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# AN APPROXIMATE METHOD FOR DETERMINATION OF EIGENVALUES AND EIGENVECTORS OF SELF-ADJOINT OPERATORS 

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1. The method (1) for the determination of eigenvalues and eigenvectors of linear self-adjoint operator $A$ is investigated. The error estimates are derived in the following two cases: (i) $\lambda_{1}$ is only an extreme value of the spectrum $\sigma(A)$ of $A$, (ii) $\lambda_{1}$ is an isolated point of $\sigma(A)$. Moreover, it is shown that the method (1) can be used for the determination of an arbitrary eigenvalue of $A$ and the corresponding eigenvector.

Let $X$ be a real Hilbert space, $A: X \rightarrow X$ a linear self-adjoint and positive operator on $X$. By positivity of $A$ we mean that $\langle A u, u\rangle>0$ for each $u \in X, u \neq 0$ and $\langle A u, u\rangle=0$ implies $u=0$. Let $m, \lambda_{1}$ be the exact spectral bounds of the spectrum $\sigma(A)$ of $A$. Denote by $\sigma_{p}(A), \sigma_{c}(A)$ the point spectrum and the continuous spectrum, respectively. The symbol $\left\{E_{\lambda}\right\}$ stands for the spectral resolution of identity corresponding to the self-adjoint operator $A$. We shall deal with the following procedure

$$
\begin{equation*}
\mu_{n+1}=\left\langle A u_{n}, u_{n}\right\rangle \cdot\left\|u_{n}\right\|^{-2}, \quad u_{n+1}=\mu_{n+1}^{-1} A u_{n} \tag{1}
\end{equation*}
$$

for finding the eigenvalues and eigenvectors of $A$. In (1) it is assumed that the initial approximation $u_{0} \in X$ is different from zero. Our hypotheses on $A$ imply that $\mu_{n}>0$ and $\mu_{n} \neq 0$ for each $n$. In the sequel we assume that $\left(\mu_{n}\right),\left(u_{n}\right)$ are defined by (1), and $w_{n}=u_{n}\left\|u_{n}\right\|^{-1}$ for each $n$. For the recent results concerning the procedure (1), its variants, relations and for the bibliography see [1]-[3]. We refer the reader for instance to [4] - [11] for further methods.
2. We start with the following

Theorem 1. Let $X$ be a real Hilbert space, $A: X \rightarrow X$ a linear self-adjoint and positive operator. Assume that the starting approximation $u_{0}$ of (1) is such that $E_{\lambda} u_{0} \neq u_{0}$ for each $\lambda<\lambda_{1}$.

Then $\left\|A w_{n}\right\| \nearrow \lambda_{1}$ as $n \rightarrow \infty$. Moreover,

$$
\left\|A^{2} w_{n}\right\| \cdot\left\|A w_{n}\right\|^{-1}=\left\|A w_{n+1}\right\| \leqq \mu_{n+1}^{-1} \lambda_{1} c_{n}\left\|A w_{n}\right\|,
$$

where

$$
c_{n}=\left\|u_{n}\right\| \cdot\left\|u_{n+1}\right\|^{-1} \leqq 1, \quad(n=0,1,2, \ldots) .
$$

Proof. First of all, $\mu_{n+1} \leqq\left\|A w_{n}\right\|$ and $\mu_{n} \leqq \mu_{n+1}$ for each $n$ ([1], Lemma 1). Since $A$ is positive and self-adjoint, $\|A u\|^{2} \leqq\|A\|\langle A u, u\rangle, u \in X$. Indeed, assuming that $\|A\|=1$, this inequality follows from

$$
\begin{gathered}
\|A u\|^{2}=\langle A u, u\rangle-\{\langle A(u-A u), u-A u\rangle+ \\
\left.+\|A u\|^{2}-\left\langle A^{2} u, A u\right\rangle\right\}
\end{gathered}
$$

the fact that $A$ is positive and the inequality

$$
\left\langle A^{2} u, A u\right\rangle \leqq\|A u\|^{2}, \quad u \in X .
$$

Furthermore, $\lambda_{1}=\|A\|$ and

$$
\begin{gathered}
0 \leqq\left\|A w_{n}\right\|^{2}-\mu_{n+1}^{2}=\left\|A w_{n}\right\|^{2}-\left\langle A w_{n}, w_{n}\right\rangle^{2} \leqq \\
\leqq\|A\|\left\langle A w_{n}, w_{n}\right\rangle-\left\langle A w_{n}, w_{n}\right\rangle^{2}=\left\langle A w_{n}, w_{n}\right\rangle\left(\lambda_{1}-\left\langle A w_{n}, w_{n}\right\rangle\right) \rightarrow 0
\end{gathered}
$$

as $n \rightarrow \infty$ for $\mu_{n+1}=\left\langle A w_{n}, w_{n}\right\rangle \nearrow \lambda_{1}$ by Theorem 1 [1]. Hence

$$
0 \leqq \lambda_{1}^{2}-\left\|A w_{n}\right\|^{2} \leqq\left(\lambda_{1}^{2}-\mu_{n}^{2}\right)+\left|\mu_{n}^{2}-\left\|A w_{n}\right\|^{2}\right| \rightarrow 0
$$

as $n \rightarrow \infty$. We shall prove that $\left(\left\|A w_{n}\right\|\right)_{=n 1}^{\infty}$ is monotone. It follows from (1) that $w_{n+1}=\mu_{n+1}^{-1} c_{n} A w_{n}$, where $c_{n}=\left\|u_{n}\right\| /\left\|u_{n+1}\right\| \leqq 1$ for each $n \geqq 0$. Hence

$$
\left\|A w_{n+1}\right\|=c_{n} \mu_{n+1}^{-1}\left\|A^{2} w_{n}\right\|=\mu_{n+1}^{-1} \frac{\left\|u_{n}\right\| \cdot\left\|u_{n+1}\right\|}{\left\|u_{n+1}\right\|^{2}}\left\|A^{2} w_{n}\right\| .
$$

By our hypotheses $u_{n} \neq 0, A u_{n} \neq 0, A^{2} u_{n} \neq 0,(n=0,1,2, \ldots)$. In view of (1) we obtain

$$
\begin{gathered}
\left\|A w_{n+1}\right\|=\mu_{n+1}^{-1} \mu_{n+1}^{2} \frac{\left\|u_{n}\right\| \cdot\left\|u_{n+1}\right\|}{\left\langle A^{2} u_{n}, u_{n}\right\rangle}\left\|A^{2} w_{n}\right\| \geqq \\
\geqq \mu_{n+1} \frac{\left\|u_{n}\right\| \cdot\left\|u_{n+1}\right\|}{\left\|A^{2} u_{n}\right\| \cdot\left\|u_{n}\right\|}\left\|A^{2} w_{n}\right\|=\mu_{n+1} \frac{\left\|u_{n+1}\right\|}{\left\|u_{n}\right\|}=\left\|A w_{n}\right\| \cdot
\end{gathered}
$$

Hence $\left\|A w_{n}\right\| \leqq\left\|A w_{n+1}\right\|$ for each $n$ and we have that $\left\|A w_{n}\right\| \nearrow \lambda_{1}$ as $n \rightarrow \infty$.
Put $z_{n}=A^{2} w_{n}$, then

$$
\begin{gathered}
\left\|A w_{n+1}\right\|^{2}=\mu_{n+1}^{-2} c_{n}^{2}\left\langle A^{2} w_{n}, z_{n}\right\rangle= \\
=\mu_{n+1}^{-2} c_{n}^{2} \int_{m}^{\lambda_{1}} \lambda^{2} \mathrm{~d}\left\langle E_{\lambda} w_{n}, z_{n}\right\rangle \leqq\left(\frac{\lambda_{1}}{\mu_{n+1}}\right)^{2} \cdot c_{n}^{2} \int_{m}^{\lambda_{1}} \mathrm{~d}\left\langle E_{\lambda} w_{n}, z_{n}\right\rangle= \\
=\left(\frac{\lambda_{1}}{\mu_{n+1}}\right)^{2} c_{n}^{2}\left\langle w_{n}, z_{n}\right\rangle=\left(\frac{\lambda_{1}}{\mu_{n+1}}\right)^{2} c_{n}^{2}\left\|A w_{n}\right\|^{2} .
\end{gathered}
$$

On the other hand,

$$
\begin{gathered}
\left\|A w_{n+1}\right\|=\mu_{n+1}^{-1}\left\|u_{n}\right\| \cdot\left\|u_{n+1}\right\|^{-1} \cdot\left\|A^{2} w_{n}\right\| \leqq \\
=\mu_{n+1}^{-1} \frac{\left\|u_{n}\right\|}{\mu_{n+1}^{-1}\left\|A u_{n}\right\|}\left\|A^{2} w_{n}\right\|=\left\|A^{2} w_{n}\right\| \cdot\left\|A w_{n}\right\|^{-1}
\end{gathered}
$$

for each $n(n=0,1,2, \ldots)$, which completes the proof.
Remark 1. In addition to the assumptions of Theorem 1 assume that $A$ is positive definite (i.e. $m>0$ ). Then

$$
m c_{n} \mu_{n+1}^{-1}\left\|A w_{n}\right\| \leqq\left\|A w_{n+1}\right\| \leqq c_{n} \lambda_{1} \mu_{n+1}^{-1}\left\|A w_{n}\right\|
$$

for each $n$.
Theorem 2. Let $X$ be a real Hilbert space, $A: X \rightarrow X$ a linear positive and selfadjoint operator on $X$. Assume that $\lambda_{1}$ is an eigenvalue of $A$ and that the initial approximation $u_{0}$ of the procedure $\left(u_{n}\right)$ is not orthogonal to $\operatorname{ker}\left(A-\lambda_{1} I\right)$.

Then $\left\|A w_{n}\right\| \nearrow \lambda_{1}$ as $n \rightarrow \infty$.
Proof. Use Theorem 3 [2] and the arguments of the proof of Theorem 1.
Theorem 3. In addition to the assumptions of Theorem 1 suppose that $\left(w_{n}\right)$ contains a subsequence converging weakly to an element $w \in X, w \neq 0$.

Then $\lambda_{1}$ is an eigenvalue of $A$ and $w$ is the corresponding eigenvector of $A$.
Proof. According to Theorem 1 [1] $\mu_{n} \nearrow \lambda_{1}$ and by Theorem 2 we have that $\left\|A w_{n}\right\| \nearrow \lambda_{1}$. Hence

$$
\left\|A w_{n}\right\|^{2}-\left\langle A w_{n}, w_{n}\right\rangle^{2}=\left\|A w_{n}-\mu_{n+1} w_{n}\right\|^{2} \rightarrow 0
$$

as $n \rightarrow \infty$. Without loss of generality one can assume that $w_{n} \rightarrow w$ weakly, where $w \in X, w \neq 0$. Therefore $A w_{n}-\mu_{n+1} w_{n} \rightarrow A w-\lambda_{1} w$ weakly and $A w=\lambda_{1} w$, which concludes the proof.

Corollary. In addition to the assumptions of Theorem 1 assume that the sequence $\left(w_{n}\right)$ contains $a$ subsequence converging to an element $w \in X$.

Then $\lambda_{1}$ is an eigenvalues of $A$ and $w$ is the corresponding eigenvector of $A$.
Theorem 4. Let $X$ be a real Hilbertspace, $B: X \rightarrow X, C: X \rightarrow X$ linear selfadjoint operators on $X$. Assume that $\lambda_{0}$ is an eigenvalue of $B, e_{0} \in \operatorname{ker}\left(B-\lambda_{0} I\right)$, $\left\|e_{0}\right\|=1$ and that $\lambda_{0} \notin \sigma(C)$. Let $\lambda^{*}$ be an eigenvalue of $C$ such that $\lambda^{*}$ is nearest to $\lambda_{0}$ from the both sides. If $\operatorname{dim} \operatorname{ker}\left(C-\lambda^{*} I\right)=1$ and $e_{0} \notin \operatorname{ker}\left(C-\lambda^{*} I\right)^{\perp}$, then

$$
\left|\lambda^{*}-\lambda_{0}\right| \leqq\left\|\left(C-\lambda_{0} I\right) w_{n}\right\| \leqq\left\|\left(C-\lambda_{0} I\right) w_{n-1}\right\| \leqq\|B-C\|
$$

for each $n(n=1,2, \ldots)$, where $w_{n}$ is defined by (1) with $A=\alpha I-\left(C-\lambda_{0} I\right)^{2}$, $u_{0}=e_{0}$ and $\alpha$ is an arbitrary constant such that $\alpha>\left\|\left(C-\lambda_{0} I\right)^{2}\right\|$.

Proof. Since the operators $B, C$ are linear self-adjoint and defined on $X, B, C$ are both bounded by the closed-graph theorem. Put $A=\alpha I-\left(C-\lambda_{0} I\right)^{2}$, where $\infty>\left\|\left(C-\lambda_{0} I\right)^{2}\right\|$. Then $A$ is linear self-adjoint bounded and positive definite with the greatest eigenvalue $\lambda_{1}=\alpha-\left(\lambda^{*}-\lambda_{0}\right)^{2}$. Put $C_{1}=C-\lambda_{0} I, \lambda=\lambda^{*}-\lambda_{0}$, $C_{2}=C-\lambda^{*} I$. We show that $\operatorname{ker}\left(C_{1}^{2}-\lambda^{2} I\right)=\operatorname{ker} C_{2}$. Suppose that $u \in \operatorname{ker} C_{2}$; this condition is equivalent to $C_{1} u=\lambda u$. But $C_{1}^{2} u=C_{1}(\lambda u)=\lambda^{2} u$. Hence $u \in$ $\in \operatorname{ker}\left(C_{1}^{2}-\lambda^{2} I\right)$ and $\operatorname{ker} C_{2} \subset \operatorname{ker}\left(C_{1}^{2}-\lambda^{2} I\right)$. Assume that there exists an element $\tilde{u} \in X$ such that $\tilde{u} \in \operatorname{ker}\left(C_{1}^{2}-\lambda^{2} I\right)$ and $\tilde{u} \notin \operatorname{ker} C_{2}$, i.e. $C_{1} \tilde{u} \neq \lambda \tilde{u}$, which contradicts the fact that $\tilde{u} \in \operatorname{ker}\left(C_{1}^{2}-\lambda_{1}^{2} I\right)$. Hence $\operatorname{ker}\left(C_{1}^{2}-\lambda_{1}^{2} I\right)=\operatorname{ker} C_{2}$ and this implies $\operatorname{ker}\left(A-\lambda_{1} I\right)=\operatorname{ker}\left(C-\lambda^{*} I\right)$. According to our hypothesis $\left\langle u_{0}, w\right\rangle \neq 0$ for each $w \in \operatorname{ker}\left(C-\lambda^{*} I\right)$. Hence $\left\langle u_{0}, w\right\rangle \neq 0$ for each $w \in \operatorname{ker}\left(A-\lambda_{1} I\right)$ and therefore $u_{0} \notin \operatorname{ker}\left(A-\lambda_{1} I\right)^{\perp}$. Thus all the assumptions of Theorem 3 [2] are satisfied. According to this theorem $\mu_{n+1}=\left\langle A w_{n}, w_{n}\right\rangle \lambda \lambda_{1}=\alpha-\left(\lambda^{*}-\lambda_{0}\right)^{2}$, where $w_{n}=$ $=u_{n} /\left\|u_{n}\right\|$ and $\left(u_{n}\right)$ is defined by $u_{n+1}=\mu_{n+1}^{-1} A u_{n}$. Hence $\left\langle\left(C-\lambda_{0} I\right) w_{n}, w_{n}\right\rangle \searrow$ $\searrow\left(\lambda^{*}-\lambda_{0}\right)^{2}$ as $n \rightarrow \infty$. This conclusion implies that

$$
\begin{aligned}
\left|\lambda^{*}-\lambda_{0}\right| & \leqq\left\langle\left(C-\lambda_{0} I\right)^{2} w_{n}, w_{n}\right\rangle^{1 / 2}=\left\|\left(C-\lambda_{0} I\right) w_{n}\right\| \leqq \\
& \leqq\left\langle\left(C-\lambda_{0} I\right) w_{n-1}, w_{n-1}\right\rangle^{1 / 2}=\left\|\left(C-\lambda_{0} I\right) w_{n-1}\right\| \leqq \\
& \leqq \ldots \leqq\left(C-\lambda_{0} I\right) w_{0}\|=\|\left(C-\lambda_{0} I\right) e_{0}=\| \\
& =\left\|(C-B) e_{0}\right\| \leqq\|C-B\|\left\|e_{0}\right\|=\|C-B\|,
\end{aligned}
$$

because $e_{0} \in \operatorname{ker}\left(B-\lambda_{0} I\right),\left\|e_{0}\right\|=1$ and $w_{0}=e_{0}$. The theorem is proved.
Remark 2. The estimate $\left|\lambda^{*}-\lambda_{0}\right| \leqq\|C-B\|$ for completely continuous linear operators $C, B$ was derived by H. Weyl [10]. This estimate can be obtained in a more general setting also in the following way. Compare also [7], [11].

Proposition 1. Let $X$ be a real Hilbert space, $B: X \rightarrow X, C: X \rightarrow X$ linear selfadjoint operators. Assume that $\sigma_{c}(C)=\emptyset$ and that $\lambda_{0} \nsubseteq \sigma(C)$ is an eigenvalue of $B$. If $\lambda^{*}$ is an eigenvalue of $C$ such that $\lambda^{*}$ is nearest to $\lambda_{0}$ from the both sides, then $\left|\lambda^{*}-\lambda_{0}\right| \leqq\|B-C\|$.

Proof. First of all, $B, C$ are bounded by the closed-graph theorem. Since $\lambda_{0} \notin \sigma(C)$, there exists a bounded linear operator $R_{\lambda_{0}}=\left(C-\lambda_{0} I\right)^{-1}$ and $R_{\lambda_{0}}$ is defined on the whole space $X$. Moreover, $R_{\lambda_{0}}$ is self-adjoint. Since the function $f(\lambda)=1 /\left|\lambda-\lambda_{0}\right|$ is continuous on the compact set $\sigma(C)$, the spectral mapping theorem implies that

$$
\left\|R_{\lambda_{0}}\right\|=\max _{\lambda \in \sigma(C)} \frac{1}{\left|\lambda-\lambda_{0}\right|}=\max _{\lambda \in \sigma_{P}(C)} \frac{1}{\left|\lambda-\lambda_{0}\right|}=\frac{1}{\mid \lambda^{*}} \frac{1}{-\lambda_{0} \mid} .
$$

Let $e_{0} \in \operatorname{ker}\left(B-\lambda_{0} I\right),\left\|e_{0}\right\|=1$. As $\lambda_{0} \notin \sigma(C)$, we have $\left\|\left(C-\lambda_{0} I\right) e_{0}\right\|>0$ and

$$
\begin{gathered}
\left|\lambda^{*}-\lambda_{0}\right|=\frac{1}{\left\|R_{\lambda_{0}}\right\|} \frac{\left\|\left(C-\lambda_{0} I\right) e_{0}\right\|}{\left\|\left(C-\lambda_{0} I\right) e_{0}\right\|}, \\
1=\left\|e_{0}\right\|=\left\|R_{\lambda_{0}}\left(C-\lambda_{0} I\right) e_{0}\right\| \leqq\left\|R_{\lambda_{0}}\right\| \cdot\left\|\left(C-\lambda_{0} I\right) e_{0}\right\| .
\end{gathered}
$$

From the above relations we conclude that $\left|\lambda^{*}-\lambda_{0}\right| \leqq\left\|\left(C-\lambda_{0}\right) e_{0}\right\|$. Since $e_{0} \in \operatorname{ker}\left(B-\lambda_{0} I\right)$ and $\left\|e_{0}\right\|=1$, we have

$$
\left|\lambda^{*}-\lambda_{0}\right| \leqq\left\|C e_{0}-B e_{0}\right\| \leqq\|C-B\|\left\|e_{0}\right\|=\|C-B\|
$$

as required.
Theorem 5. Let $X$ be a real Hilbert space, $B: X \rightarrow X$ a linear self-adjoint operator, $\lambda^{*}$ an eigenvalue of $B$. Let $\lambda_{0}$ be a real number, $\lambda_{0} \notin \sigma(B)$, and $\lambda^{*}$ be nearest to $\lambda_{0}$ from the both sides. Suppose that the initial approximation $u_{0}$ of $\left(u_{n}\right)$, where $\left(u_{n}\right)$ is defined by $(1)$ with $A=\alpha I-\left(B-\lambda_{0} I\right)^{2}, \alpha>\left\|\left(B-\lambda_{0} I\right)^{2}\right\|$ is not orthogonal to $\operatorname{ker}\left(B-\lambda^{*} I\right)$.

Then $\left\|\left(B-\lambda_{0} I\right) w_{n}\right\| \searrow\left|\lambda^{*}-\lambda_{0}\right|,\left\|u_{n}-N e_{0}\right\| \rightarrow 0,\left\|w_{n}-e_{0}\right\| \rightarrow 0$ as $n \rightarrow \infty$, where

$$
N=\sup _{n}\left\|u_{n}\right\|, \quad e_{0} \in \operatorname{ker}\left(B-\lambda^{*} I\right), \quad\left\|e_{0}\right\|=1
$$

Proof. Put $A=\alpha I-\left(B-\lambda_{0} I\right)^{2}$, where $\alpha$ is an arbitrary positive number such that $\alpha>\left\|\left(B-\lambda_{0} I\right)^{2}\right\|$. Then $A$ is a linear positive definite self-adjoint operator with the greatest eigenvalue $\lambda_{1}=\alpha-\left(\lambda^{*}-\lambda_{0}\right)^{2}$, while $\operatorname{ker}\left(A-\lambda_{1} I\right)=$ $=\operatorname{ker}\left(B-\lambda^{*} I\right)$. Since $u_{0} \notin \operatorname{ker}\left(B-\lambda^{*} I\right)^{\perp}$, we have $u_{0} \notin \operatorname{ker}\left(A-\lambda_{1} I\right)^{\perp}$. According to Theorem 3[2] we have $\left\langle A w_{n}, w_{n}\right\rangle \nearrow \lambda_{1}$ and $\left\|u_{n}-N e_{0}\right\| \rightarrow 0$ as $n \rightarrow \infty$, where $e_{0} \in \operatorname{ker}\left(A-\lambda_{1} I\right), \quad\left\|e_{0}\right\|=1, \quad N=\sup _{n}\left\|u_{n}\right\|<\infty$. Hence $\left\|\left(B-\lambda_{0} I\right) w_{n}\right\| \downarrow$ $\searrow\left|\lambda^{*}-\lambda_{0}\right|,\left\|w_{n}-e_{0}\right\| \rightarrow 0$ as $n \rightarrow \infty$, while $e_{0} \in \operatorname{ker}\left(B-\lambda^{*} I\right),\left\|e_{0}\right\|=1$.
Indeed, since $\left(u_{n}\right)$ is bounded monotone increasing ([1]), $\left\|u_{n}\right\| \rightarrow N$ as $n \rightarrow \infty$ and $u_{0} \neq 0$, we have the

$$
\begin{gathered}
\left\|w_{n}-e_{0}\right\|=\frac{\left\|u_{n}-\right\| u_{n}\left\|e_{0}\right\|}{\left\|u_{n}\right\|} \leqq \\
\leqq\left\|u_{0}\right\|^{-1}\left(\left\|u_{n}-N e_{0}\right\|+\left\|N e_{0}-\right\| u_{n}\left\|e_{0}\right\|\right) \rightarrow 0
\end{gathered}
$$

as $n \rightarrow \infty$, which concludes the proof.
Theorem 6. In addition to the assumptions of Theorem 2 assume that $\lambda_{1}$ is an isolated point of the spectrum $\sigma(A)$ of $A$ (i.e. there exists a constant $M>0$ such that $\left.\sigma(A)-\left\{\lambda_{1}\right\} \subset[m, M]\right)$.

Then there exists an integer $n_{0}$ such that

$$
\mu_{n+1} \leqq \lambda_{1} \leqq \mu_{n+1}+\left(\left\|A w_{n}\right\|^{2}-\mu_{n+1}^{2}\right)^{1 / 2}
$$

holds for each $n \geqq n_{0}$.
Proof. Since $\lambda_{1}$ is an isolated point of $\sigma(A)$, then $\lambda_{1}$ is an eigenvalue of $A$. By Theorem 3 [2] and Theorem 2 we have that $\mu_{n} \nearrow \lambda_{1}$ and $\left\|A w_{n}\right\|^{2}-\mu_{n+1}^{2} \rightarrow 0$ as $n \rightarrow \infty$. Furthermore,

$$
\begin{gathered}
\left\|A w_{n}\right\|^{2}=\left\langle A^{2} w_{n}, w_{n}\right\rangle=\int_{m}^{\lambda_{1}} \lambda^{2} \mathrm{~d}\left\langle E_{\lambda} w_{n}, w_{n}\right\rangle \\
\mu_{n+1}=\left\langle A w_{n}, w_{n}\right\rangle=\int_{m}^{\lambda_{1}} \lambda \mathrm{~d}\left\langle E_{\lambda} w_{n}, w_{n}\right\rangle \\
\left\|w_{n}\right\|^{2}=\int_{m}^{\lambda_{1}} \mathrm{~d}\left\langle E_{\lambda} w_{n}, w_{n}\right\rangle .
\end{gathered}
$$

Hence

$$
\begin{gathered}
\left\|A w_{n}\right\|^{2}-\mu_{n+1}^{2}=\left\|A w_{n}-\mu_{n+1} w_{n}\right\|^{2}=\int_{m}^{\lambda_{1}} \lambda^{2} \mathrm{~d}\left\|E_{\lambda} w_{n}\right\|^{2}- \\
-2 \mu_{n+1} \int_{m}^{\lambda_{1}} \lambda \mathrm{~d}\left\|E_{\lambda} w_{n}\right\|^{2}+\mu_{\tau+n}^{2} \int_{m}^{\lambda_{1}} \mathrm{~d}\left\|E_{\lambda} w_{n}\right\|^{2}=\int_{m}^{\lambda_{1}}\left(\lambda-\mu_{n+1}\right)^{2} \mathrm{~d}\left\|E_{\lambda} w_{n}\right\|^{2} .
\end{gathered}
$$

Since $\lambda_{1}$ is an isolated point of $\sigma(A)$ and $\mu_{n} \nearrow \lambda_{1}$, there exists an integer $n_{0}$ such that $\mu_{n} \in\left[\frac{1}{2}\left(M+\lambda_{1}\right), \lambda_{1}\right]$ for each $n \geqq n_{0}$. Hence we have for each fixed $n \geqq n_{0}$

$$
\begin{gathered}
\left\|A w_{n}\right\|^{2}-\mu_{n+1}^{2}=\int_{m}^{\lambda_{1}}\left(\lambda-\mu_{n+1}\right)^{2} \mathrm{~d}\left\langle E_{\lambda} w_{n}, w_{n}\right\rangle \geqq \\
\geqq \inf _{\lambda \in \sigma(A)}\left|\lambda-\mu_{n+1}\right|^{2} \int_{m}^{\lambda_{1}} \mathrm{~d}\left\langle E_{\lambda} w_{n}, w_{n}\right\rangle= \\
=\inf _{\lambda \in \sigma(A)}\left|\lambda-\mu_{n+1}\right|^{2} \geqq \\
\geqq \inf \left\{\left(\lambda_{1}-\mu_{n+1}\right)^{2},\left|M-\mu_{n+1}\right|^{2}\right\}=\left(\lambda_{1}-\mu_{n+1}\right)^{2}
\end{gathered}
$$

The desired inequalities follow at once from the fact that $\mu_{n} \lambda \lambda_{1}$ and the last relation. The theorem is proved.

Proposition 2. Let $X$ be a real Hilbert space, $A: X \rightarrow X$ a linear positive definite and self-adjoint operator. Assume that the starting approximation $u_{0}$ of (1) is such that $E_{\lambda} u_{0} \neq u_{0}$ for each $\lambda<\lambda_{1}$. If $\varepsilon$ is such that $0<\varepsilon<\lambda_{1}-m$, then

$$
\lambda_{1} \geqq m^{3 / 2} \frac{\left\|E_{\lambda_{1}-\varepsilon} u_{n-1}\right\|}{\left\langle A u_{n}, u_{n}\right\rangle^{1 / 2}}, \quad n=1,2, \ldots
$$

Moreover, there exists an integer $n_{0}$ such that

$$
\lambda_{1}<a_{0}^{-2} m^{-2 n}\left\langle A u_{n}, u_{n}\right\rangle \prod_{k=1}^{n} \mu_{k}^{2}
$$

holds for each $n \geqq n_{0}$, where $a_{0}^{2}=\left\|u_{0}\right\|^{2}-\left\|E_{\lambda_{1}-\varepsilon} u_{0}\right\|^{2}>0$.
Proof. Assume that $0<\varepsilon<\lambda_{1}-m$. Then according to our hypothesis $E_{\lambda_{1}-\varepsilon} u_{0} \neq u_{0}$. Applying the projector $E_{\lambda_{1}-\varepsilon}$ to the equality (1) we obtain that

$$
\left\|E_{\lambda_{1}-\varepsilon} u_{n}\right\|^{2}=\mu_{n}^{-2}\left\|E_{\lambda_{1}-\varepsilon} A u_{n-1}\right\|^{2}=\mu_{n}^{-2}\left\|A E_{\lambda_{1}-\varepsilon} u_{n-1}\right\|^{2} .
$$

Since

$$
\begin{aligned}
& \left\|A E_{\lambda_{1}-\varepsilon} u_{n-1}\right\|^{2}=\left\langle A^{2} E_{\lambda_{1}-\varepsilon} u_{n-1}, u_{n-1}\right\rangle= \\
& =\int_{m}^{\lambda_{1}} \lambda^{2} \mathrm{~d}\left\langle E_{\lambda} E_{\lambda_{1}-\varepsilon} u_{n-1}, u_{n-1}\right\rangle= \\
& =\int_{m}^{\lambda_{1}-\varepsilon} \lambda^{2} \mathrm{~d}\left\|E_{\lambda} u_{n-1}\right\|^{2} \geqq m^{2}\left\|E_{\lambda_{1}-\varepsilon} u_{n-1}\right\|^{2},
\end{aligned}
$$

we obtain that

$$
\begin{equation*}
\left\|E_{\lambda_{1}-\varepsilon} u_{n}\right\| \geqq \frac{m}{\lambda_{1}}\left\|E_{\lambda_{1}-\varepsilon} u_{n-1}\right\| . \tag{2}
\end{equation*}
$$

On the other hand,

$$
\begin{equation*}
\left\|E_{\lambda_{1}-\varepsilon} u_{n}\right\| \leqq\left\|u_{n}\right\| \leqq m^{-1 / 2}\left\langle A u_{n}, u_{n}\right\rangle^{1 / 2} . \tag{3}
\end{equation*}
$$

The relations (2), (3) immediately yield the first assertion.
We prove the second estimate in our theorem. Let $R\left(E_{\lambda_{1}-\varepsilon}\right)$ be the range of $E_{\lambda_{1}-\varepsilon}$, where $0<\varepsilon<\lambda_{1}-m$. Since $E_{\lambda_{1}-\varepsilon}$ is a continuous projector, $R\left(E_{\lambda_{1}-\varepsilon}\right)$ is a closed subspace of $X$. Denote by $R\left(E_{\lambda_{1}-\varepsilon}\right)^{\perp}$ the orthogonal complement to $R\left(E_{\lambda_{1}-\varepsilon}\right)$. Put $P_{\varepsilon}=I-E_{\lambda_{1}-\varepsilon}$, i.e. $P_{\varepsilon}=E_{\lambda_{1}}-E_{\lambda_{1}-\varepsilon}, w_{n}=u_{n}\| \| u_{n} \|$. We shall show that

$$
\begin{equation*}
\lambda_{1} \leqq\left\langle A u_{n}, u_{n}\right\rangle\left\|P_{\varepsilon} u_{n}\right\|^{-2}+\varepsilon \tag{4}
\end{equation*}
$$

for sufficiently large $n$ and a fixed $\varepsilon$ satisfying the inequality $0<\varepsilon<\lambda_{1}-m$. Each element $w_{n}$ of the sequence $\left(w_{n}\right)$ can be uniquely expressed in the form $w_{n}=a_{n}^{(\varepsilon)} g_{n}+$ $+b_{n}^{(\varepsilon)} \tilde{z}_{n}$, where $g_{n} \in R\left(E_{\lambda_{1}-\varepsilon}\right)^{\perp}, \tilde{z}_{n} \in R\left(E_{\lambda_{1}-\varepsilon}\right)$ and $\left\|g_{n}\right\|=\left\|\tilde{z}_{n}\right\|=1,\left(a_{n}^{(\varepsilon)}\right)^{2}+\left(b_{n}^{(\varepsilon)}\right)^{2}=$ $=1$. Then $P_{\varepsilon} w_{n}=a_{n}^{(\varepsilon)} g_{n}$ and $\left\|P_{\varepsilon} w_{n}\right\|^{2}=\left(a_{n}^{(\varepsilon)}\right)^{2}$ and

$$
\begin{gathered}
\lambda_{1} \geqq \mu_{n}=\left\langle A w_{n}, w_{n}\right\rangle=\left(a_{n}^{(\varepsilon)}\right)^{2}\left\langle A g_{n}, g_{n}\right\rangle+\left(b_{n}^{(\varepsilon)}\right)^{2}\left\langle A \tilde{z}_{n}, \tilde{z}_{n}\right\rangle \geqq \\
\geqq\left(a_{n}^{(\varepsilon)}\right)^{2}\left\langle A g_{n}, g_{n}\right\rangle \geqq\left\|P_{\varepsilon} w_{n}\right\|^{2}\left(\lambda_{1}-\varepsilon\right) .
\end{gathered}
$$

(See the proof of Theorem 6 [2].) Moreover, it has been shown [2] that $\lim _{n \rightarrow \infty}\left(b_{n}^{(\varepsilon)}\right)^{2}=$ $=0$ for each fixed $\varepsilon, 0<\varepsilon<\lambda_{1}-m$. Therefore $\left(a_{n}^{(\varepsilon)}\right)^{2}=\left\|P_{\varepsilon} w_{n}\right\|^{2} \rightarrow 1$ as $n \rightarrow \infty$
and therefore there exists an integer $n_{0}$ such that $\left\|P_{\varepsilon} w_{n}\right\|>0$ for each $n \geqq n_{0}$. Hence (4) is valid for each $n \geqq n_{0}$.

Now we estimate $\left\|P_{\varepsilon} u_{n}\right\|$. By the definition of $P_{\varepsilon}$ we have

$$
\left\|P_{\varepsilon} u_{n}\right\|^{2}=\left\|u_{n}-E_{\lambda_{1}-\varepsilon} u_{n}\right\|^{2}=\left\|u_{n}\right\|^{2}-\left\|E_{\lambda_{1}-\varepsilon} u_{n}\right\|^{2} .
$$

By (1) we get $\left\|u_{n}\right\|^{2}=\mu_{n}^{-2}\left\|A u_{n-1}\right\|^{2}$ and

$$
\begin{equation*}
\left\|E_{\lambda_{1}-\varepsilon} u_{n}\right\|^{2}=\mu_{n}^{-2}\left\|A E_{\lambda_{1}-\varepsilon} u_{n-1}\right\|^{2} \tag{5}
\end{equation*}
$$

Now

$$
\begin{gather*}
\left\|A E_{\lambda_{1}-\varepsilon} u_{n-1}\right\|^{2}=\left\langle A^{2} E_{\lambda_{1}-\varepsilon} u_{n-1}, u_{n-1}\right\rangle=  \tag{6}\\
=\int_{m}^{\lambda_{1}-\varepsilon} \lambda^{2} \mathrm{~d}\left\langle E_{\lambda} u_{n-1}, u_{n-1}\right\rangle
\end{gather*}
$$

Hence

$$
\begin{gathered}
\left\|u_{n}\right\|^{2}-\left\|E_{\lambda_{1}-\varepsilon} u_{n}\right\|^{2}=\mu_{n}^{-2}\left(\left\langle A^{2} u_{n-1}, u_{n-1}\right\rangle-\left\langle A^{2} E_{\lambda_{1}-\varepsilon} u_{n-1}, u_{n-1}\right\rangle\right)= \\
=\mu_{n}^{-2} \int_{\lambda_{1}-\varepsilon}^{\lambda_{1}} \lambda^{2} \mathrm{~d}\left\langle E_{\lambda} u_{n-1}, u_{n-1}\right\rangle \geqq \\
\geqq\left(\lambda_{1}-\varepsilon\right)^{2} \mu_{n}^{-2}\left(\left\|u_{n-1}\right\|^{2}-\left\|E_{\lambda_{1}-\varepsilon} u_{n-1}\right\|^{2}\right)>m^{2} \mu_{n}^{-2}\left\|P_{\varepsilon} u_{n-1}\right\|^{2} .
\end{gathered}
$$

Therefore

$$
\begin{aligned}
& \left\|P_{\varepsilon} u_{n}\right\|^{2}>m^{2} \mu_{n}^{-2}\left\|P_{\varepsilon} u_{n-1}\right\|^{2}>\ldots>m^{2 n} \mu_{n}^{-2} \mu_{n-1}^{-2} \ldots \mu_{1}^{-2}\left\|P_{\varepsilon} u_{0}\right\|^{2}= \\
= & m^{2 n}\left\|u_{0}-E_{\lambda_{1}-\varepsilon} u_{0}\right\|^{2} \prod_{k=1}^{n} \mu_{k}^{-2}=m^{2 n}\left(\left\|u_{0}\right\|^{2}-\left\|E_{\lambda_{1}-\varepsilon} u_{0}\right\|^{2}\right) \prod_{k=1}^{n} \mu_{k}^{-2}>0,
\end{aligned}
$$

for $\left\|\left(I-E_{\lambda_{1}-\varepsilon}\right) u_{0}\right\|>0$. This inequality together with the relation (4) give our estimate.

Remark 3. Let us point out that the asymptotic estimates corresponding to that of Proposition 2 are not efficient. Under the conditions of Proposition 2 the estimate

$$
m^{1+1 / 2 n} \frac{\left\|E_{\lambda_{1}-\varepsilon} u_{0}\right\|^{1 / n}}{\left\langle A u_{n} ; u_{n}\right\rangle} \leqq \lambda_{1}
$$

is valid for each $n(n=0,1,2, \ldots)$. Indeed, (2) implies that

$$
\left\|E_{\lambda_{1}-\varepsilon} u_{n}\right\| \geqq \frac{m}{\lambda_{1}}\left\|E_{\lambda_{1}-\varepsilon} u_{n-1}\right\| \geqq \ldots \geqq\left(\frac{m}{\lambda_{1}}\right)^{n}\left\|E_{\lambda_{1}-\varepsilon} u_{0}\right\|
$$

Hence the last inequalities and (3) give the desired result. Moreover, there exists an integer $n_{0}$ such that $\left\|E_{\lambda_{1}-\varepsilon} u_{n+1}\right\| \leqq\left\|E_{\lambda_{1}-\varepsilon} u_{n}\right\|$ for each $n \geqq n_{0}$. Indeed, from (6) we have that

$$
\left\|A E_{\lambda_{1}-\varepsilon} u_{n+1}\right\| \leqq\left(\lambda_{1}-\varepsilon\right)\left\|E_{\lambda_{1}-\varepsilon} u_{n}\right\|, \quad n=0,1,2, \ldots
$$

According to (5),

$$
\left\|E_{\lambda_{1}-\varepsilon} u_{n+1}\right\| \leqq \frac{\lambda_{1}-\varepsilon}{\mu_{n+1}}\left\|E_{\lambda_{1}-\varepsilon} u_{n}\right\|
$$

for each $n(n=0,1,2, \ldots)$. By Theorem $1[1], \mu_{n} \nearrow \lambda_{1}$. Therefore there exists an integer $n_{0}$ such that $\left(\lambda_{1}-\varepsilon\right) \mu_{n}^{-1} \leqq 1$ for each $n \geqq n_{0}$. Hence $\left\|E_{\lambda 1-\varepsilon} u_{n+1}\right\| \leqq$ $\leqq\left\|E_{\lambda_{1}-\varepsilon} u_{n}\right\|$ for each $n \geqq n_{0}$.

To establish further estimates we use Lemma 1 [2] which reads if the initial approximation $u_{0}$ of (1) is not orthogonal to $\operatorname{ker}\left(A-\lambda_{1} I\right) \neq(0)$, then each element $u_{n}$ of the sequence $\left(u_{n}\right)$ defined by (1) is of the form $u_{n}=a_{n} e_{0}+z_{n}$, where $z_{n} \in$ $\in \operatorname{ker}\left(A-\lambda_{1} I\right)^{\perp}$ and $a_{n}>0$ for each $n(n=0,1,2, \ldots), e_{0} \in \operatorname{ker}\left(A-\lambda_{1} I\right)$, $\left\|e_{0}\right\|=1$.

Theorem 7. Let $X$ be a real Hilbert space, $A: X \rightarrow X$ a linear positive and selfadjoint operator such that $\lambda_{1}$ is an isolated point of $\sigma(A)$ (i.e. there exists a constant $M>0$ such that $\left.\sigma(A)-\left\{\lambda_{1}\right\} \subset[m, M]\right)$. Assume that the starting approximation $u_{0}$ of the procedure (1) is not orthogonal to $\operatorname{ker}\left(A-\lambda_{1} I\right)$.

Then
(8) $\left(\lambda_{1}-M\right) m \mu_{n+1}^{-2}\left\|z_{n-1}\right\|^{2} \leqq \lambda_{1}-\mu_{n+1} \leqq \alpha_{n}^{2} \alpha_{n-1}^{2} \ldots \alpha_{0}^{2}\left(\lambda_{1}-m\right)\left\|z_{0}\right\|^{2}\left\|u_{0}\right\|^{-2}$,

$$
\begin{equation*}
\left\|w_{n+1}-\left\langle w_{n+1}, e_{0}\right\rangle e_{0}\right\|\left\langle\alpha_{n} \alpha_{n-1} \ldots \alpha_{0}\left\|w_{0}-\left\langle w_{0}, e_{0}\right\rangle e_{0}\right\|\right. \tag{9}
\end{equation*}
$$

for each $n$, where

$$
\alpha_{n}=\left[1-\frac{a_{n}^{2}}{\left\|u_{n}\right\|^{2}}\left(1-\frac{M}{\lambda_{1}}\right)\right]^{1 / 2},
$$

$0<\alpha_{n}<\alpha_{n-1}<\ldots<\alpha_{0}<1, a_{n}, z_{n}$ are elements from the representation of $u_{n}$, $e_{0} \in \operatorname{ker}\left(A-\lambda_{1} I\right),\left\|e_{0}\right\|=1$ and $\alpha_{n} \leqq\left[1-\left(1-\left(M / \mu_{n}\right)^{2}\right)\left(1-M / \lambda_{1}\right)\right]^{1 / 2}$ for sufficiently large $n$.

Proof. First of all we derive (9). Since $\lambda_{1}$ is an isolated point of $\sigma(A), \lambda_{1}$ is an eigenvalue of $A$. According to Lemma 1 [2] each element $u_{n}$ defined by (1) can be represented in the form $u_{n}=a_{n} e_{0}+z_{n}$, where $\left\|e_{0}\right\|=1, e_{0} \in \operatorname{ker}\left(A-\lambda_{1} I\right), z_{n} \in$ $\in \operatorname{ker}\left(A-\lambda_{1} I\right)^{\perp}$ and the constants $a_{n}$ are positive. Put

$$
v_{n}=z_{n} /\left\|u_{n}\right\|, \quad c_{n}=a_{n} /\left\|u_{n}\right\|, \quad u_{n+1}^{(1)}=u_{n+1} /\left\|u_{n}\right\|
$$

Then $w_{n}=c_{n} e_{0}+v_{n}, \mu_{n+1}=\left\langle A w_{n}, w_{n}\right\rangle$ and

$$
u_{n+1}^{(1)}=\mu_{n+1}^{-1} A w_{n}=\mu_{n+1}^{-1}\left(\lambda_{1} c_{n} e_{0}+A v_{n}\right)
$$

Set $\beta_{n+1}=\mu_{n+1}^{-1} \lambda_{1}, h_{n+1}=\mu_{n+1}^{-1} A v_{n}$. Then $u_{n+1}^{(1)}=\beta_{n+1} c_{n} e_{0}+h_{n+1}$ and $a_{n+1}=$ $=\beta_{n+1} c_{n}\left\|u_{n}\right\|, z_{n+1}=\left\|u_{n}\right\| h_{n+1}$. Since $c_{n}^{2}=1-\left\|v_{n}\right\|^{2}$, we have

$$
\mu_{n+1}=c_{n}^{2} \lambda_{1}+\left\langle A v_{n}, v_{n}\right\rangle=\lambda_{1}-r_{n}
$$

where $\quad r_{n}=\left\langle\left(\lambda_{1} I-A\right) v_{n}, v_{n}\right\rangle, \quad(n=0,1,2, \ldots)$. Hence $\beta_{n+1}=\lambda_{1}\left(\lambda_{1}-r_{n}\right)^{-1}$, $h_{n+1}=\left(\lambda_{1}-r_{n}\right)^{-1} A v_{n}$ for each $n(n=0,1,2, \ldots)$. We shall estimate the quantity

$$
\begin{equation*}
J=\frac{\left\|h_{n+1}\right\|^{2}}{\left\|u_{n+1}^{(1)}\right\|^{2}\left\|v_{n}\right\|^{2}}=1-\frac{\left\|u_{n+1}^{(1)}\right\|^{2}\left\|v_{n}\right\|^{2}-\left\|h_{n+1}\right\|^{2}}{\left\|u_{n+1}^{(1)}\right\|^{2}\left\|v_{n}\right\|^{2}} \tag{10}
\end{equation*}
$$

where $\left\|u_{n+1}^{(1)}\right\|^{2}=\beta_{n+1}^{2} c_{n}^{2}+\left\|h_{n+1}\right\|^{2}$. Using again $c_{n}^{2}=1-\left\|v_{n}\right\|^{2}$ and simple calculations, we get that

$$
\begin{equation*}
J=1-\frac{b_{n+1} c_{n}^{2}}{\left(\beta_{n+1}^{2}-b_{n+1}\right)\left\|v_{n}\right\|^{2}}, \tag{11}
\end{equation*}
$$

where $b_{n+1}=\beta_{n+1}^{2}\left\|v_{n}\right\|^{2}-\left\|h_{n+1}\right\|^{2}$. On the other hand, $\lambda_{1}=\|A\|,\left\|A v_{n}\right\|^{2} \leqq$ $\leqq \lambda_{1}\left\langle A v_{n} ; v_{n}\right\rangle$ imply that

$$
\begin{gathered}
b_{n+1}=\frac{1}{\left(\lambda_{1}-r_{n}\right)^{2}}\left(\lambda_{1}^{2}\left\|v_{n}\right\|^{2}-\left\|A v_{n}\right\|^{2}\right) \geqq \\
\geqq \frac{\lambda_{1}}{\left(\lambda_{1}-r_{n}\right)^{2}}\left\langle\left(\lambda_{1} I-A\right) v_{n}, v_{n}\right\rangle=\frac{\lambda_{1} r_{n}}{\left(\lambda_{1}-r_{n}\right)^{2}} .
\end{gathered}
$$

By our hypothesis $\lambda_{1}$ is an isolated point of $\sigma(A)$. Therefore the segment $\left(M, \lambda_{1}\right)$ belongs to the resolvent set of $A$ and thus the spectral family $\left\{E_{\lambda}\right\}$ is constant on ( $M, \lambda_{1}$ ). Hence

$$
\begin{aligned}
r_{n} & =\left\langle\left(\lambda_{1} I-A\right) v_{n}, v_{n}\right\rangle=\int_{m}^{\lambda_{1}}\left(\lambda_{1}-\lambda\right) \mathrm{d}\left\langle E_{\lambda} v_{n}, v_{n}\right\rangle= \\
& =\int_{m}^{M}\left(\lambda_{1}-\lambda\right) \mathrm{d}\left\langle E_{\lambda} v_{n}, v_{n}\right\rangle \geqq\left(\lambda_{1}-M\right)\left\|v_{n}\right\|^{2} .
\end{aligned}
$$

Furthermore, $\beta_{n+1}^{2}-b_{n+1} \leqq \lambda_{1}\left(\lambda_{1}-r_{n}\right)^{-1}$ and hence

$$
\begin{equation*}
\frac{b_{n+1}}{\beta_{n+1}^{2}-b_{n+1}} \geqq r_{n} \frac{1}{\lambda_{1}-r_{n}}>\frac{r_{n}}{\lambda_{1}} \geqq \frac{\lambda_{1}-M}{\lambda_{1}}\left\|v_{n}\right\|^{2} . \tag{12}
\end{equation*}
$$

Hence according to (10), (11), (12) and

$$
\begin{gather*}
\frac{\left\|z_{n+1}\right\|}{\left\|u_{n+1}\right\|}<\alpha_{n} \frac{\left\|z_{n}\right\|}{\left\|u_{n}\right\|},  \tag{13}\\
\frac{\left\|z_{n+1}\right\|}{\left\|u_{n+1}\right\|}=\left\|w_{n+1}-\left\langle w_{n+1}, e_{0}\right\rangle e_{0}\right\|,
\end{gather*}
$$

we obtain (9) with $\alpha_{k}=\left[1-\left(a_{k}\left\|u_{k}\right\|^{-1}\right)^{2}\left(1-M \lambda_{1}^{-1}\right)\right]^{1 / 2}$ for each $k(k=$ $=0,1,2, \ldots, n)$. Clearly, $0<\alpha_{k}<1$ for $\left\|z_{k}\right\| \leqq\left\|u_{k}\right\|$ and $M<\lambda_{1}$. We have that $\left\|z_{k+1}\right\| /\left\|u_{k+1}\right\|<\left\|z_{k}\right\| /\left\|u_{k}\right\|$ and moreover, $c_{k}^{2}+\left\|v_{k}\right\|^{2}=c_{k+1}^{2}+\left\|v_{k+1}\right\|^{2}=1$ for each $k$. Hence $a_{k+1}^{2} /\left\|u_{k+1}\right\|^{2}>a_{k}^{2} /\left\|u_{k}\right\|^{2}$ and therefore $\alpha_{k+1}<\alpha_{k}<1$ for each $k$, for $a_{k}^{2}=\left\|u_{k}\right\|^{2}-\left\|z_{k}\right\|^{2}$.

We shall prove (8). Again, one can express each element $u_{n}$ of $\left(u_{n}\right)$ in the form $u_{n}=a_{n} e_{0}+z_{n}$, where $e_{0} \in \operatorname{ker}\left(A-\lambda_{1} I\right),\left\|e_{0}\right\|=1, z_{n} \in \operatorname{ker}\left(A-\lambda_{1} I\right)^{\perp}$ and $a_{n}>0$. We have

$$
\begin{gather*}
\lambda_{1}-\mu_{n+1}=\left(\lambda_{1}\left\|u_{n}\right\|^{2}-\left\langle A u_{n}, u_{n}\right\rangle\right)\left\|u_{n}\right\|^{-2}=  \tag{14}\\
=\left(\lambda_{1}\left\|z_{n}\right\|^{2}-\left\langle A z_{n}, z_{n}\right\rangle\right)\left\|u_{n}\right\|^{-2}=\left\langle\left(\lambda_{1} I-A\right) z_{n}, z_{n}\right\rangle\left\|u_{n}\right\|^{-2} .
\end{gather*}
$$

Now

$$
\begin{equation*}
\left\langle\left(\lambda_{1} I-A\right) z_{n}, z_{n}\right\rangle \geqq\left(\lambda_{1}-M\right)\left\|z_{n}\right\|^{2} . \tag{15}
\end{equation*}
$$

Moreover, the orthogonal projection of $u_{n+1}=\mu_{n+1}^{-1} A u_{n}$ onto $\operatorname{ker}\left(A-\lambda_{1} I\right)^{\perp}$ is equal to $z_{n+1}$, where $z_{n+1}=\mu_{n+1}^{-1} A z_{n}$. Then

$$
\begin{equation*}
\left\|z_{n+1}\right\|^{2}=\mu_{n+1}^{-2}\left\langle A^{2} z_{n}, z_{n}\right\rangle= \tag{16}
\end{equation*}
$$

$$
=\mu_{n+1}^{-2} \int_{m}^{\lambda_{1}} \lambda^{2} \mathrm{~d}\left\langle E_{\lambda} z_{n}, z_{n}\right\rangle \geqq\left(\frac{m}{\mu_{n+1}}\right)^{2} \int_{m}^{\lambda_{1}} \mathrm{~d}\left\langle E_{\lambda} z_{n}, z_{n}\right\rangle=\left(\frac{m}{\mu_{n+1}}\right)^{2}\left\|z_{n}\right\|^{2} .
$$

Now (14), (15), (16) give the first estimate in (8). Since $\sigma\left(\lambda_{1} I-A\right)$ lies on the segment $\left[\lambda_{1}-M, \lambda_{1}-m\right]$ we have that

$$
\lambda_{1}-\mu_{n+1} \leqq\left(\lambda_{1}-m\right)\left\|z_{n}\right\|^{2} \cdot\left\|u_{n}\right\|^{-2} .
$$

Using (13) we obtain the other part of (8). The estimate of $\alpha_{n}$ follows at once from the expression for $\alpha_{n}$ and the inequality $a_{n} \geqq\left(1-\left(M / \mu_{n}\right)^{2}\right)\left\|u_{n}\right\|^{2}$, which holds for sufficiently large $n$ [3]. The theorem is proved.

Remark 4. The estimates (8), (9) show that the convergence of $\mu_{n}$ to $\lambda_{1}$ and the so called directional convergence of $w_{n}$ to $e_{0}$ are better than the rate of convergence of the geometric sequence with quotient $\alpha_{0}<1$. Let us point out that under more general conditions on $A$ and $X$, quite different estimates for (1) have been obtained by Marek [5] and Petryshyn [6].

Now assume that $A: X \rightarrow X$ is self-adjoint and positive definite. Put

$$
u_{n}^{(\alpha)}=\int_{m}^{\lambda_{1}} \lambda^{-\alpha / 2} \mathrm{~d} E_{\lambda} u_{n}=A^{-\alpha / 2} u_{n}
$$

$(\alpha=0, \pm 1, \pm 2, \ldots)$ and substitute $A^{\alpha / 2} u_{n}^{(\alpha)}$ for $u_{n}$ in (1). Then we obtain the procedures

$$
\begin{align*}
& \mu_{n+1}^{(\alpha)}=\left\langle A^{\alpha+1} u_{n}^{(\alpha)}, u_{u}^{(\alpha)}\right\rangle \cdot\left\|A^{\alpha / 2} u_{n}^{(\alpha)}\right\|^{-2},  \tag{17}\\
& u_{n+1}^{(\alpha)}=\left(\mu_{n+1}^{(\alpha)}\right)^{-1} A u_{n}^{(\alpha)}, \\
& \left(u_{0}^{(\alpha)} \neq 0, u_{n}^{(0)}=u_{n}, \mu_{n+1}^{(0)}=\mu_{n+1}\right),
\end{align*}
$$

where $n=0,1,2, \ldots ; \alpha=0, \pm 1, \pm 2, \ldots$. For these procedures one can derive results similar to those of Theorems 1, 2, 3 [2], [1].

Put

$$
u_{n}^{(\alpha)}=\frac{u_{n}^{(\alpha)}}{\left\|n_{n}^{(\alpha)}\right\|}
$$

where $\alpha=0, \pm 1, \pm 2, \ldots, n=0,1,2, \ldots, u_{n}^{(0)}=u_{n}, w_{n}=w_{n}^{(0)}, u_{n}^{(\alpha)}=A^{-\alpha / 2} u_{n}$ and $\left(u_{n}\right)$ is defined by (1). Then

$$
\begin{gather*}
\left\langle A w_{n}^{(\alpha)}, w_{n}^{(\alpha)}\right\rangle=\frac{\left\langle A^{1-\alpha} u_{n}, u_{n}\right\rangle}{\left\langle A^{-\alpha} u_{n}, u_{n}\right\rangle}  \tag{18}\\
(\alpha=0, \pm 1, \pm 2, \ldots, n=0,1,2, \ldots) .
\end{gather*}
$$

Theorem 9. Let $X$ be a real Hilbert space, $A: X \rightarrow X$ a linear positive definite and self-adjoint operator on $X$. Assume that $\lambda_{1}$ (not necessarily an isolated point of $\sigma(A)$ with finite multiplicity) is an eigenvalue of $A$ and that the starting approximation $u_{0}^{(\alpha)}$ of (17) is not orthogonal to $\operatorname{ker}\left(A-\lambda_{1} I\right)$.

Then $\left\langle A w_{n}^{(\alpha)}, w_{n}^{(\alpha)}\right\rangle \rightarrow \lambda_{1}$. If $\lambda_{1}$ is an isolated point of $\sigma(A)$, then $\left\|w_{n}^{(\alpha)}-e_{0}\right\| \rightarrow 0$ as $n \rightarrow \infty$, where $e_{0} \in \operatorname{ker}\left(A-\lambda_{1} I\right),\left\|e_{0}\right\|=1, \alpha=0, \pm 1, \pm 2, \ldots$.

Proof. The first part of our theorem follows at once from (18) and Theorem 3 [2]. Furthermore, by Theorem 3 [2] we have that $\left\|u_{n}-N e_{0}\right\| \rightarrow 0$ as $n \rightarrow \infty$, where $N=\sup \left\|u_{n}\right\|<+\infty$.

Since

$$
A^{-\alpha / 2} e_{0}=\int_{m}^{\lambda_{1}} \lambda^{-\alpha / 2} \mathrm{~d} E_{\lambda} e_{0}=\lambda_{1}^{-\alpha / 2} e_{0}
$$

and $A^{-\alpha / 2}$ is bounded, we obtain

$$
\begin{gathered}
\left\|u_{n}^{(\alpha)}-N \lambda_{1}^{-\alpha / 2} e_{0}\right\|=\left\|A^{-\alpha / 2} u_{n}-N A^{-\alpha / 2} e_{0}\right\| \leqq \\
\leqq\left\|A^{-\alpha / 2}\right\|\left\|u_{n}-N e_{0}\right\| \rightarrow 0
\end{gathered}
$$

as $n \rightarrow \infty$. By Lemma $1,2[1]$ the sequence $\left(\left\|u_{n}\right\|\right)_{n=1}^{\infty}$ is bounded monotone increasing with $u_{0} \neq 0$. Hence $\left(\left\|A^{-\alpha / 2} u_{n}\right\|\right)_{n=1}^{\infty}$ is bounded and $\left\|A^{-\alpha / 2} u_{n}\right\| \geqq m^{-\alpha / 2}\left\|u_{n}\right\| \geqq$ $\geqq m^{-\alpha / 2}\left\|u_{0}\right\|>0$ for each $n$. From $u_{n}^{(\alpha)}=A^{-\alpha / 2} u_{n} \rightarrow N A^{-\alpha / 2} e_{0}=\lambda_{1}^{-\alpha / 2} N e_{0}, n \rightarrow \infty$ we get that $\left\|u_{n}^{(\alpha)}\right\| \rightarrow N \lambda_{1}^{-\alpha / 2}$ and $\left\|u_{n}^{(\alpha)}\right\| e_{0} \rightarrow \lambda_{1}^{-\alpha / 2} N e_{0}$ as $n \rightarrow \infty$.

Since

$$
\begin{gathered}
\left\|w_{n}^{(\alpha)}-e_{0}\right\|=\left\|\frac{u_{n}^{(\alpha)}}{\left\|u_{n}^{(\alpha)}\right\|}-e_{0}\right\|=\frac{\left\|u_{n}^{(\alpha)}-\right\| u_{n}^{(\alpha)}\left\|e_{0}\right\|}{\left\|u_{n}^{(\alpha)}\right\|} \leqq \\
\leqq m^{\alpha / 2}\left\|u_{0}\right\|^{-1}\left(\left\|u_{n}^{(\alpha)}-N \lambda_{1}^{-\alpha / 2} e_{0}\right\|+\left\|N \lambda_{1}^{-\alpha / 2} e_{0}-\right\| u_{n}^{(\alpha)}\left\|e_{0}\right\|\right),
\end{gathered}
$$

$\left\|w_{n}^{(\alpha)}-e_{0}\right\| \rightarrow 0$ as desired.
We shall show that the rate of convergence of the sequences $\left(\left\langle A w_{n}^{(\alpha)}, w_{n}^{(\alpha)}\right\rangle\right)_{n=1}^{\infty}$ $(\alpha=-1,-2, \ldots)$ is not worse than the convergence of $\left(\left\langle A w_{n}, w_{n}\right\rangle\right)_{n=1}^{\infty}$. Indeed, the generalized Schwarz inequality gives

$$
\begin{gathered}
\left\langle A^{-\alpha} u_{n}, u_{n}\right\rangle^{2}=\left\langle A A^{-\alpha / 2} u_{n}, A^{-(\alpha / 2)-1} u_{m}\right\rangle^{2} \leqq \\
\leqq\left\langle A A^{-\alpha / 2} u_{n}, A^{-\alpha / 2} u_{n}\right\rangle\left\langle A A^{-(\alpha / 2)-1} u_{n}, A^{-\alpha / 2-1} u_{n}\right\rangle= \\
=\left\langle A^{1-\alpha} u_{n}, u_{n}\right\rangle\left\langle A^{-\alpha-1} u_{n}, u_{n}\right\rangle .
\end{gathered}
$$

Dividing this inequality by $\left\langle A^{-\alpha} u_{n}, u_{n}\right\rangle\left\langle A^{-x-1} u_{n}, u_{n}\right\rangle$, we obtain that

$$
\left\langle A w_{n}^{(\alpha+1)}, w_{n}^{(\alpha+1)}\right\rangle \leqq\left\langle A w_{n}^{(\alpha)}, w_{n}^{(\alpha)}\right\rangle
$$

for each $n$ and $\alpha(\alpha=0, \pm 1, \pm 2, \ldots)$. Hence

$$
\begin{aligned}
& \lambda_{1} \geqq \ldots \geqq\left\langle A w_{n}^{(-2)}, w_{n}^{(-2)}\right\rangle \geqq\left\langle A w_{n}^{(-1)}, w_{n}^{(-1)}\right\rangle \geqq \\
& \geqq\left\langle A w_{n}, w_{n}\right\rangle \geqq\left\langle A w_{n}^{(1)}, w_{n}^{(1)}\right\rangle \geqq\left\langle A w_{n}^{(2)}, w_{n}^{(2)}\right\rangle \geqq \ldots
\end{aligned}
$$

Let us remark that the assumption of the positive definiteness of $A$ in Theorem 8 is not essential. Indeed, if $A: X \rightarrow X$ is in general a self-adjoint operator on $X$, then $B=a I \pm A$, where $a$ is a constant such that $a>\|A\|$, is positive definite and self-adjoint on $X$. Using the above results one can obtain the extreme value $\lambda_{1}$ of $\sigma(A)$ and the eigenvectors corresponding to $\lambda_{1}$ of course provided $\lambda_{1}$ is an eigenvalue of $A$ ). If in general $A$ is only linear and bounded, then the derived theorems can be applied to the operator $T=A^{*} A$, which is self-adjoint and nonnegative, i.e. $T \geqq 0$.

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