag{4.139}
\end{equation*}
$$

which concludes the proof of (4.109), and thus the proof of Lemma 4.6 is completed.

The following lemma is devoted to estimating $\mathbb{T}^{n}$ and $\mathbb{K}^{n}$ defined respectively by (4.105).

Lemma 4.7 (A technical lemma). Let $\Omega$ be a polyhedral open bounded subset of $\mathbb{R}^{d}$, where $d \in \mathbb{N}^{\star}$, and let $\partial \Omega=\bar{\Omega} \backslash \Omega$ its boundary. Assume that the weak solution of (1.1)-(1.3) in the sense of Theorem 2.1 satisfies $u \in \mathcal{C}^{2}\left([0, T] ; \mathcal{C}^{2}(\bar{\Omega})\right)$. Let $k=T /(N+1)$ with $N \in \mathbb{N}^{\star}$, and denote $t_{n}=n k$ for $n \in \llbracket 0, N+1 \rrbracket$. Let $\mathcal{D}=(\mathcal{M}, \mathcal{E}, \mathcal{P})$ be a discretization in the sense of Definition 3.1.

Let $\left\{\mathbb{T}_{K}^{n}: n \in \llbracket 0, N+1 \rrbracket, K \in \mathcal{M}\right\}$ and $\left\{\mathbb{K}_{K}^{n}: n \in \llbracket 0, N+1 \rrbracket, K \in \mathcal{M}\right\}$ be the sets of expressions given by (4.101)-(4.102) and (4.103)-(4.104), respectively.

Then the following estimates hold:

$$
\begin{equation*}
\mathbb{T} \leqslant\left(h_{\mathcal{D}}+k\right) \sqrt{\mathrm{m}(\Omega)} d\|u\|_{\mathcal{C}^{2}\left([0, T] ; \mathcal{C}^{2}(\bar{\Omega})\right)} \tag{4.140}
\end{equation*}
$$

and

$$
\begin{equation*}
\mathbb{K} \leqslant\left(h_{\mathcal{D}}+k\right) \sqrt{\mathrm{m}(\Omega)} d\|u\|_{\mathcal{C}^{1}\left([0, T] ; \mathcal{C}^{2}(\bar{\Omega})\right)} \tag{4.141}
\end{equation*}
$$

where $\mathbb{T}$ and $\mathbb{K}$ are given respectively by (4.105) and (4.106).

Proof. We first remark that for all $n \in \llbracket 1, N+1 \rrbracket$

$$
\begin{equation*}
\left|\int_{K} \partial^{2} u\left(x, t_{n}\right) \mathrm{d} x-\mathrm{m}(K) \partial^{2} u\left(x_{K}, t_{n}\right)\right| \leqslant h_{\mathcal{D}} \mathrm{m}(K) d\left\|\partial^{2} u\left(\cdot, t_{n}\right)\right\|_{\mathcal{C}^{1}(\bar{\Omega})} . \tag{4.142}
\end{equation*}
$$

This together with the representation (4.95) implies that

$$
\begin{equation*}
\left|\int_{K} \partial^{2} u\left(x, t_{n}\right) \mathrm{d} x-\mathrm{m}(K) \partial^{2} u\left(x_{K}, t_{n}\right)\right| \leqslant h_{\mathcal{D}} \mathrm{m}(K) d\|u\|_{\mathcal{C}^{2}\left([0, T] ; \mathcal{C}^{1}(\bar{\Omega})\right)} . \tag{4.143}
\end{equation*}
$$

On the other hand, we have

$$
\begin{align*}
& \frac{1}{k} \int_{K} \partial^{1}\left(\int_{t_{n-1}}^{t_{n}} \Delta u(x, t) \mathrm{d} t\right) \mathrm{d} x-\int_{K} \Delta \partial^{1} u\left(x, t_{n}\right) \mathrm{d} x  \tag{4.144}\\
& \quad=\frac{1}{k^{2}} \int_{K} \int_{t_{n-1}}^{t_{n}} \int_{t_{n-1}}^{t} \int_{s}^{s+k} \Delta \frac{\mathrm{~d}^{2} u}{\mathrm{~d} l^{2}}(x, l) \mathrm{d} l \mathrm{~d} s \mathrm{~d} t \mathrm{~d} x
\end{align*}
$$

which implies that

$$
\begin{align*}
\left\lvert\, \frac{1}{k} \int_{K} \partial^{1}\left(\int_{t_{n-1}}^{t_{n}} \Delta u(x, t) \mathrm{d} t\right)\right. & \mathrm{d} x-\int_{K} \Delta \partial^{1} u\left(x, t_{n}\right) \mathrm{d} x \mid  \tag{4.145}\\
& \leqslant k \mathrm{~m}(K)\|u\|_{\mathcal{C}^{2}\left([0, T] ; \mathcal{C}^{2}(\bar{\Omega})\right)}
\end{align*}
$$

Combining (4.101)-(4.102), estimates (4.143), and (4.145), and the triangle inequality, leads for all $n \in \llbracket 0, N+1 \rrbracket$ and for all $K \in \mathcal{M}$

$$
\begin{equation*}
\left|\mathbb{T}_{K}^{n}\right| \leqslant\left(h_{\mathcal{D}}+k\right) d\|u\|_{\mathcal{C}^{2}\left([0, T] ; \mathcal{C}^{2}(\bar{\Omega})\right)} \tag{4.146}
\end{equation*}
$$

This together with (4.105) implies (4.110).
A similar reasoning to that presented in (4.142)-(4.146) implies (4.141).
Pro of of Theorem 4.1. The results of Theorem 4.1 can be justified easily using Lemmas 4.5, 4.6, and 4.7 together with the triangle inequality.

## 5. Conclusion

We considered the nonstationary heat equation with homogeneous Dirichlet boundary conditions on a polygonal domain of any space dimension. The scheme we presented, that is (4.16)-(4.17), can be applied to any type of spatial grid: conforming or non conforming, 2D and 3D, or more, made with control volumes which are only assumed to be polyhedral (the boundary of each control volume is a finite union of subsets of hyperplanes). The estimates obtained, i.e. (4.34)-(4.36) allow to get error estimates for approximations for the exact solution $u$ of (1.1)-(1.3) and its first derivatives, see Remark 5.

The first equation of the finite volume scheme, i.e. (4.16), is a discretization of the weak formulation (2.1) of the heat equation (1.1) (with, of course, the boundary condition (1.3)), whereas the discrete initial condition (4.17) is a discrete version of an orthogonal projection (1.4). From this point of view the discretization scheme (4.34)(4.36) can be viewed as a nonconforming finite element method although the scheme stems from finite volume ideas. The choice of the discretization (4.17) for the initial condition (1.2) is useful as explained in Remark 6.

It is worth discussing the case when the discretization of initial condition (1.2) is performed using the following obvious choice (recall that $u_{\mathcal{D}}^{0}=\left(\left(u_{K}^{0}\right)_{K \in \mathcal{M}},\left(u_{\sigma}^{0}\right)_{\sigma \in \mathcal{E}}\right)$ is an element of $\mathcal{X}_{\mathcal{D}, 0}$ ):

$$
\begin{equation*}
u_{K}^{0}=u^{0}\left(x_{K}\right), \quad \forall K \in \mathcal{M} \tag{5.1}
\end{equation*}
$$

and

$$
\begin{equation*}
u_{\sigma}^{0}=u^{0}\left(x_{\sigma}\right), \quad \forall \sigma \in \mathcal{E} \tag{5.2}
\end{equation*}
$$

Concerning the finite volume scheme (4.16) with (5.1)-(5.2), we could only prove the following estimates for some positive constants $C$ only depending on $T, \Omega, d$, and $\theta$, see the case of an admissible mesh [4, Section 3, pp. 239-240]:

- Discrete $\mathbb{L}^{2}\left(0, T ; H_{0}^{1}(\Omega)\right)$-estimate

$$
\begin{align*}
& \sum_{n=0}^{N} k\left\|\mathcal{P}_{\mathcal{M}} u\left(\cdot, t_{n+1}\right)-\Pi_{\mathcal{M}} u_{\mathcal{D}}^{n+1}\right\|_{1,2, \mathcal{M}}^{2}  \tag{5.3}\\
& \quad \leqslant C\left(\sum_{n=0}^{N} k\left(\mathbb{E}_{\mathcal{D}}\left(u\left(\cdot, t_{n+1}\right)\right)\right)^{2}+\left(h_{\mathcal{D}}+k\right)^{2}\|u\|_{\mathcal{C}^{2}\left([0, T] ; \mathcal{C}^{2}(\bar{\Omega})\right)}^{2}\right)
\end{align*}
$$

- discrete semi-norm $H^{1}\left(0, T ; \mathbb{L}^{2}(\Omega)\right)$-estimate:

$$
\begin{align*}
& \sum_{n=0}^{N} \sum_{K \in \mathcal{M}} \mathrm{~m}(K) k\left(\frac{e_{K}^{n+1}-e_{K}^{n}}{k}\right)^{2}  \tag{5.4}\\
& \quad \leqslant C\left(\sum_{n=0}^{N}\left(\mathcal{E}_{\mathcal{D}}\left(u\left(\cdot, t_{n+1}\right)\right)\right)^{2}+\frac{\left(h_{\mathcal{D}}+k\right)^{2}}{k}\|u\|_{\mathcal{C}^{2}\left([0, T] ; \mathcal{C}^{2}(\bar{\Omega})\right)}^{2}\right)
\end{align*}
$$

So, in the case when $\left(F_{K, \sigma}\right)_{K \in \mathcal{M}, \sigma \in \mathcal{E}}$ is defined by (4.25)-(4.28), estimates (5.3)-(5.4) become thanks to (4.37)

- discrete $\mathbb{L}^{2}\left(0, T ; H_{0}^{1}(\Omega)\right)$-estimate

$$
\begin{equation*}
\left(\sum_{n=0}^{N} k\left\|\mathcal{P}_{\mathcal{M}} u\left(\cdot, t_{n+1}\right)-\Pi_{\mathcal{M}} u_{\mathcal{D}}^{n+1}\right\|_{1,2, \mathcal{M}}^{2}\right)^{1 / 2} \leqslant C\left(h_{\mathcal{D}}+k\right)\|u\|_{\mathcal{C}^{2}\left([0, T] ; \mathcal{C}^{2}(\bar{\Omega})\right)} \tag{5.5}
\end{equation*}
$$

- discrete semi-norm $H^{1}\left(0, T ; \mathbb{L}^{2}(\Omega)\right)$-estimate:

$$
\begin{equation*}
\left(\sum_{n=0}^{N} \sum_{K \in \mathcal{M}} \mathrm{~m}(K) k\left(\frac{e_{K}^{n+1}-e_{K}^{n}}{k}\right)^{2}\right)^{1 / 2} \leqslant C \frac{h_{\mathcal{D}}+k}{\sqrt{k}}\|u\|_{\mathcal{C}^{2}\left([0, T] ; \mathcal{C}^{2}(\bar{\Omega})\right)} \tag{5.6}
\end{equation*}
$$

Therefore, there are many investigations to take care of in the future, and among them we quote:
(1) Although the efficiency of the finite volume schemes arising from the new class of general meshes was proved numerically in the stationary case in [12], it is worth justifying numerically Theorem 4.1 and estimates (5.5)-(5.6).
(2) It is worth considering the task if it is possible to weaken the regularity assumption $u \in \mathcal{C}^{2}\left([0, T] ; \mathcal{C}^{2}(\bar{\Omega})\right)$ of Theorem 4.1.

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