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# On Jensen's Inequality for Self-Adjoint Operators in Hilbert Space 

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#### Abstract

Some inequalities, related to Jensen's discrete inequality, are given for self-adjoint operators in Hilbert space.


Key words: Jensen's inequality, convex inequalities, arithmeticgeometric mean, self-adjoint operators.

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## Preliminaries

Let $X$ be a linear space and $C$ a convex subset in $X$. If $f: C \rightarrow \mathbb{R}$ is convex on $C$, then the following inequality is well known in the literature as Jensen's discrete inequality:

$$
f\left(\frac{1}{P_{n}} \sum_{i=1}^{n} p_{i} x_{i}\right) \leq \frac{1}{P_{n}} \sum_{i=1}^{n} p_{i} f\left(x_{i}\right)
$$

where $x_{i}$ are $n$-elements in $C, p_{i} \geq 0$ for $i=1, \ldots, n$ and $P_{n}=\sum_{i=1}^{n} p_{i}>0$.

For some refinements of this classical result as well as certain applications in the theory of inequalities connected with the arithmetic-geometric mean inequality, generalized triangle inequality, Ky Fan's and other inequalities, we refer to the recent papers [1-7] and [11-12].

Now, let $(H ;()$,$) be a Hilbert space and A: H \rightarrow H$ a self-adjoint operator on $H$ satisfying the inequality

$$
m I \leq A \leq M I, \quad \text { i.e. } \quad m\|x\|^{2} \leq(A x, x) \leq M\|x\|^{2} \quad \text { for all } x \text { in } H .
$$

To the real valued function $g:[m, M] \rightarrow \mathbb{R}$, there is associated in a natural way a self-adjoint operator on $H$ denoted by $g(A)$ (see e.g. [13, pp. 265-273]).

We shall make use of the following [13, p. 271].
Lemma 1 Suppose that $g_{1}, g_{2}:[m, M] \rightarrow \mathbb{R}$ are continuous and that $g_{2}(\lambda) \geq$ $g_{1}(\lambda)$ for all $\lambda \in[m, M]$, then also $g_{2}(A) \geq g_{1}(A)$.

By the use of this lemma we shall give some analogues of Jensen's inequality for self-adjoint operators in Hilbert space. Some natural applications for convex functions are also given.

## Results

First we shall note that the following result is a simple consequence of Lemma 1 and the definition of convex functions.

Theorem 1 Let $f:[a, b] \subset \mathbb{R} \rightarrow \mathbb{R}$ be a continuous convex function, $x, y \in$ $[a, b]$ and $A$ a self-adjoint operator in Hilbert space $H$ with $0 \leq A \leq I$. Then

$$
f(x A+y(I-A)) \leq A f(x)+(I-A) f(y)
$$

in the order of $A(H),(A(H)$ denotes the linear subspace of self-adjoint operators on $H$ ).

Theorem 2 Suppose that $f:[a, b] \subset \mathbb{R} \rightarrow \mathbb{R}$ is continuous convex on $[a, b]$, $p_{i} \geq 0, x_{i} \in[a, b](i=1, \ldots, n)$ with $P_{n}>0$, and $A$ is a self-adjoint operator on a Hilbert space $H$ with $0 \leq A \leq I$. Then

$$
\begin{align*}
f\left(\frac{1}{P_{n}} \sum_{i=1}^{n} p_{i} x_{i}\right) I \leq & \frac{1}{P_{n}} \sum_{i=1}^{n} p_{i} f\left\{x_{i} A+\left(\frac{1}{P_{n}} \sum_{j=1}^{n} p_{j} x_{j}\right)(I-A)\right\} \leq \\
& \leq\left(\frac{1}{P_{n}} \sum_{i=1}^{n} p_{i} f\left(x_{i}\right)\right) I \tag{1}
\end{align*}
$$

in the order of $A(H)$.

Proof Consider the mappings $g_{1}, g_{2}, g_{3}:[0,1] \rightarrow \mathbb{R}$ given by

$$
g_{1}(t)=f\left(\frac{1}{P_{n}} \sum_{i=1}^{n} p_{i} x_{i}\right), \quad g_{2}(t)=\frac{1}{P_{n}} \sum_{i=1}^{n} p_{i} f\left[t x_{i}+(1-t) \frac{1}{P_{n}} \sum_{j=1}^{n} p_{j} x_{j}\right]
$$

and

$$
g_{3}(t)=\frac{1}{P_{n}} \sum_{i=1}^{n} p_{i} f\left(x_{i}\right) .
$$

Since $f$ is continuous convex on $[a, b], g_{2}$ is also convex and continuous on $[0,1]$. The mapping $g_{1}$ is continuous on $[0,1]$ (being constant on $[0,1]$ ) and by Jensen's inequality one has

$$
g_{2}(t) \geq f\left(\frac{1}{P_{n}} \sum_{i=1}^{n} p_{i}\left[t x_{i}+(1-t) \frac{1}{P_{n}} \sum_{j=1}^{n} p_{j} x_{j}\right]\right)=g_{1}(t)
$$

for all $t \in[0,1]$.
Using Lemma 1 for $g_{2}$ and $g_{1}$ defined above, we get the first inequality in (1).
To prove the second inequality, we observe that

$$
g_{2}(t) \leq t \frac{1}{P_{n}} \sum_{i=1}^{n} p_{i} f\left(x_{i}\right)+(1-t) f\left(\frac{1}{P_{n}} \sum_{i=1}^{n} p_{i} x_{i}\right) \leq g_{3}(t)
$$

for all $t \in[0,1]$. Applying Lemma 1 for $g_{2}$ and $g_{3}$ we deduce the desired result.
Corollary 1.1 Suppose that $x_{i}>0, p_{i} \geq 0$ with $P_{n}>0(i=1, \ldots, n)$ and $p \geq 1$. Then for a self-adjoint operator $A$ on Hilbert space $H$ with $0 \leq A \leq I$, we have

$$
\begin{aligned}
&\left(\sum_{i=1}^{n} p_{i} x_{i}\right)^{p} I \leq P_{n}^{p-1} \sum_{i=1}^{n} p_{i}\left\{x_{i} A+\left(\frac{1}{P_{n}} \sum_{j=1}^{n} p_{j} x_{j}\right)(I-A)\right\}^{p} \leq \\
& \leq P_{n}^{p-1}\left(\sum_{i=1}^{n} p_{i} x_{i}^{p}\right) I
\end{aligned}
$$

in the order of $A(H)$.
Corollary 1.2 Suppose that $x_{i}>0, p_{i} \geq 0$ with $P_{n}>0(i=1, \ldots, n)$ and $A$ is as above. Then one has the inequality:

$$
\left(\prod_{i=1}^{n} x_{i}^{p_{i}}\right)^{1 / P_{n}} I \leq\left[\prod_{i=1}^{n}\left[x_{i} A+\left(\frac{1}{P_{n}} \sum_{j=1}^{n} p_{j} x_{j}\right)(I-A)\right]^{p_{i}}\right]^{1 / P_{n}} \leq\left(\frac{1}{P_{n}} \sum_{i=1}^{n} p_{i} x_{i}\right) I
$$

in the order of $A(H)$.

Proof By a similar argument as in Theorem 2 for the convex mapping $f(x)=$ $-\ln x(x>0)$ we get the following refinement of the arithmetic-geometric mean inequality:

$$
\left(\sum_{i=1}^{n} x_{i}^{p_{i}}\right)^{1 / P_{n}} \leq\left[\prod_{i=1}^{n}\left[t x_{i}+(1-t) \frac{1}{P_{n}} \sum_{j=1}^{n} p_{j} x_{j}\right]^{p_{i}}\right]^{1 / P_{n}} \leq \frac{1}{P_{n}} \sum_{i=1}^{n} p_{i} x_{i}
$$

for all $x_{i}>0, p_{i} \geq 0(i=1, \ldots, n)$ with $P_{n}>0$ and $t \in[0,1]$. Now, applying Lemma 1, we get the desired inequality.

Theorem 3 Let $f, x_{i}, p_{i}(i=1, \ldots, n)$, A be as in Theorem 2. Thus, one has the inequalities

$$
\begin{gather*}
\left(\frac{1}{P_{n}^{2}} \sum_{i, j=1}^{n} p_{i} p_{j} f\left(\frac{x_{i}+x_{j}}{2}\right)\right) I \leq \frac{1}{p_{n}^{2}} \sum_{i, j=1}^{n} p_{i} p_{j} f\left[x_{i} A+x_{j}(I-A)\right] \leq \\
\leq\left(\frac{1}{P_{n}} \sum_{i=1}^{n} p_{i} f\left(x_{i}\right)\right) I \tag{2}
\end{gather*}
$$

in the order of $A(H)$.
Proof We consider the mappings $g_{1}, g_{2}, g_{3}:[0,1] \rightarrow \mathbb{R}$ given by

$$
g_{1}(t)=\frac{1}{P_{n}^{2}} \sum_{i, j=1}^{n} p_{i} p_{j} f\left(\frac{x_{i}+x_{j}}{2}\right), \quad g_{2}(t)=\frac{1}{P_{n}^{2}} \sum_{i, j=1}^{n} p_{i} p_{j} f\left(t x_{i}+(1-t) x_{j}\right)
$$

and

$$
g_{3}(t)=\frac{1}{P_{n}} \sum_{i=1}^{n} p_{i} f\left(x_{i}\right)
$$

Now, let us observe that $g_{i}(i=1,2,3)$ are continuous on $[0,1]$ (note that $g_{2}$ is also convex on $[0,1])$. By the convexity of $f$ one has

$$
\frac{1}{2}\left[f\left(t x_{i}+(1-t) x_{j}\right)+f\left((1-t) x_{i}+t x_{j}\right)\right] \geq f\left(\frac{x_{i}+x_{j}}{2}\right)
$$

for all $t \in[0,1]$ and $i, j \in\{1, \ldots, n\}$. By multiplying this inequality with $p_{i} p_{j} \geq 0$ and summing over $i$ and $j$ from 1 to $n$, we deduce that

$$
\begin{gathered}
\frac{1}{2 P_{n}^{2}}\left[\sum_{i, j=1}^{n} p_{i} p_{j} f\left(t x_{i}+(1-t) x_{j}\right)+\sum_{i, j=1}^{n} p_{i} p_{j} f\left((1-t) x_{i}+t x_{j}\right)\right] \geq \\
\geq \frac{1}{P_{n}^{2}} \sum_{i, j=1}^{n} p_{i} p_{j} f\left(\frac{x_{i}+x_{j}}{2}\right)
\end{gathered}
$$

and since

$$
\sum_{i, j=1}^{n} p_{i} p_{j} f\left(t x_{i}+(1-t) x_{j}\right)=\sum_{i, j=1}^{n} p_{i} p_{j} f\left((1-t) x_{i}+t x_{j}\right)
$$

we get $g_{2}(t) \geq g_{1}(t)$ for all $t \in[0,1]$.
Now, applying Lemma 1 for $g_{1}$ and $g_{2}$ we deduce the first inequality in (2).
For the second part of (2), we have, by the convexity of $f$, that

$$
g_{2}(t) \leq t \frac{1}{P_{n}^{2}} \sum_{i, j=1}^{n} p_{i} p_{j} f\left(x_{i}\right)+(1-t) \frac{1}{P_{n}} \sum_{i, j=1}^{n} p_{i} p_{j} f\left(x_{j}\right)=g_{3}(t)
$$

for all $t \in[0,1]$. By Lemma 1 , applied to $g_{2}$ and $g_{3}$, we get the desired result.
Remark 1 Jensen's inequality for double sums gives that

$$
\frac{1}{P_{n}^{2}} \sum_{i, j=1}^{n} p_{i} p_{j} f\left(\frac{x_{i}+x_{j}}{2}\right) \geq f\left(\frac{1}{P_{n}^{2}} \sum_{i, j=1}^{n} p_{i} p_{j}\left(\frac{x_{i}+x_{j}}{2}\right)\right)=f\left(\frac{1}{P_{n}} \sum_{i=1}^{n} p_{i} x_{i}\right)
$$

which shows that inequality (2) is also an improvement of Jensen's inequality.
Corollary 2.1 Suppose that $x_{i} \geq 0, p_{i} \geq 0(i=1, \ldots, n)$ with $P_{n}>0$ and $p \geq 1$. Then, for all $A$ as above, we have

$$
\left(\sum_{i, j=1}^{n} p_{i} p_{j}\left(\frac{x_{i}+x_{j}}{2}\right)^{p}\right) I \leq \sum_{i, j=1}^{n} p_{i} p_{j}\left[x_{i} A+x_{j}(I-A)\right]^{p} \leq P_{n}\left(\sum_{i=1}^{n} p_{i} x_{i}^{p}\right) I
$$

Corollary 2.2 Let $x_{i}>0, p_{i} \geq 0(i=1, \ldots, n)$ with $P_{n}>0$ and $A$ as above. Then

$$
\left[\prod_{i, j=1}^{n}\left(\frac{x_{i}+x_{j}}{2}\right)^{p_{i} p_{j}}\right]^{1 / P_{n}^{2}} I \leq\left(\prod_{i, j=1}^{n}\left[x_{i} A+x_{j}(I-A)\right]^{p_{i} p_{j}}\right)^{1 / P_{n}^{2}} \leq\left(\frac{1}{P_{n}} \sum_{i=1}^{n} p_{i} x_{i}\right) I .
$$

Another result connected with Jensen's inequality is embodied in the next theorem.

Theorem 4 Let $f:[a, b] \rightarrow \mathbb{R}$ be continuous convex on $[a, b], x_{i} \in[a, b]$ and $p_{i} \geq 0(i=1, \ldots, n)$ with $P_{n}>0$ and $A$ as above. Then

$$
\frac{1}{P_{n}} \sum_{i, j=1}^{n} p_{i} p_{j} f\left[x_{i} A+x_{j}(I-A)\right] \geq\left\{\begin{array}{l}
\sum_{i=1}^{n} p_{i} f\left[x_{i} A+\left(\frac{1}{P_{n}} \sum_{j=1}^{n} p_{j} x_{j}\right)(I-A)\right]  \tag{3}\\
\sum_{i=1}^{n} p_{i} f\left[x_{i}(I-A)+\left(\frac{1}{P_{n}} \sum_{j=1}^{n} p_{j} x_{j}\right) A\right]
\end{array}\right.
$$

in the order of $A(H)$.

Proof It is sufficient to prove the first inequality in (3). We have, by Jensen's inequality, that

$$
\begin{aligned}
& g_{2}(t)=\frac{1}{P_{n}} \sum_{i, j=1}^{n} p_{i} p_{j} f\left(t x_{i}+(1-t) x_{j}\right)= \\
& =\sum_{i=1}^{n} p_{i}\left[\frac{1}{P_{n}} \sum_{j=1}^{n} p_{j} f\left(t x_{i}+(1-t) x_{j}\right)\right] \geq \sum_{i=1}^{n} p_{i} f\left(\frac{1}{P_{n}} \sum_{j=1}^{n} p_{j}\left(t x_{i}+(1-t) x_{j}\right)\right)= \\
& =\sum_{i=1}^{n} p_{i} f\left(t x_{i}+(1-t) \frac{1}{P_{n}} \sum_{j=1}^{n} p_{j} x_{j}\right)=g_{1}(t)
\end{aligned}
$$

for all $t \in[0,1]$.
Since the above mappings $g_{1}$ and $g_{2}$ are continuous convex on $[0,1]$ and $g_{2}(t) \geq g_{1}(t)$ for all $t \in[0,1]$, hence by Lemma 1 , we get $g_{2}(A) \geq g_{1}(A)$. This completes the proof.

Corollary 3.1 Suppose that $\left.x_{i} \geq 0, p_{i} \geq 0 i=1, \ldots, n\right)$ with $P_{n}>0$ and $p \geq 1$. Then for all $A$ as above one has:

$$
\sum_{i, j=1}^{n} p_{i} p_{j}\left(x_{i} A+x_{j}(I-A)\right)^{p} \geq\left\{\begin{array}{l}
P_{n} \sum_{i=1}^{n} p_{i}\left[x_{i} A+\left(\frac{1}{P_{n}} \sum_{j=1}^{n} p_{j} x_{i}\right)(I-A)\right]^{p} \\
P_{n} \sum_{i=1}^{n} p_{i}\left[x_{i}(I-A)+\left(\frac{1}{P_{n}} \sum_{j=1}^{n} p_{j} x_{j}\right) A\right]^{p}
\end{array}\right.
$$

Corollary 3.2 If $x_{i}>0$ and $p_{i} \geq 0(i=1, \ldots, n)$ and $A$ as above. Then

$$
\left[\prod_{i, j=1}^{n}\left(x_{i} A+x_{j}(I-A)\right)^{p_{i} p_{j}}\right]^{1 / P_{n}} \leq\left\{\begin{array}{l}
\prod_{i=1}^{n}\left[x_{i} A+\left(\frac{1}{P_{n}} \sum_{j=1}^{n} p_{j} x_{j}\right)(I-A)\right]^{p_{i}} \\
\prod_{i=1}^{n}\left[x_{i}(I-A)+\left(\frac{1}{P_{n}} \sum_{j=1}^{n} p_{j} x_{j}\right) A\right]^{p_{i}}
\end{array}\right.
$$

For other inequalities for self-adjoint operators in Hilbert space, see [8-9] and [10] where further references are given.

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