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# FACE-TO-FACE PARTITION OF 3D SPACE WITH IDENTICAL WELL-CENTERED TETRAHEDRA 

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Abstract. The motivation for this paper comes from physical problems defined on bounded smooth domains $\Omega$ in 3D. Numerical schemes for these problems are usually defined on some polyhedral domains $\Omega_{h}$ and if there is some additional compactness result available, then the method may converge even if $\Omega_{h} \rightarrow \Omega$ only in the sense of compacts. Hence, we use the idea of meshing the whole space and defining the approximative domains as a subset of this partition.

Numerical schemes for which quantities are defined on dual partitions usually require some additional quality. One of the used approaches is the concept of well-centeredness, in which the center of the circumsphere of any element lies inside that element. We show that the one-parameter family of Sommerville tetrahedral elements, whose copies and mirror images tile 3D, build a well-centered face-to-face mesh. Then, a shape-optimal value of the parameter is computed. For this value of the parameter, Sommerville tetrahedron is invariant with respect to reflection, i.e., 3 D space is tiled by copies of a single tetrahedron.

Keywords: rigid mesh; well-centered mesh; approximative domain; single element mesh; Sommerville tetrahedron

MSC 2010: 65N30, 65N50

## 1. Introduction

One of the widely accepted full models of a compressible, viscous and heat conducting fluid is the Navier-Stokes-Fourier system. For a convergence proof to a numerical method for this system in a smooth bounded domain $\Omega \subset \mathbb{R}^{3}$, developed recently in [2], we are looking for a family of approximative closed polyhedral domains $\Omega_{h}$,

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$h \rightarrow 0$, admitting a mesh $\mathcal{T}_{h}$ consisting of compact convex tetrahedral elements that have diameters of order $h$, with the following properties.
(M1) The mesh is face-to-face, i.e., any face of any element $T \in \mathcal{T}_{h}$ is either a subset of $\partial \Omega_{h}$ or a face of another element $T^{\prime} \in \mathcal{T}_{h}$.
(M2) The approximative domains $\Omega_{h}$ converge to $\Omega$ in the following sense

$$
\begin{equation*}
\Omega \subset \bar{\Omega} \subset \Omega_{h} \subset\left\{x \in \mathbb{R}^{3}: \operatorname{dist}(x, \Omega)<h\right\} . \tag{1.1}
\end{equation*}
$$

(M3) In every element $T \in \mathcal{T}_{h}$ there exists a point $x_{T} \in \operatorname{int} T$ such that for $T, T^{\prime}$ sharing a common face $\sigma$ we have that the segment $x_{T} x_{T^{\prime}}$ is orthogonal to $\sigma$ and

$$
\begin{equation*}
d_{\sigma}:=\left|x_{T}-x_{T^{\prime}}\right| \geqslant c h>0, \tag{1.2}
\end{equation*}
$$

with $c>0$ a universal constant independent of $T$ and $T^{\prime}$.
For the method developed in [2] we succeeded to relax the condition (1.2) to $d_{\sigma}>0$. Anyway, some works discussed later require the stronger condition (1.2). Therefore, we will construct approximative domains and mesh satisfying the conditions (M1)(M3) listed above.

Note that the usual convergence $\partial \Omega_{h} \rightarrow \partial \Omega$ in $W^{1,1}$ is substituted by a weaker condition (1.1) thanks to an additional result on compactness obtained.

The property (M3) emanates from the need of dealing with the Neumann boundary condition for the temperature and was introduced by Eymard et al. [1], Definition 3.6. The easiest way to ensure $d_{\sigma}>0$ is to guarantee that the center of the circumsphere (also called circumcenter) of any element building the mesh lies strictly inside that element. This property is called $d$-well-centeredness, where $d$ denotes the dimension. A special structure of the mesh will then imply also the existence of $c>0$ such that $d_{\sigma} \geqslant c h>0$.

The concept of well-centeredness has been extensively studied by VanderZee et al., see [10] and [11]. However, to our knowledge, there are so far only few applications, moreover without ambitions on a rigorous proof of convergence of the method.

Hirani, a coauthor of VanderZee in [10] and [11], with his colleagues uses wellcentered elements in [5] for modelling the equations of Darcy's flow model. It describes the flow of a viscous incompressible fluid in a porous medium, with pressure being defined in the circumcenters of the elements. They point out that for good quality Delaunay mesh their method works well, and the use of a well-centered mesh is therefore not necessary.

Sazonov et al. use well-centered elements in [7] for a co-volume method for Maxwell's equations. Electric and magnetic fields are defined on mutually orthogonal meshes. As the time step has to be proportional to $d_{\sigma}$, it is necessary to keep it as large as possible. Therefore, well-centered mesh is used. See [7] for details.

In order to satisfy the above requirements for domains $\Omega_{h}$ and their meshes $\mathcal{T}_{h}$, we construct a 3 -well-centered face-to-face mesh that covers $\mathbb{R}^{3}$, whose elements have radius comparable to $h$. Then for any $\Omega \in C^{0,1}$ given, we simply define $\Omega_{h}$ as a union of elements having nonempty intersection with $\Omega$.

We will mesh the whole 3 -dimensional space with an element of one type and its mirror image. This enables us to compute the exact distance of circumcenters of two neighbouring elements, but it also may reduce both memory demands and computational time.

Obviously, in 2D it is possible to tile the whole space with regular simplices, which are equilateral triangles. In 3D it is not that easy, the regular tetrahedra do not tile 3D, see e.g. [8]. However, there have been shown many tilings of 3D so far. Sommerville in 1923 ([9], page 56) introduced a one-parameter family of elements that tile an infinite prism with equilateral-triangular base (see also Goldberg [4]). We will deal with these Sommerville II type elements and show the range of the parameter for which they build a 3 -well-centered mesh. Such mesh will then fulfil (M1)-(M3). Moreover, we compute in a sense an ideal value of the parameter which will guarantee that all tetrahedra in the mesh are identical.

## 2. Notation

We work in $\mathbb{R}^{3}$, a 3 -dimensional space endowed with Euclidean coordinates. Then for $m \leqslant 3, \sigma^{m}$ or $\tau^{m}$ will denote a simplex, which is a convex hull of $m+1$ affinely independent points in $\mathbb{R}^{3}$. We recall that points $\left\{P_{0}, P_{1}, \ldots, P_{m}\right\}$ are affinely independent if

$$
\left(\sum_{i=0}^{m} c_{i} P_{i}=0 \quad \& \quad \sum_{i=0}^{m} c_{i}=0\right) \Rightarrow c_{i}=0 \quad \forall i \in\{0, \ldots, m\} .
$$

Analogously, every simplex $\sigma^{m}$ determines an $m$-dimensional affine space.
We introduce the following list of the used notation.

| $A, B, C, \ldots$ | points in $\mathbb{R}^{3}$ |
| :--- | :--- |
| $\sigma^{m}, \tau^{m}$ or also $P_{0} P_{1} \ldots P_{m}$ | $m$-dimensional simplex |
| aff $\left(\sigma^{m}\right)$ | affine space determined by (vertices of) $\sigma^{m}$ |
| $S_{\sigma^{m}}$ | circumcenter of $\sigma^{m}$ |
| $\Sigma_{\sigma^{m}}$ | incenter of $\sigma^{m}\left(\right.$ center of the inscribed sphere of $\left.\sigma^{m}\right)$ |
| $R_{\sigma^{m}}$ | radius of the circumsphere of $\sigma^{m}$ |
| $\varrho_{\sigma^{m}}$ | radius of the inscribed sphere of $\sigma^{m}$ |

Note that the above notation can be used independently of the dimension. We will use also the following dimension-dependent notation.

| $A=\left[A^{x}, A^{y}, A^{z}\right]$ | point with its Euclidean coordinates |
| :--- | :--- |
| $\mathbf{n}_{A B C}$ | normal vector of the plane $A B C$ |
| $o_{A B}$ | axial plane of the segment $A B$ |
| $\mathbf{o}_{A B(C)}$ | axis of the segment $A B$ in the plane $A B C$ |

## 3. 3-WELL-CENTERED MESH OF 3-DIMENSIONAL SPACE

3.1. Elements. Following [9], we define the tetrahedron $\tau^{3}(p)$ depending on a positive parameter $p$ with the following Euclidean coordinates of its vertices:

$$
\begin{align*}
& \tau^{3}(p):=(A D E F)(p), \quad p>0,  \tag{3.1}\\
& A=[0,0,0], \\
& D=[0,0,3 p], \\
& E=[1,0, p], \\
& F=\left[\frac{1}{2}, \frac{\sqrt{3}}{2}, 2 p\right],
\end{align*}
$$

see Figure 1. All the vertices and also further derived quantities depend on $p$, which will be often omitted in the notation for the sake of brevity.


Figure 1. Element $\tau^{3}(p)$ defined in (3.1).
3.2. Tiling the space. Consider tetrahedra $\operatorname{ADEF}(p), D E F E^{\prime}(p), D E^{\prime} F F^{\prime}(p)$, where

$$
\begin{aligned}
& E^{\prime}=E+3 p \cdot \vec{e}_{3}, \\
& F^{\prime}=F+3 p \cdot \vec{e}_{3},
\end{aligned}
$$

see Figure 2. They are identical and build a skew prism with an equilateral triangle as its base. Repeating the structure periodically in the $z$ direction, we can fill the whole infinite triangular prism. It is obvious that with copies and reflections of those prisms we can tile the whole 3-dimensional space, which follows from the tiling of 2D with equilateral triangles. The task is to show that we can tile in such way that the elements build a face-to-face mesh.


Figure 2. Three copies of element $\tau^{3}(p)$ arranged in a prism with equilateral-triangular base.

Lemma 3.1. It is possible to create a face-to-face partition of $\mathbb{R}^{3}$ with copies of the tetrahedron $\tau^{3}(p)$ and its mirror images.

Proof. After previous discussion it suffices to show that infinite prisms built with elements $\tau^{3}(p)$ can be arranged such that the elements' edges on the prism surfaces meet. Note that each infinite prism is a convex hull of three vertical lines of three different types, each of them having vertices of elements in the height $3 k+r$, $k \in \mathbb{Z}$, for $r=0,1,2$. Projecting the whole situation into $x y$-plane, it suffices to show that an equilateral triangulation of $\mathbb{R}^{2}$ is a 3 -vertex-colorable graph. As neighbouring
triangles in $\mathbb{R}^{2}$ share an edge, their preimages share an infinite strip where the edges (and thus also the facets) of elements coincide.


Figure 3. Illustration to the proof of Lemma 3.1: $x y$-plane with the basis $\vec{u}_{1}, \vec{u}_{2}$.

Employing the basis $\vec{u}_{1}=(1,0), \vec{u}_{2}=\frac{1}{2}(-1, \sqrt{3})$, any vertex $v$ of equilateral triangulation of $x y$ plane has unique coordinates, i.e., $\vec{v}=c_{1} \vec{u}_{1}+c_{2} \vec{u}_{2}$, with integer values of $c_{1}, c_{2}$, see Figure 3. Then for vertex $v$ we define its color $\xi(v)$ equal to

$$
\xi(v)=c_{1}+c_{2} \quad \bmod 3 .
$$

Note that for any neighbouring vertices $v, w$ we have

$$
\vec{v}-\vec{w}=d_{1} \vec{u}_{1}+d_{2} \vec{u}_{2},
$$

with $\left(d_{1}, d_{2}\right) \in\{(1,0),(1,1),(0,1),(-1,0),(-1,-1),(0,1)\}$. Hence, we conclude that $\xi(v) \neq \xi(w)$, i.e., $\xi$ is indeed a vertex coloring.

An alternative proof is suggested in [6]. Reflecting the triplet of elements shown in Figure 2 with respect to the point $P=(D+E) / 2$, we obtain a parallelepiped. Its copies tile the 3 -dimensional space and it can be checked that the face-to-face property of the mesh is not violated.

Note that so far we do not restrict the value of $p$, i.e., copies and reflections of $\tau^{3}(p)$ tile $\mathbb{R}^{3}$ for any $p>0$.
3.3. Well-centeredness. We introduce the concept of well-centeredness by the definition of VanderZee, see [10], page 5.

Definition 3.2. Let $0 \leqslant k \leqslant n \leqslant d$. Let $\sigma^{n}:=\left\{V_{0} V_{1} \ldots V_{n}\right\}$ be an $n$ dimensional simplex. A $k$-dimensional face of $\sigma^{n}$ is a simplex $\sigma^{k}:=\left\{U_{0} U_{1} \ldots U_{k}\right\}$ with $U_{i}$ being distinct vertices of $\sigma^{n}$. We say that
(1) $\sigma^{n}$ is $n$-well-centered if its circumcenter lies in the interior of $\sigma^{n}$,
(2) for $1 \leqslant k<n, \sigma^{n}$ is $k$-well-centered if all its $k$-dimensional faces are $k$-well centered,
(3) $\sigma^{n}$ is well-centered if it is $k$-well centered for all $k \in\{1, \ldots, n\}$.

Note that any simplex is 1 -well-centered, as the midpoint of any segment lies strictly inside the segment. In $\mathbb{R}^{2}$, a triangle is well-centered if and only if it is acute.

VanderZee et al. in [10] prove the following characterization for $n$-well-centeredness of an $n$-dimensional simplex.

Theorem 3.3 (VanderZee). The $n$-dimensional simplex $\sigma_{n}=V_{0} V_{1} \ldots V_{n}$ is $n$-well centered if and only if for each $i=0, \ldots, n$ the vertex $V_{i}$ lies outside the circumsphere $B_{i}^{n}:=B\left(V_{0}, V_{1}, \ldots, V_{i-1}, V_{i+1}, \ldots, V_{n}\right)$, which is the smallest ball in $\mathbb{R}^{n}$ which contains the ( $n-1$ )-dimensional circumsphere of the simplex $V_{0} V_{1} \ldots V_{i-1} V_{i+1} \ldots V_{n}$.

Theorem 3.3 will be our tool for proving the following main Theorem 3.4.
Theorem 3.4. The tetrahedron $\tau^{3}(p)=\operatorname{ADEF}(p)$ defined by (3.1) is 3-wellcentered if and only if

$$
\begin{equation*}
p<\frac{\sqrt{2}}{2} . \tag{3.2}
\end{equation*}
$$

Proof. The proof is a simple but laborious computation based on the result of Theorem 3.3, from which we will get the desired restriction on $p$. Let $K, L, M, N$ be affinely independent points in $\mathbb{R}^{3}$ and let the circumsphere of the triangle $L M N$ have the radius $r_{L M N}$ and center $S_{L M N}$. The goal is to determine the value of $p$ for which

$$
\begin{equation*}
\left|K-S_{L M N}\right|>r_{L M N} \tag{3.3}
\end{equation*}
$$

is valid for all vertices $A, D, E, F$ alternating in the role of $K$. We have all necessary ingredients for the computation since we can compute

$$
\begin{equation*}
S_{L M N}=\mathbf{o}_{L M(N)} \cap \mathbf{o}_{L N(M)}, \tag{3.4}
\end{equation*}
$$

where

$$
\begin{align*}
\mathbf{o}_{L M(N)} & =S_{L M}+t \cdot \mathbf{n}_{L M N} \times \overrightarrow{L M}, \quad t \in \mathbb{R},  \tag{3.5}\\
\mathbf{o}_{L N(M)} & =S_{L N}+t \cdot \mathbf{n}_{L M N} \times \overrightarrow{L N}, \quad t \in \mathbb{R}, \\
\mathbf{n}_{L M N} & =\overrightarrow{L M} \times \overrightarrow{L N},
\end{align*}
$$

for given points $K, L, M, N$.

1. Vertex $D$

Substituting the ordered quadruplet $[D, A, E, F]$ for $[K, L, M, N]$ in (3.3), (3.4), and (3.5), and performing the computations, we get

$$
\begin{align*}
\mathbf{n}_{A E F} & =\left(-\frac{\sqrt{3}}{2} p,-\frac{3}{2} p, \frac{\sqrt{3}}{2}\right),  \tag{3.6}\\
\mathbf{o}_{A E(F)} & =\left[\frac{1}{2}, 0, \frac{p}{2}\right]+u\left(-\frac{3}{2} p^{2}, \frac{\sqrt{3}}{2}\left(1+p^{2}\right), \frac{3}{2} p\right), \quad u \in \mathbb{R}, \\
\mathbf{o}_{A F(E)} & =\left[\frac{1}{4}, \frac{\sqrt{3}}{4}, p\right]+v\left(-\frac{3}{4}-3 p^{2}, \frac{\sqrt{3}}{4}+\sqrt{3} p^{2}, 0\right), \quad v \in \mathbb{R},
\end{align*}
$$

from which we obtain

$$
S_{A E F}=\left[\frac{1}{2}\left(1-p^{2}\right), \frac{\sqrt{3}}{6}\left(1+p^{2}\right), p\right] .
$$

To conclude for which values of $p$ it holds that $\left|D-S_{A E F}\right|>r_{A E F}=\left|A-S_{A E F}\right|$, it is sufficient to compare the third component of both expressions only, since $A$ and $D$ differ only in that one. We get

$$
\left|\vec{e}_{3} \cdot\left(S_{A E F}-A\right)\right|<\left|\vec{e}_{3} \cdot\left(S_{A E F}-D\right)\right|
$$

for any $p>0$, i.e., condition (3.3) holds for $K=D, L M N=A E F, p>0$.

## 2. Vertex $F$

Using elementary analytic geometry in $\mathbb{R}^{2}(A D E$ lies in the $x z$-plane), we obtain the parametric equations of the axes,

$$
\begin{aligned}
& \mathbf{o}_{A D(E)}=\left[0,0, \frac{3}{2} p\right]+u(1,0,0), \quad u \in \mathbb{R} \\
& \mathbf{o}_{A E(D)}=\left[\frac{1}{2}, 0, \frac{1}{2} p\right]+v(p, 0,-1), \quad v \in \mathbb{R}
\end{aligned}
$$

and their intersection

$$
\begin{equation*}
S_{A D E}=\left[\frac{1}{2}-p^{2}, 0, \frac{3}{2} p\right] \tag{3.7}
\end{equation*}
$$

We want to obtain a bound on $p$ such that

$$
\left|S_{A D E}-F\right|^{2}-r_{A D E}^{2}=\left|S_{A D E}-F\right|^{2}-\left|S_{A D E}-A\right|^{2}>0
$$

Substituting from (3.1) and (3.7) we get from the inequality above that

$$
\begin{equation*}
p<\sqrt{\frac{1}{2}}=\frac{\sqrt{2}}{2} . \tag{3.8}
\end{equation*}
$$

## 3. Vertex $E$

Substituting the quadruplet $[E, A, D, F]$ for $[K, L, M, N]$ into the scheme (3.3), (3.4), and (3.5), one can compute

$$
\begin{aligned}
& \mathbf{n}_{A D F}=\left(-\frac{3 \sqrt{3}}{2} p, \frac{3}{2} p, 0\right), \\
& \mathbf{o}_{A D(F)}=\left[0,0, \frac{3}{2} p\right]+u\left(\frac{9}{2} p^{2}, \frac{9 \sqrt{3}}{2} p^{2}, 0\right), \quad u \in \mathbb{R}, \\
& \mathbf{o}_{A F(D)}=\left[\frac{1}{4}, \frac{\sqrt{3}}{4}, p\right]+v\left(-3 p^{2}, 3 \sqrt{3} p^{2},-3 p\right), \quad v \in \mathbb{R},
\end{aligned}
$$

from which we obtain

$$
\begin{equation*}
S_{A D F}=\left[\frac{1}{4}+\frac{1}{2} p^{2}, \frac{\sqrt{3}}{4}+\frac{\sqrt{3}}{2} p^{2}, \frac{3}{2} p\right] . \tag{3.9}
\end{equation*}
$$

Again, we want to get a bound on $p$ for which

$$
\left|S_{A D F}-E\right|^{2}-r_{A D F}^{2}=\left|S_{A D F}-E\right|^{2}-\left|S_{A D F}-A\right|^{2}>0
$$

Substituting from (3.9), we arrive at

$$
p<\sqrt{\frac{2}{3}},
$$

which is a weaker requirement than already obtained in (3.8) and therefore does not affect the result.
4. Vertex $A$

Finally, taking $[K, L, M, N]=[A, D, E, F]$ and performing the computations, we get

$$
\begin{align*}
\mathbf{n}_{D E F} & =\left(\sqrt{3} p, 0, \frac{\sqrt{3}}{2}\right),  \tag{3.10}\\
\mathbf{o}_{D E(F)} & =\left[\frac{1}{2}, 0,2 p\right]+u\left(0, \frac{\sqrt{3}}{2}+2 \sqrt{3} p^{2}, 0\right), \quad u \in \mathbb{R}, \\
\mathbf{o}_{D F(E)} & =\left[\frac{1}{4}, \frac{\sqrt{3}}{4}, \frac{5}{2} p\right]+v\left(-\frac{3}{4}, \frac{\sqrt{3}}{4}+\sqrt{3} p^{2}, \frac{3}{2} p\right), \quad v \in \mathbb{R},
\end{align*}
$$

which gives

$$
S_{D E F}=\left[\frac{1}{2}, \frac{\sqrt{3}}{6}-\frac{\sqrt{3}}{3} p^{2}, 2 p\right] .
$$

By the same token as in the first case, $\left|\vec{e}_{3} \cdot\left(S_{D E F}-A\right)\right|>\left|\vec{e}_{3} \cdot\left(S_{D E F}-D\right)\right|$ for any value of $p>0$, which implies that $\left|A-S_{D E F}\right|>r_{D E F}=\left|D-S_{D E F}\right|$ for any $p>0$.

Corollary 3.5. The tetrahedron $\tau^{3}(p)$ is well-centered if and only if

$$
p \in\left(0, \frac{\sqrt{2}}{2}\right) .
$$

Proof. Using the characterization of an acute triangle (i.e., $a^{2}+b^{2}>c^{2}$, where $c \leqslant b \leqslant a)$, one can check that for $\tau^{3}(p), p \in(0, \sqrt{2} / 2)$ all faces are 2-well-centered. The tetrahedron $\tau^{3}(p)$ is 3 -well-centered for $p \in(0, \sqrt{2} / 2)$ by virtue of Theorem 3.4.

VanderZee et al. introduced also a sufficient condition of $n$-well-centeredness, the so called Prism Condition, [11], Proposition 8, which applied to $\tau^{n-1}=A E D$ and $v=F$ gives the condition $p<1 / 2$. This is more restrictive than the condition (3.2), which we get by the equivalence criterion in Theorem 3.3.

We state the following corollary.

Corollary 3.6. Let $\Omega \subset \mathbb{R}^{3}$ be a smooth (at least Lipschitz) bounded domain. Then there exists a family of polyhedral domains $\left\{\Omega_{h}\right\}_{h \rightarrow 0}$, such that any $\Omega_{h}$ admits a face-to-face mesh $\mathcal{T}_{h}$, satisfying the conditions (1.1) and (1.2).

Proof. For $h>0$ and $p \in\left(0, \frac{1}{2} \sqrt{2}\right)$ arbitrary take the tetrahedron $\tau_{h}^{3}(p):=$ $\frac{1}{2} h \cdot \tau^{3}(p)$ and mesh the whole $\mathbb{R}^{3}$ in the way described in Section 3.2. Denoting the whole mesh with $\widetilde{\mathcal{T}_{h}}$ and defining the set $\mathcal{T}_{h}:=\left\{T \in \widetilde{\mathcal{T}}_{h} ; T \cap \Omega \neq \emptyset\right\}$, we put

$$
\Omega_{h}:=\bigcup_{T \in \mathcal{T}_{h}} T
$$

The face-to-face property follows from Lemma 3.1. Convergence in the sense of (1.1) is guaranteed, since for $T \in \mathcal{T}_{h}$ we have

$$
\operatorname{diam} \tau_{h}^{3}(p) \leqslant \frac{h}{2} \sqrt{1+(2 p)^{2}} \leqslant h \frac{\sqrt{3}}{2}<h
$$

Finally, the property (1.2) is satisfied by virtue of Theorem 3.4 and the fact that the mesh is build by elements with equal radius of the inscribed sphere, i.e., $d_{\sigma}>$ $h \varrho\left(\tau^{3}(p)\right)$. The value of $\varrho\left(\tau^{3}(p)\right)$ will be specified in the next section, see Proposition 4.1.

## 4. Shape optimization

Notice that we have a criterion for the well-centeredness of our elements in a form of an open interval $p \in(0, \sqrt{1 / 2})$. We would like to get an optimal value from the computational point of view, which we expect to be far enough especially from the singular value $p=0$. One of the criteria used (see [3] or [6]) is the so-called normalized shape ratio. Using the notation introduced in Section 2, we define the normalized shape ratio of tetrahedron $\sigma^{3}$ by

$$
\begin{equation*}
\eta\left(\sigma^{3}\right):=\frac{3 \varrho\left(\sigma^{3}\right)}{R\left(\sigma^{3}\right)} \tag{4.1}
\end{equation*}
$$

The maximal value of (4.1) is $\eta=1$ for the regular tetrahedron. In what follows we use a shorter notation $\varrho(p):=\varrho\left(\tau^{3}(p)\right)$, analogously also for $R$ and $\eta$. Next we compute the radii in dependence on $p$.

Proposition 4.1. The radius $\varrho(p)$ of the inscribed sphere of the tetrahedron $\tau^{3}(p)$ equals

$$
\begin{equation*}
\varrho(p)=\frac{3}{4 \sqrt{3}+2 \sqrt{4+1 / p^{2}}} . \tag{4.2}
\end{equation*}
$$

Proof. Note that having tetrahedron $\tau^{3}(p)$ placed in Euclidean coordinates, we have $\varrho(p)=\Sigma^{y}$, where $\Sigma=\left[\Sigma^{x}, \Sigma^{y}, \Sigma^{z}\right]$ are the coordinates of the center of the inscribed sphere.

As the faces $A D E$ and $A D F$ are vertical, orthogonal projection of $\tau^{3}$ and its inscribed sphere into $x y$-plane is an equilateral triangle $A B C$ and a circle that touches both segments $A B$ and $A C$ (see Figure 4). The center of the circle $P(\Sigma)=\left[\Sigma^{x}, \Sigma^{y}, 0\right]$


Figure 4. Projection of $\tau^{3}(p)$ and its inscribed sphere into the $x y$-plane.
must lie on a bisector of the $60^{\circ}$ angle $B A C$. Hence,

$$
\begin{equation*}
\Sigma^{x}=\sqrt{3} \Sigma^{y} \tag{4.3}
\end{equation*}
$$

Further, the center $\Sigma$ must lie on $\alpha$, an axial plane of the dihedral angle of the planes aff $(A E F)$ and $\operatorname{aff}(D E F)$. Recalling $\mathbf{n}_{A E F}$ and $\mathbf{n}_{D E F}$ from (3.6) $)_{1}$ and (3.10) ${ }_{1}$ respectively, and realizing that their lengths are equal, we can compute

$$
\begin{equation*}
\alpha: \mathbf{n}_{\alpha} \cdot \mathbf{x}+d=0, \tag{4.4}
\end{equation*}
$$

with $\mathbf{n}_{\alpha}=\frac{1}{2}\left(\mathbf{n}_{A E F}+\mathbf{n}_{D E F}\right)$. Then $d$ is determined by substituting $\mathbf{x}=E$ into (4.4) and we get

$$
\begin{equation*}
\alpha: \frac{\sqrt{3}}{4} p x-\frac{3}{4} p y+\frac{\sqrt{3}}{2} z-\frac{3 \sqrt{3}}{4} p=0 . \tag{4.5}
\end{equation*}
$$

Substituting ( $\Sigma^{x}, \Sigma^{y}, \Sigma^{z}$ ) into (4.5) and using (4.3) leads to conclusion that $\Sigma^{z}=\frac{3}{2} p$. Our problem reduces to finding a point

$$
\begin{equation*}
\Sigma=\Sigma(p)=\left[\sqrt{3} \varrho(p), \varrho(p), \frac{3}{2} p\right] \tag{4.6}
\end{equation*}
$$

such that $\operatorname{dist}(A E F, \Sigma(p))=\varrho(p)$. Such point $\Sigma$ lies in a plane given by a normal vector $\mathbf{n}_{A E F}$ and point $\varrho(p) \mathbf{n}_{A E F} /\left|\mathbf{n}_{A E F}\right|$. The general equation of this plane can be expressed as

$$
\mathbf{n}_{A E F} \cdot(x, y, z)^{T}-\varrho(p) \frac{\left|\mathbf{n}_{A E F}\right|^{2}}{\left|\mathbf{n}_{A E F}\right|}=0
$$

which is

$$
\begin{equation*}
-\frac{\sqrt{3}}{2} p x-\frac{3}{2} p y+\frac{\sqrt{3}}{2} z-\varrho(p) \sqrt{3 p^{2}+\frac{3}{4}}=0 . \tag{4.7}
\end{equation*}
$$

Substituting (4.6) to (4.7) yields the final result.
Proposition 4.2. The radius of the circumsphere to tetrahedron $\tau^{3}(p)$ is given by

$$
\begin{equation*}
R(p)=\sqrt{\frac{4}{3} p^{4}+\frac{11}{12} p^{2}+\frac{1}{3}} . \tag{4.8}
\end{equation*}
$$

Proof. For the radius we have that $R=|S-A|=|S|$. Hence, only the center $S=\left[S^{x}, S^{y}, S^{z}\right]$ of the circumsphere is of our interest. We proceed in two steps.

First, $|S D|=|S A|=|S E|$ suffices to determine both $S^{x}$ and $S^{z}$. The point $S$ must lie on a line which is a cross-section of axial planes $o_{A E}$ and $o_{D E}$,

$$
\begin{aligned}
& o_{A E}:\left[\frac{1}{2}, 0, \frac{p}{2}\right]+r(0,1,0)+s(-p, 0,1), \quad r, s \in \mathbb{R}, \\
& o_{D E}:\left[\frac{1}{2}, 0,2 p\right]+r(0,1,0)+t(-2 p, 0,-1), \quad r, t \in \mathbb{R} .
\end{aligned}
$$

From this we easily conclude that

$$
\begin{equation*}
S \in\left(o_{A E} \cap o_{D E}\right)=\left(S^{x}, 0, S^{z}\right)+r(0,1,0), \quad r \in \mathbb{R} \tag{4.9}
\end{equation*}
$$

where further computation gives $S^{x}=\frac{1}{2}-p^{2}$ and $S^{z}=\frac{3}{2} p$.
Second, we determine $S^{y}$ by computing the appropriate value of parameter $r$ in (4.9) from the equality $|S A|=|S F|$, we get

$$
S=\left[\frac{1}{2}-p^{2}, \frac{1}{\sqrt{3}}\left(\frac{1}{2}-p^{2}\right), \frac{3}{2} p\right]
$$

We finish the proof with computing $R=|S|$, which gives (4.8).
Theorem 4.3. Let $\tau^{3}(p), p \in(0, \sqrt{2} / 2)$ be a one-parameter family of tetrahedra defined in (3.1). Let $\varrho(p)$ be the radius of its inscribed sphere and $R(p)$ the radius of its circumsphere. Then $\eta(p)$ defined by (4.1) is maximal for

$$
p=p^{\star}=\sqrt{\frac{1}{8}} .
$$

Proof. Both $\varrho(p), R(p)$ being continuously differentiable, one can search for the optimum as a point of vanishing derivative. If we obtain one critical point in $\mathbb{R}^{+}$, it has to be maximum since $\eta(p)>0$ and

$$
\begin{equation*}
\lim _{p \rightarrow 0^{+}} \eta(p)=\lim _{p \rightarrow \infty} \eta(p)=0 \tag{4.10}
\end{equation*}
$$

The relations in (4.10) are derived using basic algebra of limits from

$$
\lim _{p \rightarrow 0^{+}} \varrho(p)=0, \quad \lim _{p \rightarrow 0^{+}} R(p)=\frac{\sqrt{3}}{3}
$$

and

$$
\varrho(p)<1 \text { for all } p>0, \quad \lim _{p \rightarrow \infty} R(p)=\infty
$$

Solving the equation $\eta^{\prime}(p)=0$ leads to searching for roots of

$$
32\left(2+\sqrt{3} \cdot \sqrt{\frac{1}{p^{2}}+4}\right) p^{6}+\left(30+11 \sqrt{3} \cdot \sqrt{\frac{1}{p^{2}}+4}\right) p^{4}-2=0
$$

which, employing a new variable $b=p^{2}$, can be shown to have unique solution in positive real half-axis, which is $b^{\star}=1 / 8$, therefore $p^{\star}=\sqrt{1 / 8}$.

Note that $\tau^{3}\left(p^{\star}\right)$ is unique in the family of Sommerville II type tetrahedra having the property that they are identical with their mirror image. Therefore, for $p=p^{\star}$, we get a mesh that is build by copies of a single element. Moreover, $\tau^{3}\left(p^{\star}\right)$ has all faces identical-isosceles triangles with the ratio of the leg to the base equal to $\sqrt{3} / 2$. Dihedral angles of $\tau\left(p^{\star}\right)$ are equal to $90^{\circ}$ at the longer edges and $60^{\circ}$ at the shorter ones. Naylor in [6] calls $\tau\left(p^{\star}\right)$ an isotet, or it is called simply the Sommerville tetrahedron. Substituting $p^{\star}$ into (4.2) and (4.8) gives

$$
\eta\left(p^{\star}\right)=\frac{3 \varrho\left(p^{\star}\right)}{R\left(p^{\star}\right)}=\sqrt{\frac{9}{10}} \approx 0.949
$$

As for Naylor (see [6]), this is a maximal value of $\eta$ for meshing 3-dimensional space with a single element type.

Remark 4.4. Analogously, it can be shown that the value $p=p^{\star}$ is ideal also in the sense of maximizing the ratio of the inscribed sphere to the diameter of an element. Note that $\operatorname{diam} \tau^{3}(p)=\sqrt{1+4 p^{2}}$. One can compute that

$$
\kappa\left(\tau^{3}\left(p^{\star}\right)\right):=\frac{\varrho\left(p^{\star}\right)}{\operatorname{diam} \tau^{3}\left(p^{\star}\right)}=\frac{\sqrt{3} / 8}{\sqrt{3 / 2}}=\frac{\sqrt{2}}{8} .
$$

We summarize the above discussion in the following corollary. If we use the construction of the approximative domain and mesh introduced in the proof of Corollary 3.6 with the choice $p=p^{\star}=\sqrt{1 / 8}$, it is possible to get a family of approximative domains admitting meshing by tetrahedra of one type.

Corollary 4.5. Let $\Omega \subset \mathbb{R}^{3}$ be a bounded domain with Lipschitz boundary. Then there exists a family of polyhedral domains $\left\{\Omega_{h}\right\}_{h \rightarrow 0}$ such that any $\Omega_{h}$ admits a face-to-face mesh $\mathcal{T}_{h}$, satisfying conditions (1.1) and (1.2) and such that all the elements in $\mathcal{T}_{h}$ are identical.

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