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# A Carleson inequality for $B M O A$ functions with their derivatives on the unit ball 

Hasi Wulan


#### Abstract

The main purpose of this note is to give a new characterization of the wellknown Carleson measure in terms of the integral for $B M O A$ functions with their derivatives on the unit ball.


Keywords: Carleson measure, $B M O A$ functions, Hardy spaces
Classification: 32A10, 32A35

## 1. Introduction

Let $B$ denote the unit ball in $\mathbb{C}^{n}(n \geq 1)$, and $v$ the $2 n$-dimensional Lebesgue measure on $B$ normalized so that $v(B)=1$, while $\sigma$ is the normalized surface measure on the boundary $S$ of $B$.

For $z=\left(z_{1}, \ldots, z_{n}\right)$ and $w=\left(w_{1}, \ldots, w_{n}\right)$ in $\mathbb{C}^{n}$, we let $\langle z, w\rangle=z_{1} \bar{w}_{1}+$ $\cdots+z_{n} \bar{w}_{n}$ so that $|z|^{2}=\langle z, z\rangle$. For $\alpha=\left(\alpha_{1}, \ldots, \alpha_{n}\right)$ with each $\alpha_{i}$ a nonnegative integer, we write $|\alpha|=\alpha_{1}+\cdots+\alpha_{n}, z^{\alpha}=z_{1}^{\alpha_{1}} \cdots z_{n}^{\alpha_{n}}, \overline{w^{\alpha}}=\bar{w}_{1}^{\alpha_{1}} \cdots \bar{w}_{n}^{\alpha_{n}}$, and

$$
\frac{\partial^{|\alpha|} f(z)}{\partial z^{\alpha}}=\frac{\partial^{|\alpha|} f(z)}{\partial z_{1}^{\alpha_{1}} \cdots \partial z_{n}^{\alpha_{n}}}
$$

where $\partial^{0} f(z) / \partial z^{0}=f(z)$.
For $a \in B, a \neq 0$, let $\varphi_{a}$ denote the automorphism of $B$ taking 0 to $a$ defined by

$$
\varphi_{a}(z)=\frac{a-P_{a}(z)-\sqrt{\left(1-|z|^{2}\right)} Q_{a}(z)}{1-\langle z, a\rangle}
$$

where $P_{a}$ is the projection of $\mathbb{C}^{n}$ onto the one-dimensional subspace span of $a$ and $Q_{a}$ is $I-P_{a}$. If $a=0$, let $\varphi_{0}(z)=z$. For $0<r<1$ and $a \in B$, let $E(a, r)=\left\{z \in B:\left|\varphi_{a}(z)\right|<r\right\}$ as a pseudohyperbolic ball on $B$. It is easy to see that $E(a, r)=\varphi_{a}(r B)$ and $v(E(a, r)) \sim(1-|a|)^{n+1}$ (see $\left.[\mathrm{Ru}, 2.2 .7]\right)$, where the symbol " $\sim$ " indicates that the quantities have ratios bounded and bounded away from zero as $a$ varies.

The Hardy space $H^{p}(0<p<\infty)$ is defined as the space of holomorphic functions $f$ on $B$ satisfying

$$
\begin{equation*}
\|f\|_{p}=\sup _{0<r<1}\left\{\int_{S}|f(r \xi)|^{p} d \sigma(\xi)\right\}^{1 / p}<\infty \tag{1.1}
\end{equation*}
$$

The space $B M O A$ consists of the functions $f \in H^{1}$ for which

$$
\|f\|_{B M O A}=\sup \frac{1}{\sigma(Q)} \int_{Q}\left|f-f_{Q}\right| d \sigma<\infty
$$

where $f_{Q}$ denotes the averages of $f$ over $Q$ and the supremum is taken over all $Q=Q_{\delta}(\xi)=\{\eta \in S:|1-\langle\eta, \xi\rangle|<\delta\}$ for $\xi \in S$ and $0<\delta \leq 2$. Here we have identified $f$ with its boundary function.

In the work on interpolation by bounded analytic functions on the unit disc $\mathcal{D}$ of $\mathbb{C}, \mathrm{L}$. Carleson [Ca1], [Ca2] found the following well-known result:

Let $\mu$ be a positive measure on $\mathcal{D}$ and $0<p<\infty$. Then an estimate of the form

$$
\begin{equation*}
\left(\int_{\mathcal{D}}|f(z)|^{p} d \mu(z)\right)^{1 / p} \leq C_{p}\|f\|_{p} \tag{1.2}
\end{equation*}
$$

holds for all $f \in H^{p}$ if and only if there exists a constant $C^{\prime}>0$ such that

$$
\mu(S(I)) \leq C^{\prime}|I|
$$

for all $S(I)=\{z \in \mathcal{D}: z /|z| \in I, 1-|I| \leq|z|<1\}$, where $|I|$ denotes the arc length of the subarc $I$ on the unit circle and $S(I)=\mathcal{D}$ if $|I| \geq 1$. Here $\mu$ is called a Carleson measure on $\mathcal{D}$.

We say that a positive measure $\mu$ on $B$ is a Carleson measure if there exists a constant $C>0$ such that

$$
\mu\left(B_{\delta}(\xi)\right) \leq C \delta^{n}
$$

for all $\xi \in S$ and all $\delta(0<\delta \leq 2)$, where $B_{\delta}(\xi)=\{z \in B:|1-\langle z, \xi\rangle|<\delta\}$ is said to be a Carleson region. The definition above tells us that a Carleson measure is finite. Here and in the sequel, constants are denoted by $C$, they are positive and may differ from one occurrence to the other.

Hörmander [Hö] proved the higher dimensional version of Carleson's theorem above and gave a simple proof of Carleson's estimates. In this paper we shall give a new characterization of Carleson measures in terms of integrals for $B M O A$ functions with their derivatives on the unit ball. Our main result is the following:
Theorem 1. Let $\mu$ be a positive Borel measure on $B, 0<p<\infty$ and $\alpha$ a multiindex. Then there exists a constant $C>0$ such that

$$
\begin{array}{r}
\sup _{a \in B} \int_{B}\left|\frac{\partial^{|\alpha|} f(z)}{\partial z^{\alpha}}-\frac{\partial^{|\alpha|} f(a)}{\partial z^{\alpha}}\right|^{p} \frac{\left(1-|a|^{2}\right)^{n+\frac{3|\alpha| p}{2}}\left(1-|z|^{2}\right)^{\frac{|\alpha| p}{2}}}{|1-\langle z, a\rangle|^{2 n+2|\alpha| p}} d \mu(z)  \tag{1.3}\\
\leq C\|f\|_{B M O A}^{p}
\end{array}
$$

for all $f \in B M O A$ if and only if there exists a constant $C^{\prime}>0$ such that

$$
\begin{equation*}
\mu\left(B_{\delta}(\xi)\right) \leq C^{\prime} \delta^{n+|\alpha| p} \tag{1.4}
\end{equation*}
$$

for all $\xi \in S$ and all $\delta(0<\delta \leq 2)$.

## 2. Preliminary lemmas

Lemma 1. For $0<r<1$ let $a$ be a point in $B$ with $1-|a|<2\left(1+\sqrt{\frac{2}{1-r}}\right)^{-2}$. Then $E(a, r) \subset B_{\delta}(\xi)$, where $\xi=a /|a|$ and $\delta=(1-|a|)\left(1+\sqrt{\frac{2}{1-r}}\right)^{2}$.
Proof: By the identity ([Ru])

$$
1-\left|\varphi_{a}(z)\right|^{2}=\frac{\left(1-|a|^{2}\right)\left(1-|z|^{2}\right)}{|1-\langle z, a\rangle|^{2}}
$$

for $a \in B$ and $z \in E(a, r)$ we have (see [Je])

$$
\begin{equation*}
\frac{1-r}{1+r} \leq \frac{1-|a|^{2}}{1-|z|^{2}} \leq \frac{1+r}{1-r} \tag{2.1}
\end{equation*}
$$

and

$$
\begin{equation*}
|1-\langle z, a\rangle|^{2}=\frac{\left(1-|a|^{2}\right)\left(1-|z|^{2}\right)}{1-\left|\varphi_{a}(z)\right|^{2}} \leq 4\left(\frac{1-|a|}{1-r}\right)^{2} \tag{2.2}
\end{equation*}
$$

Let $\xi=a /|a|$. We obtain

$$
\begin{aligned}
|1-\langle z, \xi\rangle|^{\frac{1}{2}} & \leq|1-\langle z, a\rangle|^{\frac{1}{2}}+|1-\langle a, \xi\rangle|^{\frac{1}{2}} \\
& \leq(1-|a|)^{\frac{1}{2}}\left(1+\sqrt{\frac{2}{1-r}}\right) .
\end{aligned}
$$

Taking $\delta=(1-|a|)\left(1+\sqrt{\frac{2}{1-r}}\right)^{2}$ we get that $E(a, r) \subset B_{\delta}(\xi)$.
Lemma 2. Let $f \in B M O A$ and let $|\alpha|$ be a positive integer. Then there exists constant $C>0$ such that

$$
\begin{equation*}
\left|\frac{\partial^{|\alpha|} f(a)}{\partial z^{\alpha}}\right| \leq C\|f\|_{B M O A}(1-|a|)^{-|\alpha|} \tag{2.3}
\end{equation*}
$$

for all $a \in B$.
Proof: It is known that $B M O A \subset \mathcal{B}(B)$, where $\mathcal{B}(B)$ is the Bloch space of holomorphic functions $f$ on $B$ with $\|f\|_{B}=\sup \left\{\left(1-|z|^{2}\right)|\nabla f(z)|: z \in B\right\}<$ $\infty$, where $\nabla f(z)=\left(\partial f / \partial z_{1}, \cdots, \partial f / \partial z_{n}\right)$ is the analytic gradient of $f$. From Theorem A in $[\mathrm{Zh}]$, for $f \in B M O A$ and positive integer $|\alpha|$, we have

$$
\left|\frac{\partial^{|\alpha|} f(a)}{\partial z^{\alpha}}\right| \leq C\|f\|_{B}(1-|a|)^{-|\alpha|} \leq C\|f\|_{B M O A}(1-|a|)^{-|\alpha|}
$$

for all $a \in B$. Here we used the estimate $\|f\|_{B} \leq C\|f\|_{B M O A}$.

Lemma 3 ([Wu]). Let $\mu$ be a finite positive measure on $B, 0<r<1$ and $\beta>0$. Then

$$
\begin{equation*}
\sup _{a \in B} \int_{B}\left(\frac{1-|a|^{2}}{|1-\langle z, a\rangle|^{2}}\right)^{n+\beta} d \mu(z)<\infty \tag{2.4}
\end{equation*}
$$

if and only if there exists a constant $C>0$ such that

$$
\begin{equation*}
\mu(E(a, r)) \leq C(1-|a|)^{n+\beta} \tag{2.5}
\end{equation*}
$$

is fulfilled for all $a \in B$.

## 3. Proof of Theorem 1

We first consider the case $|\alpha|=0$. Suppose that (1.4) holds for all $\xi \in S$ and all $\delta(0<\delta \leq 2)$, that is, $\mu$ is a Carleson measure on $B$. For a holomorphic function $f$ on $B$ and $0<p<\infty$, from [Ch] we have that $\|f\|_{B M O A}<\infty$ implies

$$
\begin{equation*}
\sup _{a \in B}\left\{\int_{S}|f(\xi)-f(a)|^{p} \frac{\left(1-|a|^{2}\right)^{n}}{|1-\langle\xi, a\rangle|^{2 n}} d \sigma(\xi)\right\}^{1 / p}<\infty \tag{3.1}
\end{equation*}
$$

Thus for each $a \in B$ and each $f \in B M O A$ we have

$$
F_{a}(z)=(f(z)-f(a))\left(\frac{\left(1-|a|^{2}\right)^{n}}{(1-\langle z, a\rangle)^{2 n}}\right)^{1 / p} \in H^{p}, 0<p<\infty
$$

By Hörmander's result we have

$$
\int_{B}\left|F_{a}(z)\right|^{p} d \mu \leq C_{p} \int_{S}\left|F_{a}(\xi)\right|^{p} d \sigma(\xi)
$$

it follows that

$$
\begin{aligned}
& \sup _{a \in B}\left\{\int_{B}|f(z)-f(a)|^{p} \frac{\left(1-|a|^{2}\right)^{n}}{|1-\langle z, a\rangle|^{2 n}} d \mu(z)\right\}^{1 / p} \\
& \leq C^{\prime} \sup _{a \in B}\left\{\int_{S}|f(\xi)-f(a)|^{p} \frac{\left(1-|a|^{2}\right)^{n}}{|1-\langle\xi, a\rangle|^{2 n}} d \sigma(\xi)\right\}^{1 / p} \\
& \leq C^{\prime}\|f\|_{B M O A} .
\end{aligned}
$$

To prove that (1.4) follows from (1.3) we only need to prove that (1.4) is valid for all $\xi \in S$ and all $\delta\left(0<\delta \leq \frac{1}{4}\right)$ since $\mu$ is finite. For each $\xi \in S$ and each $\delta\left(0<\delta \leq \frac{1}{4}\right)$ we take $a^{\prime}=(1-2 \delta) \xi \in B$. For $z \in B_{\delta}(\xi)$ we have

$$
\begin{align*}
2 \delta & \leq\left|1-\left\langle z, a^{\prime}\right\rangle\right| \leq\left(|1-\langle z, \xi\rangle|^{\frac{1}{2}}+\left|1-\left\langle\xi, a^{\prime}\right\rangle\right|^{\frac{1}{2}}\right)^{2}  \tag{3.2}\\
& \leq \sqrt{5} \delta<3 \delta<4 \delta(1-\delta)=1-\left|a^{\prime}\right|^{2} .
\end{align*}
$$

For fixed $a^{\prime} \in B$ above we choose a function $f(z)=\left(1-\left\langle z, a^{\prime}\right\rangle\right)^{-n} \in B M O A$. From (3.2) we have

$$
\begin{align*}
& \sup _{a \in B} \int_{B}|f(z)-f(a)|^{p} \frac{\left(1-|a|^{2}\right)^{n}}{|1-\langle z, a\rangle|^{2 n}} d \mu(z) \\
& \geq \int_{B}\left|f(z)-f\left(a^{\prime}\right)\right|^{p} \frac{\left(1-\left|a^{\prime}\right|^{2}\right)^{n}}{\left|1-\left\langle z, a^{\prime}\right\rangle\right|^{2 n}} d \mu(z) \\
& \geq \int_{B_{\delta}(\xi)}\left(\left|1-\left\langle z, a^{\prime}\right\rangle\right|^{-n}-\left(1-\left|a^{\prime}\right|^{2}\right)^{-n}\right)^{p} \frac{\left(1-\left|a^{\prime}\right|^{2}\right)^{n}}{\left|1-\left\langle z, a^{\prime}\right\rangle\right|^{2 n}} d \mu(z)  \tag{3.3}\\
& \geq\left(\frac{1}{\sqrt{5}}-\frac{1}{3}\right)^{n p} \delta^{-n p} \int_{B_{\delta}(\xi)} \frac{\left(1-\left|a^{\prime}\right|^{2}\right)^{n}}{\left|1-\left\langle z, a^{\prime}\right\rangle\right|^{2 n}} d \mu(z) \\
& \geq C \delta^{-n p-n} \mu\left(B_{\delta}(\xi)\right)
\end{align*}
$$

On the other hand,

$$
\begin{equation*}
\|f\|_{B M O A}^{p} \leq C\left(1-\left|a^{\prime}\right|\right)^{-n p} \leq C \delta^{-n p} . \tag{3.4}
\end{equation*}
$$

Therefore, from (1.3), (3.3) and (3.4) there exists a constant $C^{\prime}=C(n, p)$ such that

$$
\mu\left(B_{\delta}(\xi)\right) \leq C^{\prime} \delta^{n}
$$

this shows that $\mu$ is a Carleson measure on $B$ since $\mu$ is finite.
Now we consider the case $|\alpha|>0$. Assume that $\mu$ satisfies (1.4) and let $f \in$ $B M O A$. By Lemma 2 and the elementary inequality

$$
(a+b)^{p} \leq 2^{p}\left(a^{p}+b^{p}\right), \quad 0<p<\infty, a>0, b>0,
$$

we have

$$
\begin{align*}
& \int_{B}\left|\frac{\partial^{|\alpha|} f(z)}{\partial z^{\alpha}}-\frac{\partial^{|\alpha|} f(a)}{\partial z^{\alpha}}\right|^{p} \frac{\left(1-|a|^{2}\right)^{n+\frac{3|\alpha| p}{2}}\left(1-|z|^{2}\right)^{\frac{|\alpha| p}{2}}}{|1-\langle z, a\rangle|^{2 n+2|\alpha| p}} d \mu(z) \\
& \leq C\|f\|_{B M O A}^{p} \int_{B} \frac{\left(1-|a|^{2}\right)^{n+\frac{3|\alpha| p}{2}}\left(1-|z|^{2}\right)^{-\frac{|\alpha| p}{2}}}{|1-\langle z, a\rangle|^{2 n+2|\alpha| p}} d \mu(z)+  \tag{3.5}\\
& +C\|f\|_{B M O A}^{p} \int_{B} \frac{\left(1-|a|^{2}\right)^{n+\frac{|\alpha| p}{2}}\left(1-|z|^{2}\right)^{\frac{|\alpha| p}{2}}}{|1-\langle z, a\rangle|^{2 n+2|\alpha| p}} d \mu(z) \\
& \leq C\|f\|_{B M O A}^{p} \int_{B}\left(\frac{1-|a|^{2}}{|1-\langle z, a\rangle|^{2}}\right)^{n+\frac{|\alpha| p}{2}} d \nu(z),
\end{align*}
$$

where $d \nu(z)=\left(1-|z|^{2}\right)^{-\frac{|\alpha| p}{2}} d \mu(z)$. For a fixed $r(0<r<1)$ and $a \in B$ with $1-|a|<2\left(1+\sqrt{\frac{2}{1-r}}\right)^{-2}$, we set $\xi=a /|a|$ and $\delta=(1-|a|)\left(1+\sqrt{\frac{2}{1-r}}\right)^{2}$. By (1.4), (2.1) and Lemma 1 we have

$$
\begin{equation*}
\nu(E(a, r))=\int_{E(a, r)}\left(1-|z|^{2}\right)^{-\frac{|\alpha| p}{2}} d \mu(z) \leq C(1-|a|)^{n+\frac{|\alpha| p}{2}} . \tag{3.6}
\end{equation*}
$$

Since $\mu$ is finite, we see that (3.6) holds for all $a \in B$. Using Lemma 3 for the case $|\alpha|>0$ and $0<p<\infty$ we obtain

$$
\begin{equation*}
\sup _{a \in B} \int_{B}\left(\frac{1-|a|^{2}}{|1-\langle z, a\rangle|^{2}}\right)^{n+\frac{|\alpha| p}{2}} d \nu(z)<\infty \tag{3.7}
\end{equation*}
$$

Therefore, from the estimates (3.5) and (3.7) we get (1.3).
Conversely, suppose that (1.3) holds for all $f \in B M O A$. Let $a \in B$ with $|a|>$ $191 / 192$ and take $a^{\prime}=(32|a|-31) a /|a|$, then $Q_{a}\left(a^{\prime}\right)=0$ and $\left|\varphi_{a}\left(a^{\prime}\right)\right|>176 / 197$. Given $r, 0<r<1 / 33$, then $a^{\prime} \notin E(a, r)$. By Lemma 1 and (2.2) for $z \in E(a, r)$ we have

$$
\begin{equation*}
\left|1-\left\langle z, a^{\prime}\right\rangle\right| \leq\left(|1-\langle z, a\rangle|^{\frac{1}{2}}+\left|1-\left\langle a, a^{\prime}\right\rangle\right|^{\frac{1}{2}}\right)^{2} \leq \frac{825}{16}(1-|a|), \tag{3.8}
\end{equation*}
$$

and

$$
\begin{equation*}
\frac{176}{3}(1-|a|) \leq 1-\left|a^{\prime}\right|^{2} \leq 64(1-|a|) \tag{3.9}
\end{equation*}
$$

Combining (3.8) with (3.9) we have

$$
\begin{equation*}
\left|1-\left\langle z, a^{\prime}\right\rangle\right| \leq\left(\frac{15}{16}\right)^{2}\left(1-\left|a^{\prime}\right|^{2}\right), \quad z \in E(a, r) \tag{3.10}
\end{equation*}
$$

For fixed $a^{\prime}$ above we take $f(z)=\left(1-\left\langle z, a^{\prime}\right\rangle\right)^{-n}$. It is easy to see that $f \in B M O A$ and for any positive integer $|\alpha|$ we have

$$
\begin{equation*}
\frac{\partial^{|\alpha|} f(z)}{\partial z^{\alpha}}=n(n+1) \cdots(n+|\alpha|-1){\overline{a^{\prime}}}^{|\alpha|}\left(1-\left\langle z, a^{\prime}\right\rangle\right)^{-n-|\alpha|} . \tag{3.11}
\end{equation*}
$$

From (2.1), (3.9), (3.10) and (3.11) we get

$$
\begin{aligned}
& \sup _{a \in B} \int_{B}\left|\frac{\partial^{|\alpha|} f(z)}{\partial z^{\alpha}}-\frac{\partial^{|\alpha|} f(a)}{\partial z^{\alpha}}\right|^{p} \frac{\left(1-|a|^{2}\right)^{n+\frac{3|\alpha| p}{2}}\left(1-|z|^{2}\right)^{\frac{|\alpha| p}{2}}}{|1-\langle z, a\rangle|^{2 n+2|\alpha| p}} d \mu(z) \\
& \quad \geq \int_{B}\left|\frac{\partial^{|\alpha|} f(z)}{\partial z^{\alpha}}-\frac{\partial^{|\alpha|} f\left(a^{\prime}\right)}{\partial z^{\alpha}}\right|^{p} \frac{\left(1-\left|a^{\prime}\right|^{2}\right)^{n+\frac{3|\alpha| p}{2}}\left(1-|z|^{2}\right)^{\frac{|\alpha| p}{2}}}{\left|1-\left\langle z, a^{\prime}\right\rangle\right|^{2 n+2|\alpha| p}} d \mu(z) \\
& \quad \geq C(n,|\alpha|, p) \int_{E(a, r)}\left(\left|1-\left\langle z, a^{\prime}\right\rangle\right|^{-n-|\alpha|}-\left(1-\left|a^{\prime}\right|^{2}\right)^{-n-|\alpha|}\right)^{p} \times \\
& \quad \times \frac{\left(1-\left|a^{\prime}\right|^{2}\right)^{n+\frac{3|\alpha| p}{2}}\left(1-|z|^{2}\right)^{\frac{|\alpha| p}{2}}}{\left|1-\left\langle z, a^{\prime}\right\rangle\right|^{2 n+2|\alpha| p}} d \mu(z) \\
& \quad \geq C\left(1-\left|a^{\prime}\right|^{2}\right)^{-n p-|\alpha| p} \int_{E(a, r)} \frac{\left(1-\left|a^{\prime}\right|^{2}\right)^{n+\frac{3|\alpha| p}{2}}\left(1-|z|^{2}\right)^{\frac{|\alpha| p}{2}}}{\left|1-\left\langle z, a^{\prime}\right\rangle\right|^{2 n+2|\alpha| p}} d \mu(z) \\
& \quad \geq C(1-|a|)^{-n-n p-|\alpha| p} \mu(E(a, r)) .
\end{aligned}
$$

Also, we have

$$
\begin{equation*}
\|f\|_{B M O A}^{p} \leq C(1-|a|)^{-n p} \tag{3.13}
\end{equation*}
$$

Hence, from the estimates (3.12), (3.13) above and (1.3), we obtain

$$
\begin{equation*}
\mu(E(a, r)) \leq C^{\prime}(1-|a|)^{n+|\alpha| p} \tag{3.14}
\end{equation*}
$$

for $\frac{191}{192}<|a|<1$. In fact, we can get that (3.14) is fulfilled for all $a \in B$ since $\mu$ is finite. Since $|\alpha|>0$ and $0<p<\infty$, then by Lemma 3 we know that (3.14) implies

$$
\begin{equation*}
K=\sup _{a \in B} \int_{B}\left(\frac{1-|a|^{2}}{|1-\langle z, a\rangle|^{2}}\right)^{n+|\alpha| p} d \mu(z)<\infty \tag{3.15}
\end{equation*}
$$

For each $\xi \in S$ and each $\delta(0<\delta \leq 2)$, we set $a=\left(1-\frac{\delta}{2}\right) \xi$. For $z \in B_{\delta}(\xi)$, we have

$$
|1-\langle z, a\rangle| \leq\left(|1-\langle z, \xi\rangle|^{\frac{1}{2}}+|1-\langle\xi, a\rangle|^{\frac{1}{2}}\right)^{2} \leq 4 \delta .
$$

This implies that

$$
K \geq \int_{B}\left(\frac{1-|a|^{2}}{|1-\langle z, a\rangle|^{2}}\right)^{n+|\alpha| p} d \mu(z)
$$

$$
\begin{align*}
& \geq \int_{B_{\delta}(\xi)}\left(\frac{1-|a|^{2}}{|1-\langle z, a\rangle|^{2}}\right)^{n+|\alpha| p} d \mu(z)  \tag{3.16}\\
& \geq C(p, n,|\alpha|) \delta^{-n-|\alpha| p} \mu\left(B_{\delta}(\xi)\right)
\end{align*}
$$

Therefore, from (3.15) and (3.16), we have

$$
\mu\left(B_{\delta}(\xi)\right) \leq C \delta^{n+|\alpha| p}
$$

for all $\xi \in S$ and all $0<\delta \leq 2$. Thus the proof of Theorem 1 is complete.
From the second part of the proof of Theorem 1, we can get the following result:

Theorem 2. Let $\mu$ be a finite positive measure on $B, 0<r<1$ and $\alpha>n$. Then the following statements are equivalent:
(i) $\mu\left(B_{\delta}(\xi)\right) \leq C \delta^{\alpha}$ for all $\xi \in S$ and all $0<\delta \leq 2$;
(ii) $\mu(E(a, r)) \leq C(1-|a|)^{\alpha}$ for all $a \in B$.

Notice that (i) implies (ii), but the converse fails if $\alpha=n$ (see [Lu] for case $n=1$ ), that is, the Carleson region $B_{\delta}(\xi)$ cannot be replaced by the pseudohyperbolic ball $E(a, r)$ for case $n=\alpha$.

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